



RAJAGIRI VISWAJYOTHI
COLLEGE OF ARTS AND APPLIED SCIENCES
VENGOOR , PERUMBAVOOR KERALA- 683546

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam | Approved by AICTE



CRITERION 7

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 Institutional Values and Social Responsibilities

2019-2024

Submitted to



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7.1.1 Activities and Initiatives for Promoting Gender Equality 2019-2024

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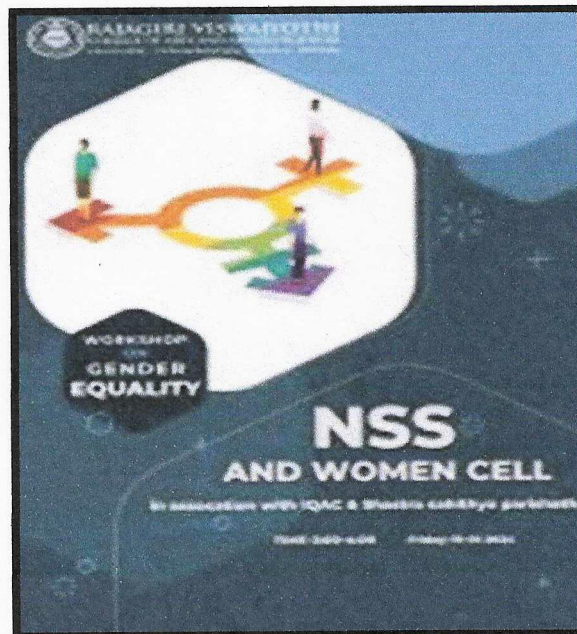
1. Workshop on Gender Equality

Programme Title	Workshop on Gender Equality
Organizer	National Service Scheme and Women Cell, Sakhi
Date and Time	19.01.2024, 2.00 p.m. – 4.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To empower the students to become agents of change in creating more equitable and inclusive world for all genders. • To enable students to actively confront and reduce gender-based biases. • To motivate students to champion gender diversity in their fields.
Outcome	<ul style="list-style-type: none"> • Students will actively create and implement initiatives that drive measurable improvements in gender equity and inclusivity within their communities. • Students will effectively identify and address gender biases, demonstrating practical skills in advocacy and intervention. • Students will lead initiatives that enhance gender diversity and representation in their academic or professional areas.
Profile of the Resource Person	Mr.Abhijith S., Member of Shastra Sahitya Parishath & Haritha Kerala Mission

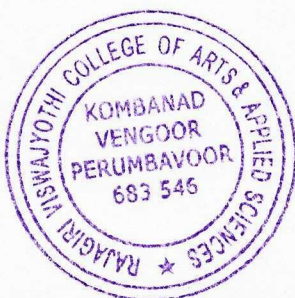


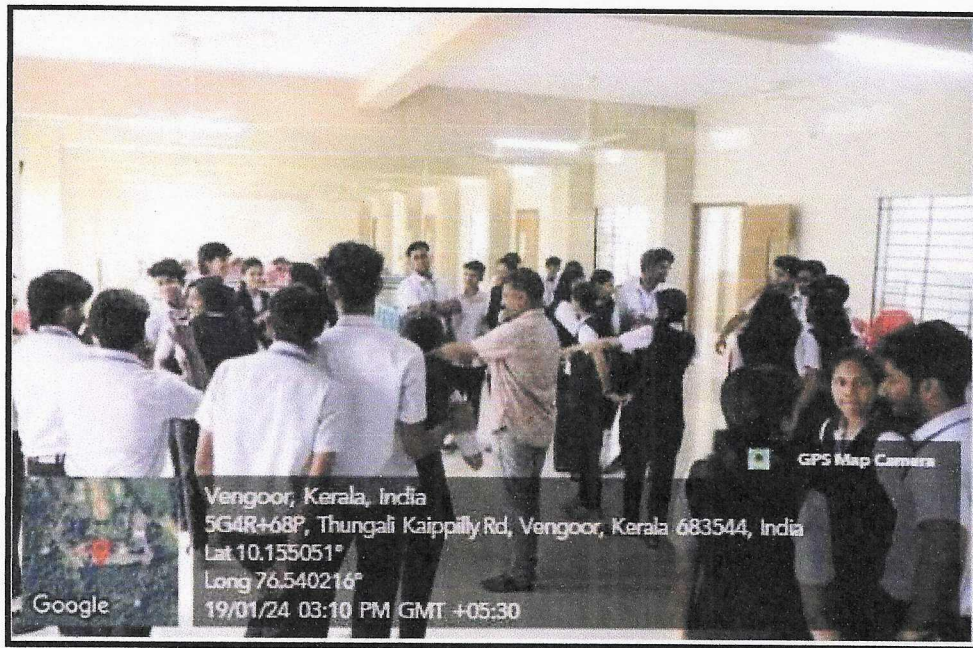
Report on the Event

The National Service Scheme (NSS) and Sakhi, the Women's Cell of Rajagiri Viswajyothi College of Arts & Applied Sciences, organized the event **Workshop on Gender Equality** on January 19, 2024, aimed at empowering students to become advocates for a more inclusive society. Held from 2 p.m. to 4 p.m., the event featured a keynote address by the Principal, Dr. Joy P. Joseph, who provided insights into the challenges of achieving gender equality. Following this, Mr. Abhijith S. from Shastra Sahitya Parishath and Haritha Kerala Mission led interactive sessions on gender stereotypes, unconscious bias, and intersectionality, offering practical strategies to confront and dismantle these biases. This collaborative initiative by the NSS and Sakhi laid a solid foundation for continued efforts in promoting gender equity, inspiring students to take proactive steps toward building a more inclusive environment both within the college and beyond.

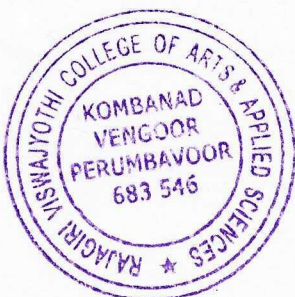


Poster of the Event





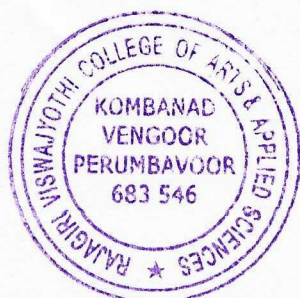
Mr. Abhijith S. Interacting with the Students



Principal
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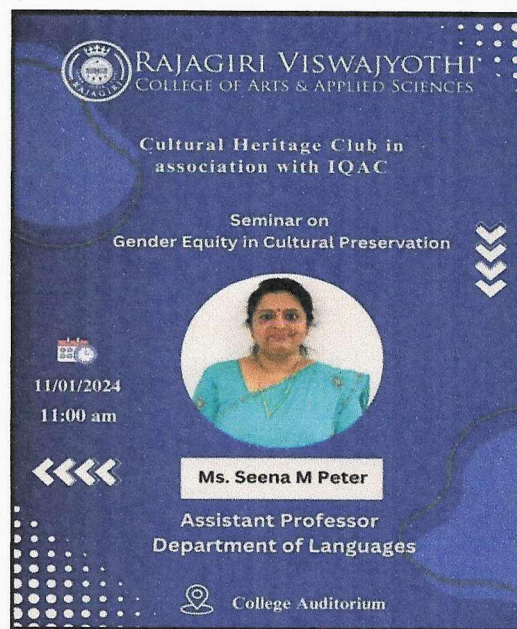
2. Heritage Her: Gender Equity in Cultural Preservation Seminar

Programme Title	Heritage Her: Gender Equity in Cultural Preservation Seminar
Organizer	Cultural and Heritage Club in Association with IQAC
Date and Time	11.01.2024, 11 a.m. - 12.30 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To educate undergraduate female students about the importance of gender equity in cultural preservation and heritage management. • To empower participants with practical skills and knowledge for actively engaging in cultural preservation efforts.
Outcome	<ul style="list-style-type: none"> • Increased awareness among participants about the role of gender equity in preserving diverse cultural heritages, leading to informed advocacy and action. • Participants demonstrate enhanced capabilities in cultural preservation techniques and strategies, contributing effectively to heritage conservation initiatives.
Profile of the Resource Person	Ms. Seena M. Peter, Assistant Professor, Department of Languages, RVCAS



Report on the Event

On March 15, 2024, Rajagiri Viswajyothi College of Arts & Applied Sciences organized **Heritage Her: Gender Equity in Cultural Preservation**, with Seena M. Peter, Assistant Professor in the Department of Languages and coordinator of the Cultural Heritage Club, as the key speaker. The event was tailored for undergraduate female students, focusing on the intersection of gender equity and cultural preservation. Seena M. Peter led discussions on historical biases in cultural preservation, emphasizing the underrepresentation of women's contributions. She highlighted the need for more inclusive heritage management that fairly recognizes women's roles in safeguarding cultural narratives. One significant example she shared was the work of Karthyayani Amma from Kerala, who played a crucial role in preserving traditional folk songs and oral histories in her community. Despite limited formal education, her dedication to documenting these traditions has enriched Kerala's cultural heritage. **Heritage Her: Gender Equity in Cultural Preservation** successfully raised awareness about gender equity in cultural preservation, inspiring students to contribute actively toward more inclusive and representative cultural practices for future generations.



Poster of the Event

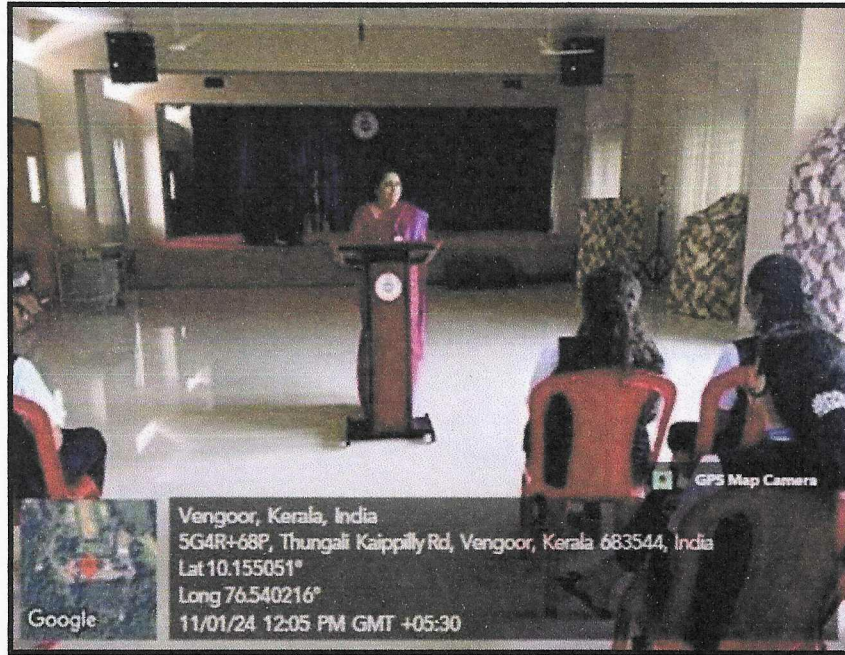


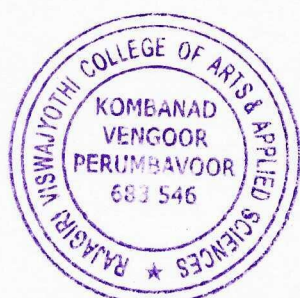
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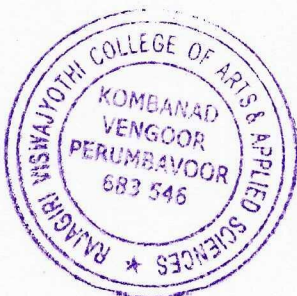
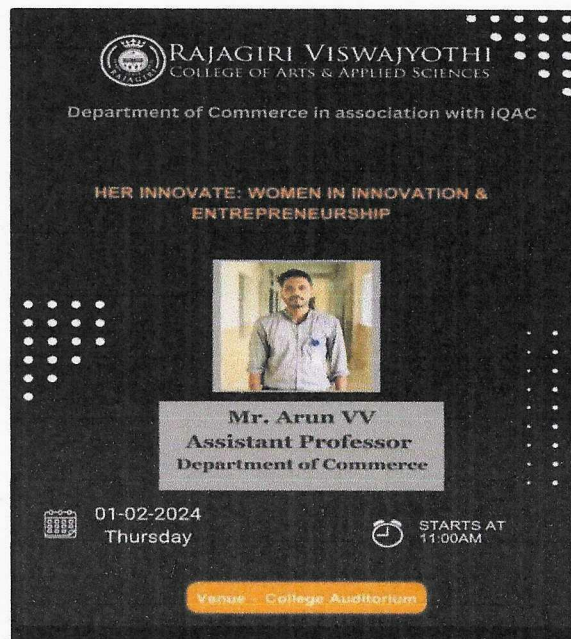
3. Her Innovate: Women in Innovation and Entrepreneurship Seminar

Programme Title	Her Innovate: Women in Innovation and Entrepreneurship Seminar
Organizer	Department of Commerce in Association with IQAC
Date and Time	01.02.2024, 11.00 a.m. - 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To inspire undergraduate female students to explore careers in innovation and entrepreneurship through interactive talks. • To equip participants with practical skills in ideation, prototyping, and pitching their innovative ideas.
Outcome	<ul style="list-style-type: none"> • Increased motivation among undergraduate female students to pursue careers in innovation and entrepreneurship following exposure to inspiring role models and success stories. • Participants demonstrate enhanced proficiency in idea generation, prototyping, and presentation skills, readying them for entrepreneurial challenges.
Profile of the Resource Person	Mr. Arun V.V., Assistant Professor, Department of Commerce, RVCAS



Report on the Event

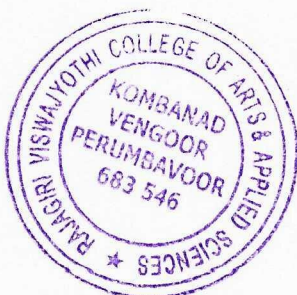
The RVCAS Auditorium hosted the **Her Innovate: Women in Innovation and Entrepreneurship Seminar** on February 1, 2024, featuring Mr. Arun V.V., Assistant Professor in the Department of Commerce. Aimed at undergraduate female students, the seminar focused on navigating challenges in innovation and entrepreneurship. Mr. Arun V.V. highlighted the impactful role of women in innovation, drawing inspiration from Falguni Nayar, founder of Nykaa. He encouraged participants to embrace resilience and determination in their entrepreneurial journeys. The seminar included practical advice on ideation, prototyping, and effective pitching, equipping attendees with essential skills. The event provided a transformative experience, empowering students to harness their unique strengths and pursue entrepreneurial ventures. It underscored the significant contributions of women in entrepreneurship and inspired a new generation of female leaders.



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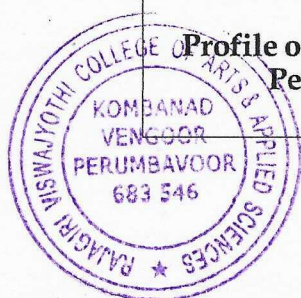
Photos of the Event



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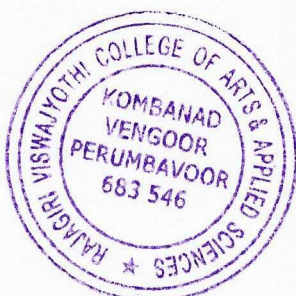
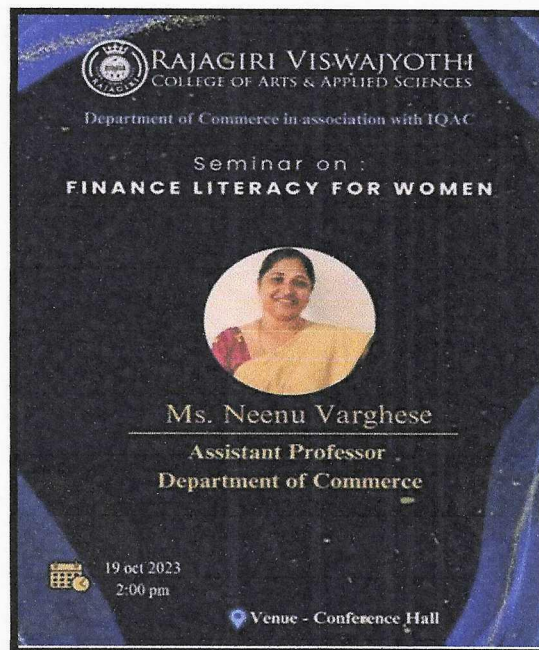
4. Her Finance: Finance Literacy for Women Seminar

Programme Title	Her Finance: Finance Literacy for Women Seminar
Organizer	Department of Commerce in Association with IQAC
Date and Time	19.10.2023, 2.00 p.m. – 3.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To educate women on fundamental financial concepts such as budgeting, saving, investing, and debt management. • To empower participants with practical skills to make informed financial decisions, promoting financial independence. • To highlight the significance of financial literacy in enhancing women's professional lives and overall financial well-being.
Outcome	<ul style="list-style-type: none"> • Increased understanding and proficiency among participants in managing personal finances, leading to improved financial stability and security. • Enhanced confidence among women in making informed financial decisions, resulting in increased savings and investment practices. • Improved career prospects and professional success for participants due to enhanced financial knowledge and decision-making abilities.
Profile of Resource Person	Ms. Neenu Varghese Assistant Professor Department of Commerce, RVCAS

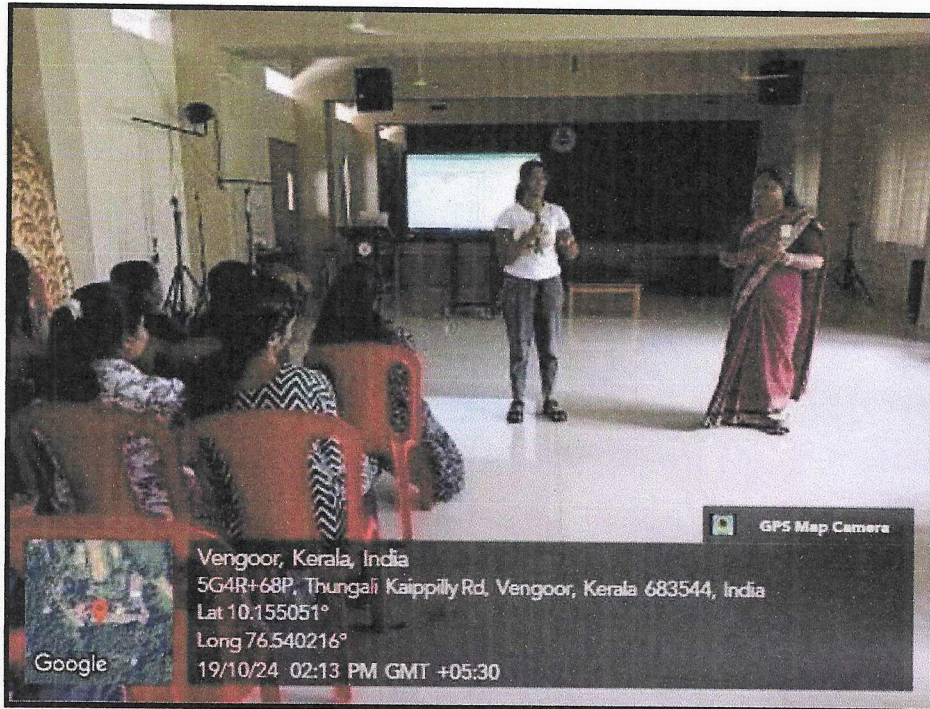


Report on the Event

Rajagiri Viswajyothi College of Arts & Applied Sciences hosted the **Her Finance: Financial Literacy for Women Seminar** on October 19, 2023, featuring Ms. Neenu Varghese, Assistant Professor in the Department of Commerce. This important event aimed to empower women with essential financial knowledge and skills to foster financial independence and informed decision-making. Ms. Neenu Varghese presented an insightful overview of financial literacy, covering key topics such as budgeting, saving, investing, and debt management. She used interactive activities and real-life scenarios to make these concepts accessible and engaging for participants, ensuring a practical understanding of financial management. The seminar was a significant success, providing a valuable platform for women to enhance their financial skills and apply their newfound knowledge effectively. It underscored the NSS's commitment to supporting women's empowerment through education and practical skill development in financial management at Rajagiri Viswajyothi College.



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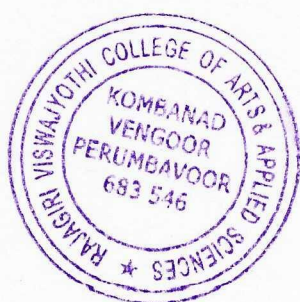
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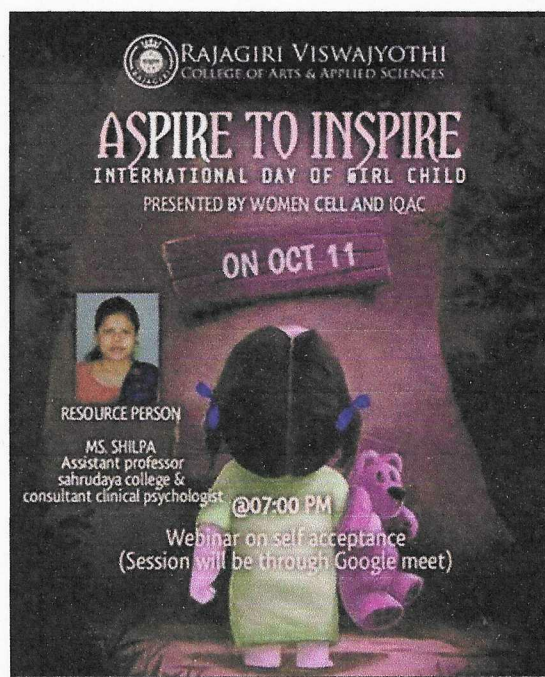
5. Aspire to Inspire: International Girl Child Day Celebration

Programme Title	Aspire to Inspire: International Girl Child Day Celebration
Organizer	Women Cell, Sakhi, in Association with IQAC
Date and Time	11.10.2023, 7.00 p.m. - 8.00 p.m.
Objective	<ul style="list-style-type: none"> • To promote self-acceptance and positive self-image among students. • To raise awareness about gender equity and the challenges faced by girls. • To provide psychological support and practical strategies for managing self-esteem.
Outcome	<ul style="list-style-type: none"> • Enhanced self-confidence and positive self-perception among students. • Increased awareness and advocacy for gender equity issues. • Improved psychological resilience and coping strategies for students.
Profile of the Resource Person	Ms. Shilpa S., Assistant Professor, Sahrudaya College and Consultant Clinical Psychologist

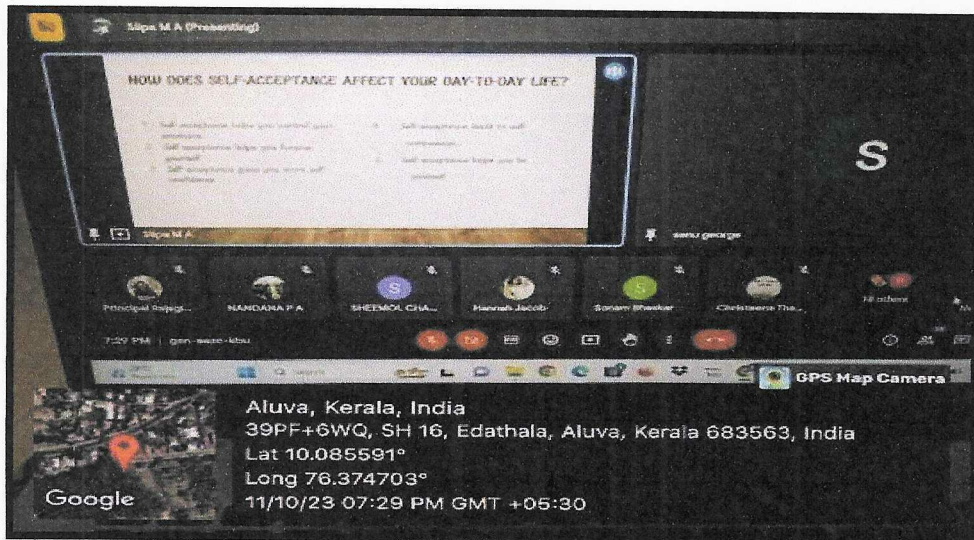
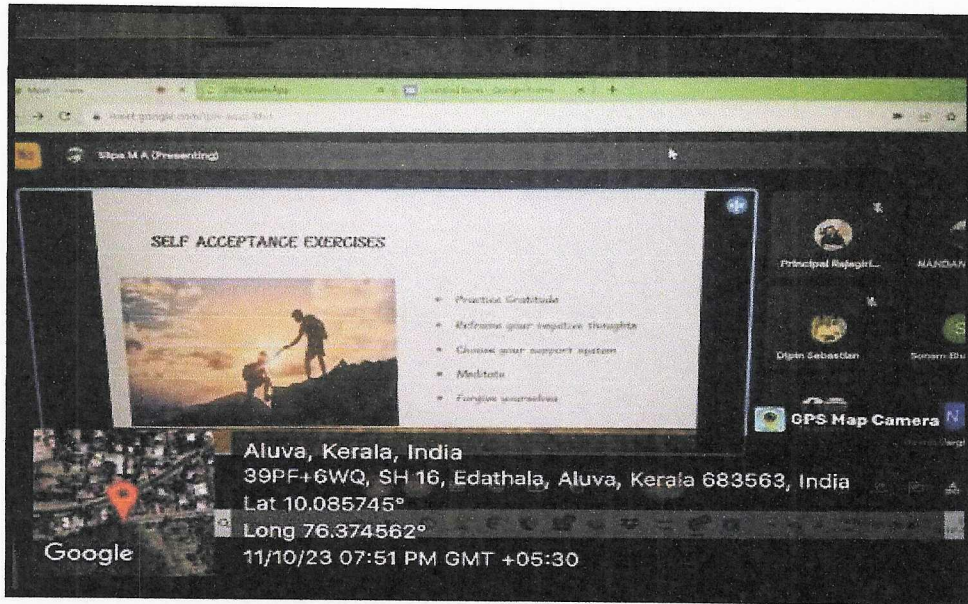


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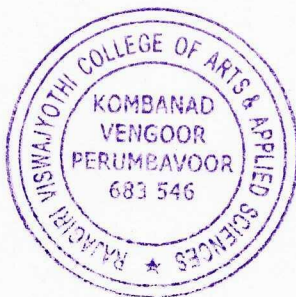
Rajagiri Viswajyothi College of Arts & Applied Sciences, in collaboration with Sakhi, the Women's Cell, and the IQAC, celebrated the International Day of the Girl Child on October 11 with a webinar titled **Aspire to Inspire**. The session, conducted via Google Meet, featured Ms. Shilpa S., Assistant Professor at Sahrudaya College and consultant clinical psychologist. Ms. Shilpa S. focused on self-acceptance, discussing how to embrace one's strengths and imperfections to build confidence. Her presentation provided practical strategies for overcoming societal pressures and negative self-perceptions. The webinar was well-received by students, offering valuable lessons on self-love and confidence. It highlighted the importance of celebrating the International Day of the Girl Child and reinforced the college's commitment to gender equity and student well-being. The engaging discussion left a lasting impact, inspiring students toward personal growth and resilience.



Poster of the Event



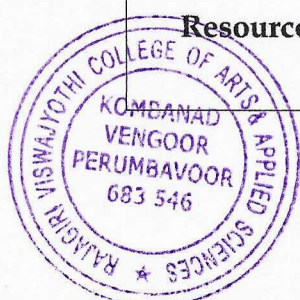
Screenshots of the Event



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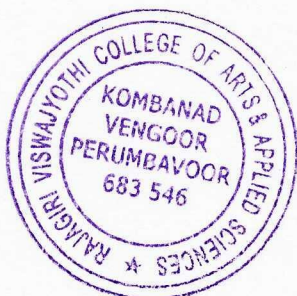
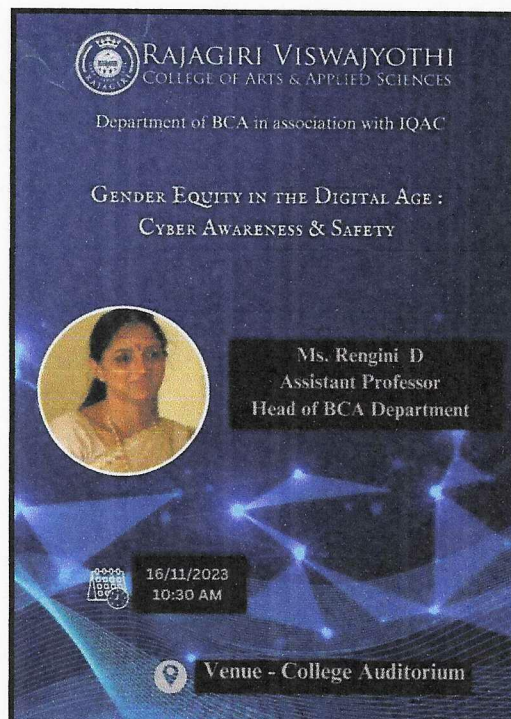
6. Seminar on Gender Equity in the Digital Age: Cyber Awareness and Safety

Programme Title	Seminar on Gender Equity in the Digital Age: Cyber Awareness and Safety
Organizer	Department of Computer Application in Association with IQAC
Date and Time	16.11.2023, 10.30 a.m. – 12.30 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To increase awareness of gender-specific cyber threats. • To promote safer online practices among participants. • To advocate for creating an inclusive digital environment.
Outcome	<ul style="list-style-type: none"> • Participants gained insights into recognizing and addressing gender-specific cyber threats. • Attendees adopted practical strategies to enhance their digital safety. • Increased understanding and commitment to fostering equity in online interactions.
Profile of the Resource Person	Ms. Rengini D., Head of the Department, Department of Computer Application, RVCAS

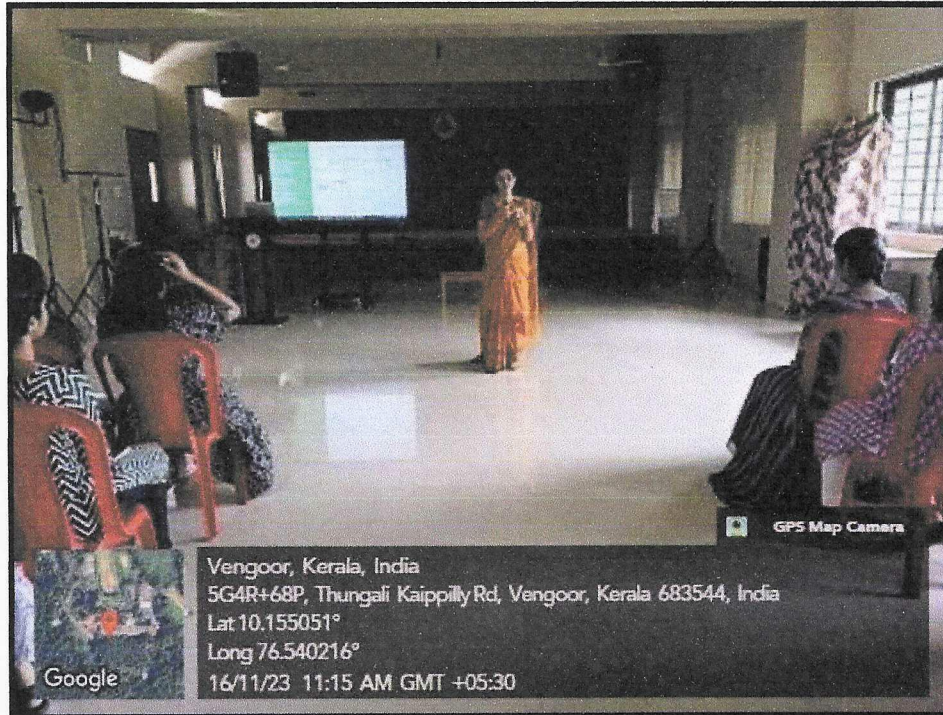


Report on the Event

On November 16, 2023, the Women Cell of Rajagiri Viswajyothi College of Arts & Applied Sciences hosted a seminar titled **Gender Equity in the Digital Age: Cyber Awareness and Safety**. The session, led by Ms. Rengini D., Head of the Department of Computer Application, focused on raising awareness about gender-specific cyber threats and advocating for safer online practices. Ms. Rengini D provided essential insights into enhancing digital safety, emphasizing the importance of creating strong, unique passwords and utilizing password managers. She highlighted the value of activating two-factor authentication to add an extra layer of security to online accounts. The discussion also covered recognizing and avoiding phishing scams, adjusting privacy settings on social media to protect personal information, and knowing how to report cyber harassment effectively. The seminar empowered participants with practical strategies to navigate online risks and promoted a respectful and equitable digital environment. The event was instrumental in fostering a safer and more inclusive online space for everyone.

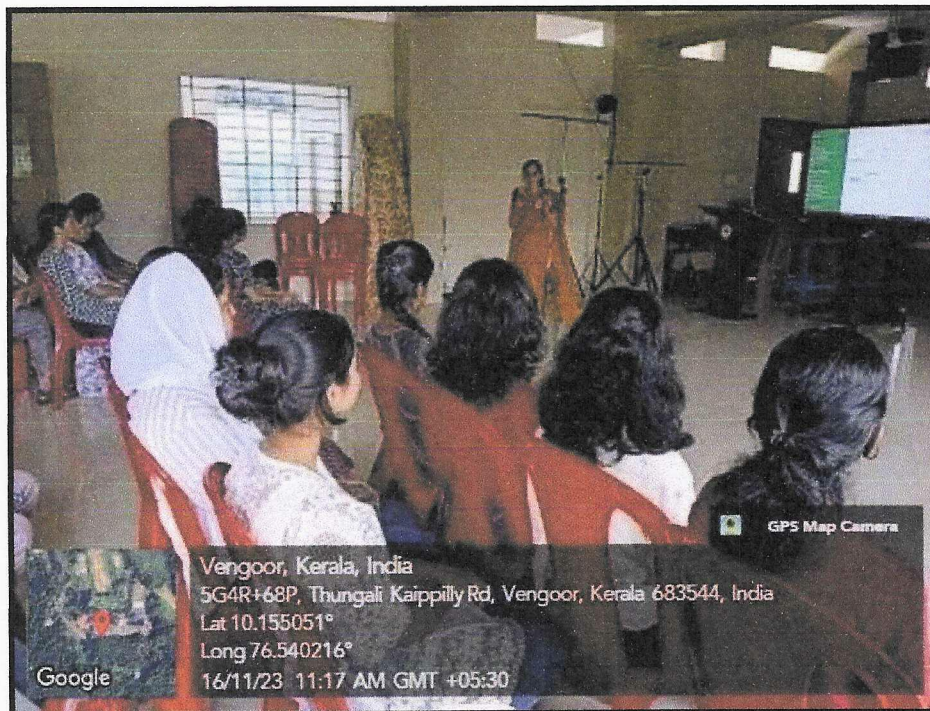


Poster of the Event



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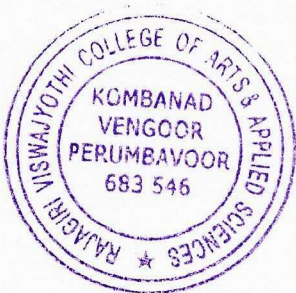
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Photos of the Event

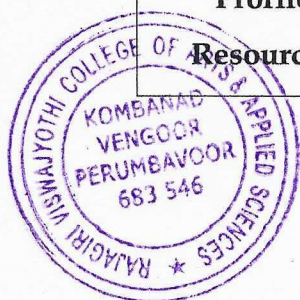
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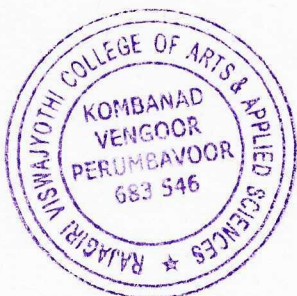
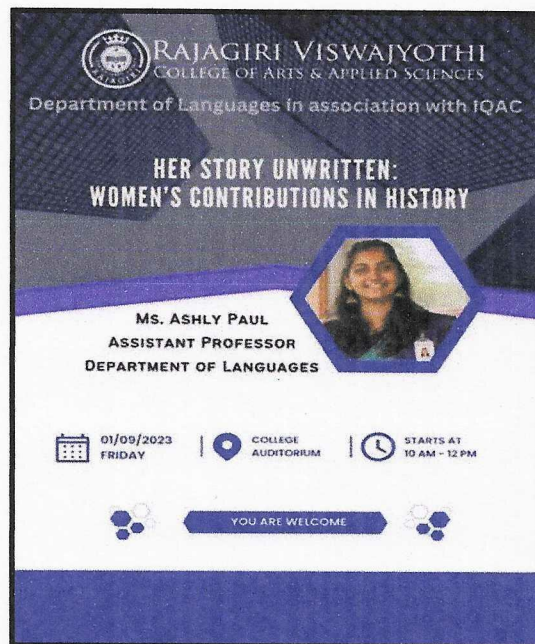
7. Her Story Unwritten: Women's Contributions in History

Programme Title	Her Story Unwritten: Women's Contributions in History
Organizer	Department of English in Association with IQAC
Date and Time	01.09.2023, 10.00 a.m. - 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> Increase understanding of women's significant historical contributions students. To inspire female students with stories of resilience, leadership, and innovation from historical women. To prompt critical thinking on gender biases in history and advocate for inclusive representation in education and society.
Outcome	<ul style="list-style-type: none"> Participants gain appreciation for achievements of figures like Marie Curie, Virginia Woolf, Rosa Parks, and Malala Yousafzai. Students feel motivated to pursue their goals, drawing inspiration from female role models. Participants engage in discussions on historical and contemporary gender challenges, promoting understanding and diverse perspectives.
Profile of the Resource Person	Ms. Ashly Paul, Assistant Professor, Department of English, RVCAS



Report on the Event

Rajagiri Viswajyothi College of Arts & Applied Sciences hosted a talk on **Her Story Unwritten: Women's Contributions in History** on September 1, 2023, organized by the Department of English. The event, led by Ms. Ashly Paul, Assistant Professor in the Department of English, aimed to shed light on the significant yet often overlooked roles of women throughout history. Ms. Ashly Paul captivated the audience with her insights into the contributions of influential women such as Marie Curie in science, Virginia Woolf in literature, Rosa Parks in civil rights, and Malala Yousafzai in education and activism. She emphasized their crucial roles in shaping historical narratives despite their contributions often being underappreciated. The session sparked interactive discussions, encouraging participants to reflect on the challenges women face in achieving recognition. Attendees left feeling empowered and inspired, with a renewed commitment to challenging traditional historical narratives and advocating for more inclusive representations.



Poster of the Event



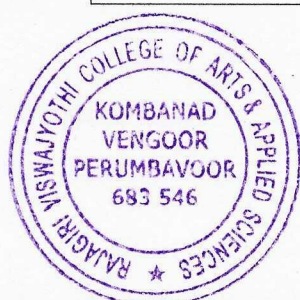
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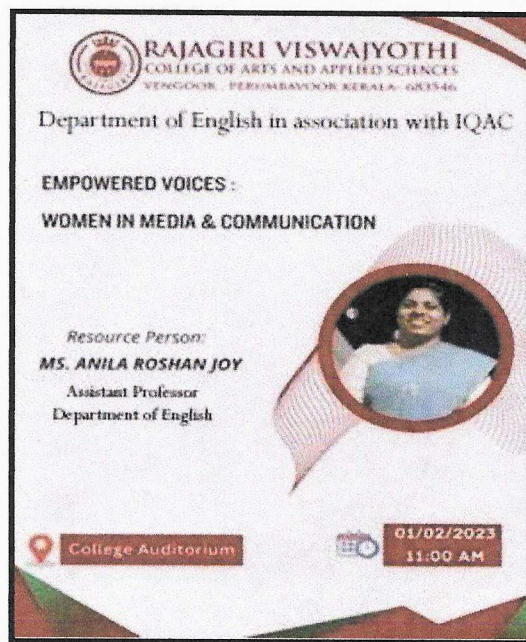
8. Talk on Empowered Voices: Women in Media and Communication

Programme Title	Empowered Voices: Women in Media and Communication
Organizer	Department of English in Association with IQAC
Date and Time	01.02.2023, 11.00 a.m. - 12.30 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To highlight the significant contributions of women in media and communication fields. • To explore the challenges and opportunities for women pursuing careers in media and communication.
Outcome	<ul style="list-style-type: none"> • Participants gain awareness of influential women such as Oprah Winfrey, Christiane Amanpour, and Arianna Huffington, and their contributions to media and communication. • Participants deepen their understanding of the challenges women face in these industries and explore strategies for overcoming them.
Profile of the Resource Person	Ms. Anila Roshan Joy, Assistant Professor, Department of English, RVCAS

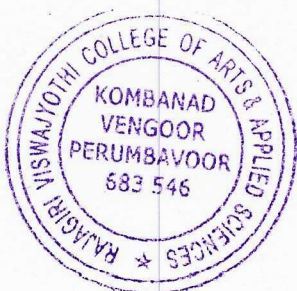


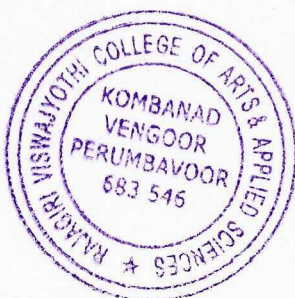
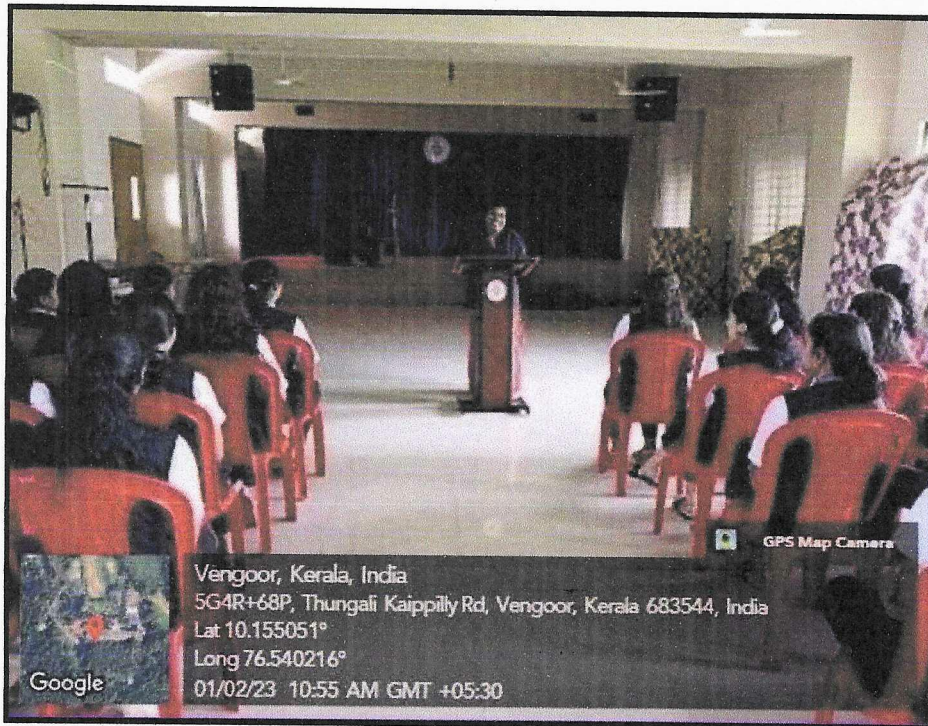
Report on the Event

The Department of English at Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor, hosted **Empowered Voices: Women in Media and Communication** on February 1, 2023. This event, designed for female students, aimed to explore and celebrate the roles and challenges of women in media and communication. Ms. Anila Roshan Joy, Assistant Professor in the Department of English, led the session, highlighting the significant contributions of pioneering women such as Oprah Winfrey, known for her influential talk show and media empire that shaped cultural discussions; Christiane Amanpour, renowned for her ground-breaking journalism and coverage of global events; and Arianna Huffington, who revolutionized digital media with the founding of The Huffington Post. The event underscored the importance of celebrating and amplifying the voices of women who have made lasting impacts in shaping the narrative of media and communication.



Poster of the Event



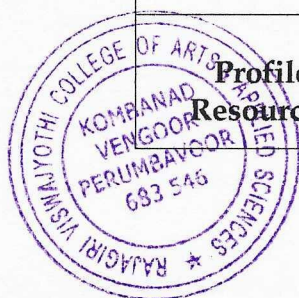


Photos of the Event

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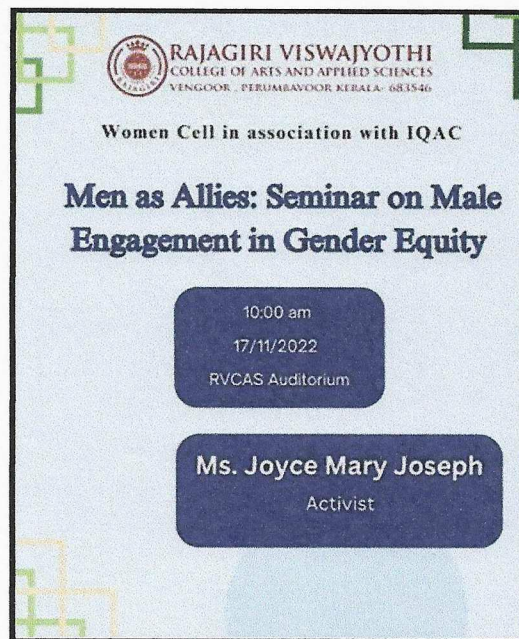
9. Men as Allies: Workshop on Male Engagement in Gender Equity

Programme Title	Men as Allies: Seminar on Male Engagement in Gender Equity
Organizer	Women Cell, Sakhi, in Association with IQAC
Date and Time	17.11.2022, 10.00 a.m. - 4.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To educate male students on the importance of their role as allies in promoting gender equity and inclusivity. • To engage participants in discussions and activities that challenge stereotypes and foster a deeper understanding of gender issues. • To empower male students with practical strategies and tools to actively support gender equality within their academic and social spheres.
Outcome	<ul style="list-style-type: none"> • Increased awareness and commitment among male students to advocate for gender equity and challenge gender stereotypes. • Enhanced understanding of the impact of supportive male allyship in fostering a more inclusive environment. • Empowered participants equipped with actionable knowledge and skills to promote and sustain gender equality initiatives within their college community and beyond.
Profile of the Resource Person	Ms. Joyce Mary Joseph, Activist

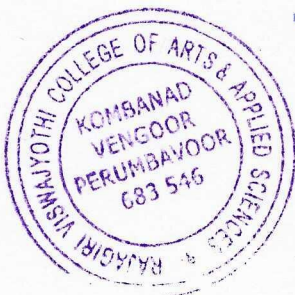


Report on the Event

On November 17, 2022, the Women's Cell Sakhi at Rajagiri Viswajyothi College of Arts & Applied Sciences organized a full-day workshop titled **Men as Allies: Male Engagement in Gender Equity** from 10:00 a.m. to 4:00 p.m. The session was led by gender equality advocate Ms. Joyce Mary Joseph and aimed to involve male students in promoting inclusivity. Through insightful discussions and interactive activities, participants explored the role of male allyship in challenging stereotypes and supporting gender diversity. The workshop equipped attendees with practical strategies to advocate for gender equity, inspiring them to contribute towards building a respectful and inclusive environment both on campus and in their future endeavors.



Poster of the Event



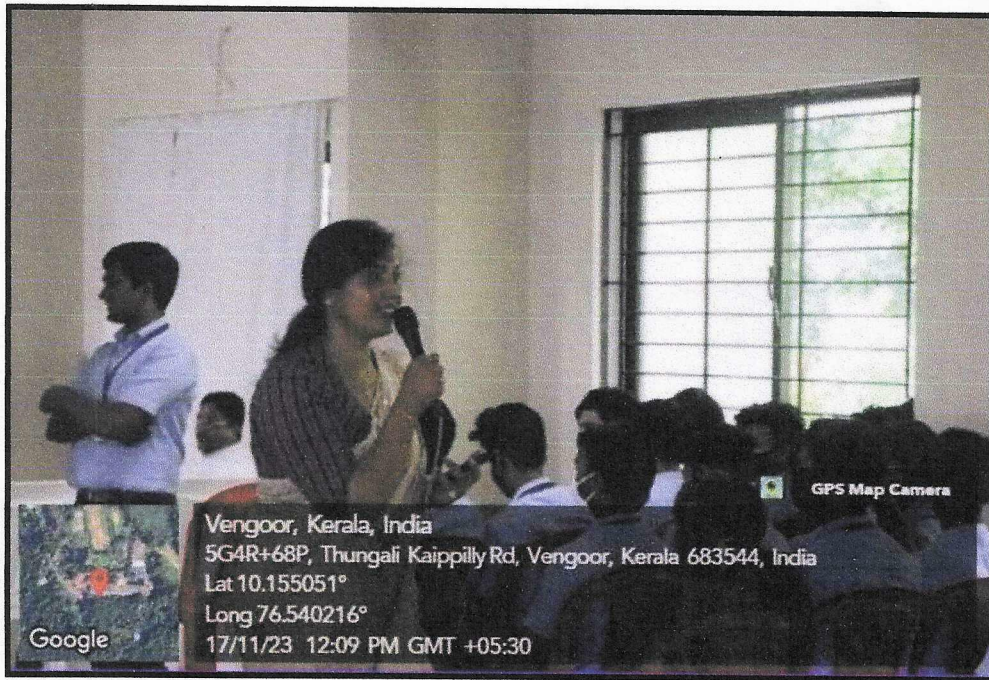
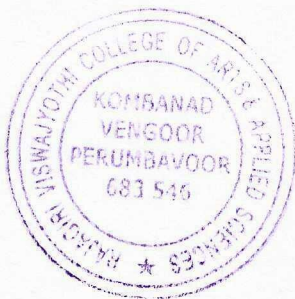


Photo of the Event

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Vengoor, Perumbavoor-683 546



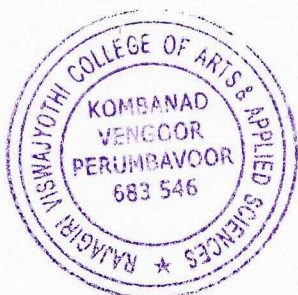
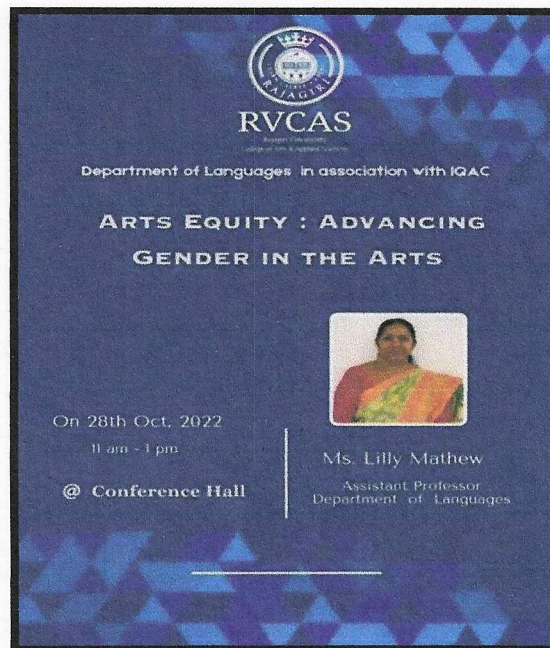
10. ArtEquity: Advancing Gender in the Arts Seminar

Programme Title	ArtEquity: Advancing Gender in the Arts Seminar
Organizer	Department of Languages in Association with IQAC
Date and Year	28.10.2022, 11.00 a.m. - 1.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To examine the representation of gender roles and stereotypes in Malayalam literature and other artistic forms. • To foster critical thinking among students regarding the intersection of gender and culture in the arts.
Outcome	<ul style="list-style-type: none"> • Increased awareness and understanding among students about the nuances of gender representation in Malayalam literature and the arts. • Enhanced critical thinking skills, enabling students to analyze and critique gender stereotypes in artistic works.
Profile of the Resource Person	Ms. Lilly Mathew, Assistant Professor, Department of Languages, RVCAS

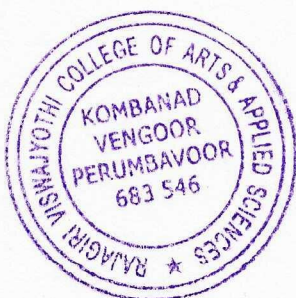


Report on the Event

The Department of Languages at Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor, presented a unique seminar titled **ArtEquity: Advancing Gender in the Arts** on October 28, 2022. The event featured the distinguished Assistant Professor Ms. Lilly Mathew, a renowned expert in Malayalam literature, who led an insightful discussion on the intersection of gender and artistic expression. The two-hour session delved into the intersections of gender and artistic expression, focusing on how gender roles are portrayed in literature, visual arts, and theatre. Ms. Mathew discussed poignant Malayalam works like Kamala Surayya's *Ente Katha*, Sara Joseph's *Aalahayude Penmakal*, and K.R. Meera's *Aarachaar*, which critically engage with gender dynamics and patriarchal structures. Through thought-provoking discussions, students were encouraged to challenge gender norms and develop a more inclusive perspective on the arts. Ms. Mathew's insights and passion for gender equity left a lasting impact on the college's creative community.



Poster of the Event



Photos of the Event

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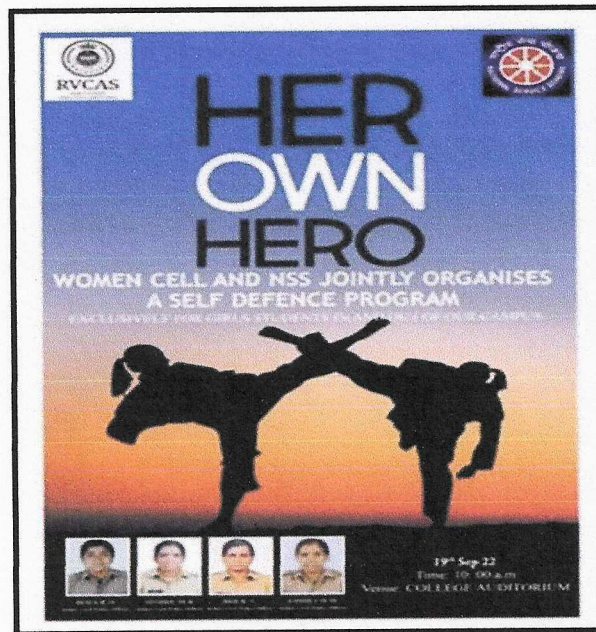
11. Her Own Hero: Self-defence Programme

Programme Title	Her Own Hero: Self-defence Programme
Organizer	NSS in association with Women Cell, Sakhi
Date and Time	19.09.2022, 10.00 a.m. - 1.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> To educate students on the importance of self-defence and personal safety awareness. To equip participants with practical self-defence techniques that can be applied in real-life situations. To empower students with increased confidence and assertiveness in handling potential threats or risks.
Outcome	<ul style="list-style-type: none"> Improved knowledge and understanding among students regarding self-defence principles and strategies. Enhanced ability to perform basic self-defence techniques effectively, demonstrated through hands-on practice during the workshop. Increased self-confidence and a sense of personal empowerment among participants, contributing to a safer and more secure college community.
Profile of the Resource Person	Ms. M.K. Sindhu, Martial Arts Trainer

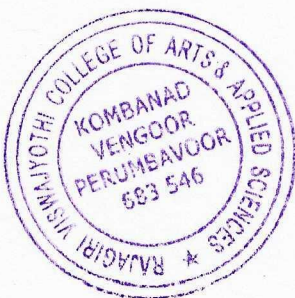


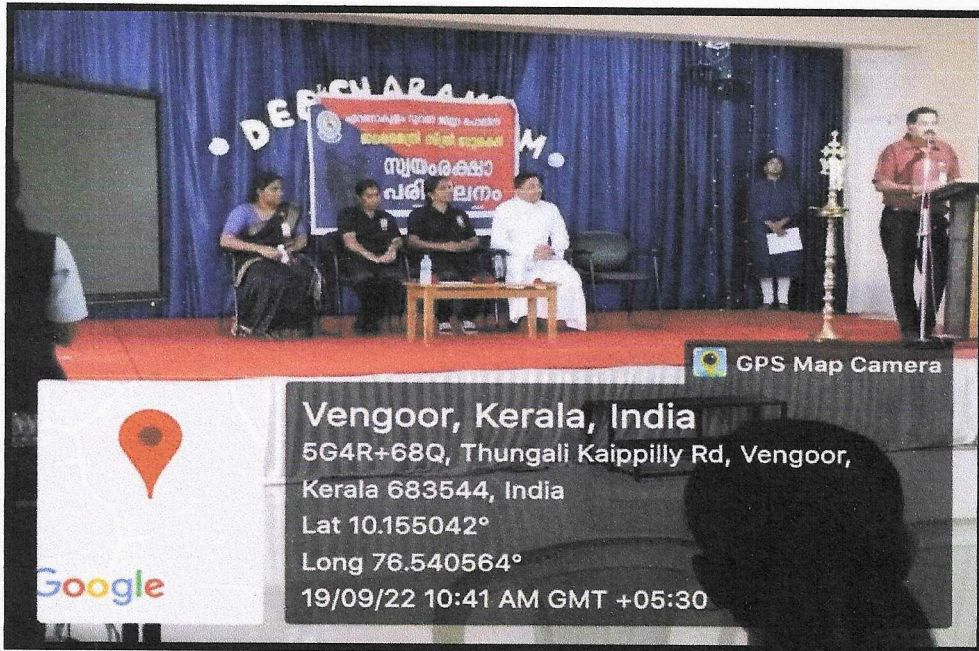
Report on the Event

The National Service Scheme and Sakhi, the Women's Cell at Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor, jointly organized **Her Own Hero: Self-Defence Programme** on September 19, 2022. Led by Martial Arts Trainer Ms. M.K. Sindhu, the two-hour workshop focused on self-defence principles such as awareness, prevention, and practical safety strategies. Ms. Sindhu's dynamic session featured demonstrations and hands-on exercises, allowing students to practice effective self-defence techniques while building confidence. The event empowered participants with essential skills and a resilient mindset for personal safety, highlighting the college's commitment to fostering a secure and supportive campus environment through proactive empowerment initiatives.



Poster of the Event



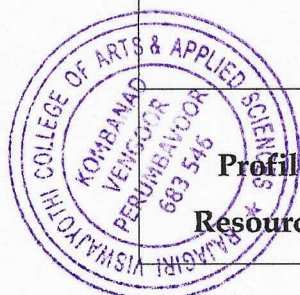


Photos of the Event

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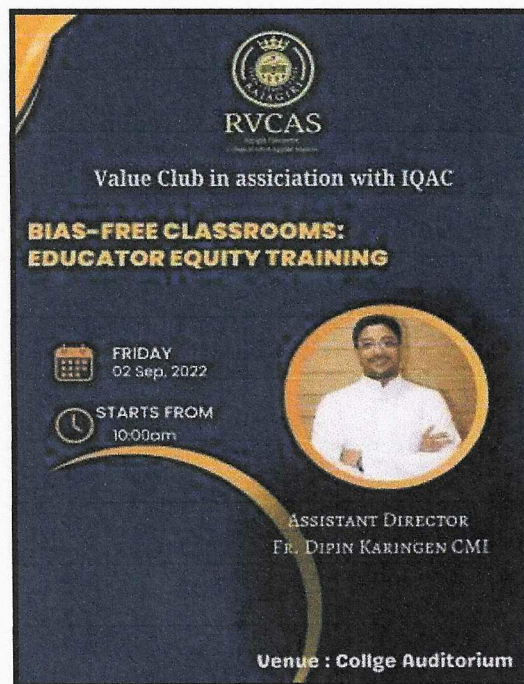
12. Bias-Free Classrooms: Educator Equity Training

Programme Title	Bias-Free Classrooms: Educator Equity Training
Organizer	Value Club in Association with IQAC
Date and Year	03.09.2022, 10.00 a.m. - 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> To educate educators on identifying and addressing implicit biases in classroom interactions and teaching practices. To equip teachers with strategies to create an equitable and culturally responsive learning environment. To encourage educators to adopt practices that ensure fair treatment and opportunities for all students.
Outcome	<ul style="list-style-type: none"> Participants will demonstrate improved awareness of their own biases and how they affect teaching and student engagement. Educators will implement diverse and equitable instructional methods that cater to all students. Schools will observe a more supportive, inclusive, and bias-free classroom culture that promotes student success.
Profile of the Resource Person	Rev.Fr.Dipin Karingen CMI, Associate Director, Rajagiri Viswajyothi College of Arts and Applied Sciences



Report on the Event

The Value Club, in association with the IQAC, conducted the **Bias-Free Classrooms: Educator Equity Training** on September 3, 2022, from 10:00 a.m. to 12:00 p.m. at Rajagiri Viswajyothi College of Arts & Applied Sciences. The session was led by Rev. Fr. Dipin Karingen CMI, Assistant Director of the college, focusing on identifying and addressing implicit biases in classroom interactions. The training aimed to educate educators on creating an equitable and culturally responsive learning environment and to encourage practices that ensure fair treatment and opportunities for all students. Participants improved their awareness of biases, implemented diverse instructional methods, and contributed to a more inclusive classroom culture.



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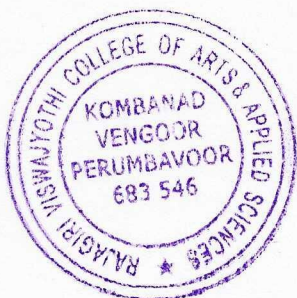
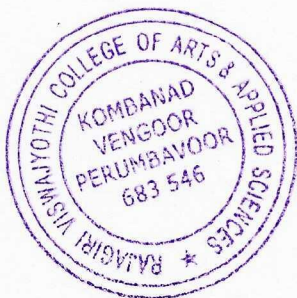




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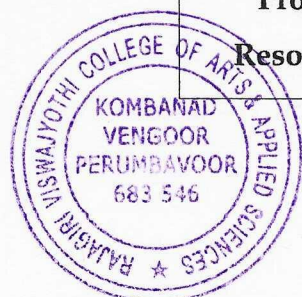
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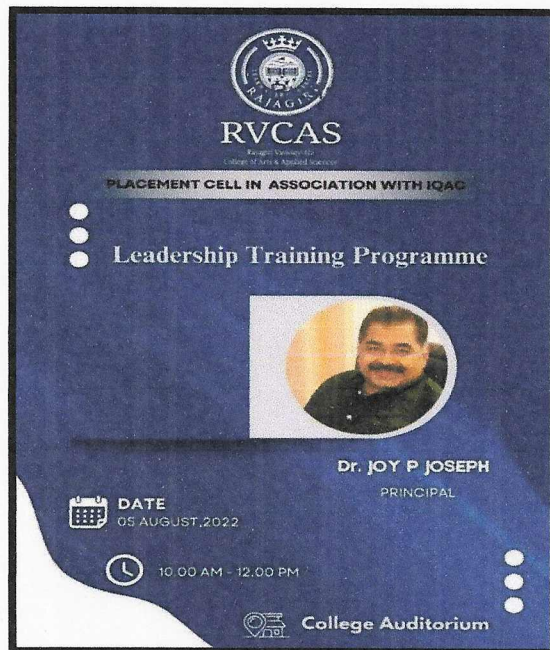
13. Inclusive Leaders: Leadership Training Programme

Programme Title	Inclusive Leaders: Leadership Training Programme
Organizer	Placement Cell in Association with IQAC
Date and Year	05.08.2022, 10. 00 a.m. - 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To educate students about the principles and importance of inclusive leadership in diverse settings. • To equip participants with practical skills and strategies for fostering inclusivity, empathy, and collaboration in leadership roles.
Outcome	<ul style="list-style-type: none"> • Increased awareness and understanding among students regarding the characteristics and benefits of inclusive leadership. • Enhanced ability of participants to apply inclusive leadership practices in academic, professional, and personal contexts.
Profile of the Resource Person	Dr.Joy P. Joseph, Principal, Rajagiri Viswajyothi College of Arts and Applied Sciences



Report on the Event

The Placement Cell at Rajagiri Viswajyothi College of Arts & Applied Sciences hosted the exceptional **Inclusive Leaders: Leadership Training Programme** on August 5, 2022. Led by the college's Principal, Dr. Joy P. Joseph, the event offered a transformative experience designed to shape future leaders with a strong commitment to inclusivity. This two-hour long session focused on the importance of inclusive leadership in a diverse world. Dr. Joy P. Joseph emphasized key leadership principles such as empathy, effective communication, and leveraging diversity for success. Through interactive discussions and activities, he guided students in reflecting on their leadership potential and how to positively impact their academic and professional communities. The session inspired students to embrace diversity and lead with integrity and empathy, aligning with the Placement Cell's goal of fostering ethical and inclusive leadership among future leaders.



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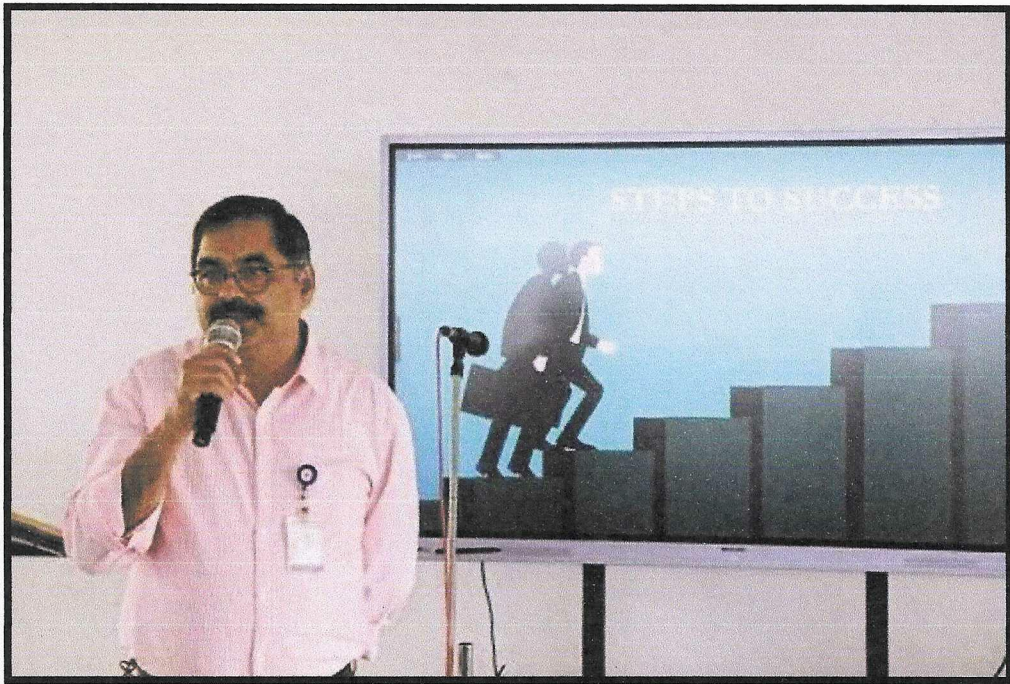
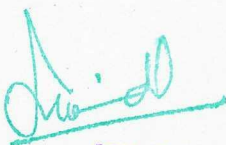
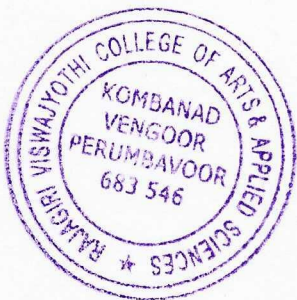


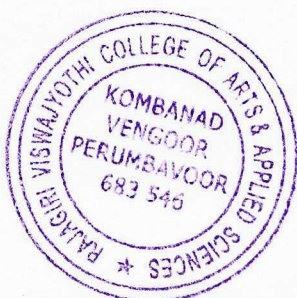
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14. Academic Ascent: Mentorship for Women in Academics

Programme Title	Academic Ascent: Mentorship for Women in Academics
Organizer	Women Cell in Association with IQAC
Date and Year	22.07.2022, 2.00 p.m. - 3.30 p.m.
Venue	Conference Hall
Objective	<ul style="list-style-type: none"> • To provide female students with mentorship aimed at enhancing their academic and career aspirations. • To empower participants with practical skills and strategies for navigating challenges in higher education. • To foster a supportive network and community among female students to promote leadership and professional growth.
Outcome	<ul style="list-style-type: none"> • Increased confidence and motivation among participants to pursue ambitious academic and career goals. • Enhanced networking opportunities and mentorship relationships established during the session. • Empowerment of female students to take on leadership roles and excel in their academic pursuits, contributing positively to their personal and professional development.
Profile of the Resource Person	Ms. Neenu Varghese, Assistant Professor, Department of Commerce, RVCAS



Report on the Event

Sakhi, the Women's Cell at Rajagiri Viswajyothi College of Arts & Applied Sciences organized **Academic Ascent: Mentorship for Women in Academics** on July 22, 2022. This hour-long session was designed to empower female students through mentorship and guidance for their academic and career development. Ms. Neenu Varghese, Assistant Professor in the Department of Commerce, led the event, sharing her extensive academic experience and offering motivational insights. She engaged participants in discussions about career aspirations, academic goals, and the value of networking and skill development. Students left the session feeling inspired and equipped with practical advice, mentorship opportunities, and a supportive network to aid their academic and professional journeys.



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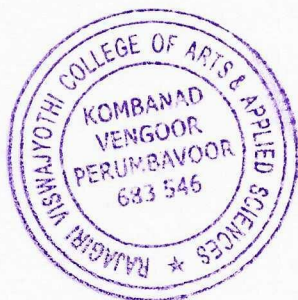
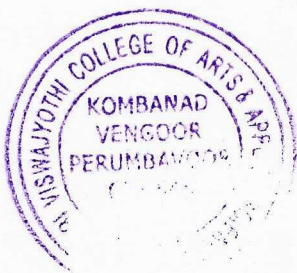




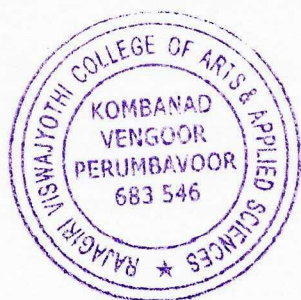
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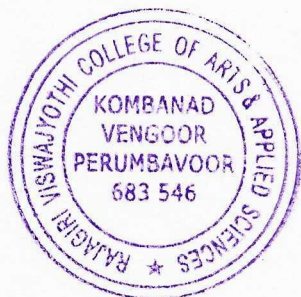
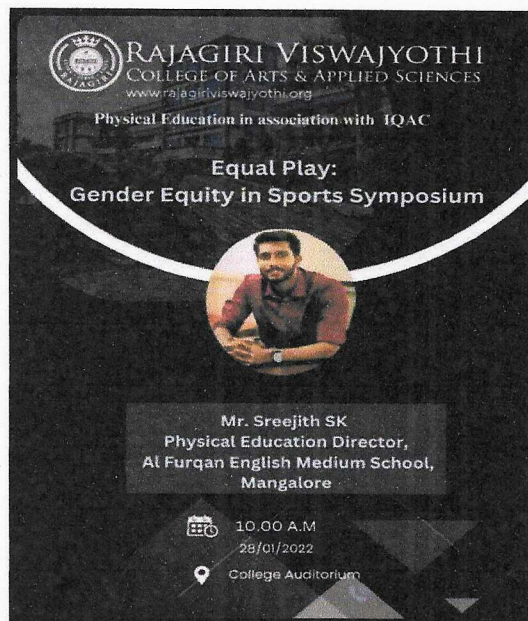
15. Equal Play: Gender Equity in Sports Symposium

Programme Title	Equal Play: Gender Equity in Sports Symposium
Organizer	Department of Physical Education in Association with IQAC
Date and Year	28.01.2022, 10.00 a.m. – 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To raise awareness among students about gender equity issues in sports and physical education. • To provide a platform for discussing and addressing gender biases and stereotypes in sports. • To inspire students to advocate for inclusivity and equal opportunities for female athletes in sports.
Outcome	<ul style="list-style-type: none"> • Increased understanding among participants regarding the importance of promoting gender equity in sports and physical education. • Enhanced awareness of the barriers and challenges faced by female athletes, and strategies to overcome them. • Empowerment of students to take proactive steps in their academic and community roles to promote fair play and gender equality in sports, fostering a supportive environment for all athletes.
Profile of the Resource Person	Mr. Sreejith S.K, Physical Education Director



Report of the Event

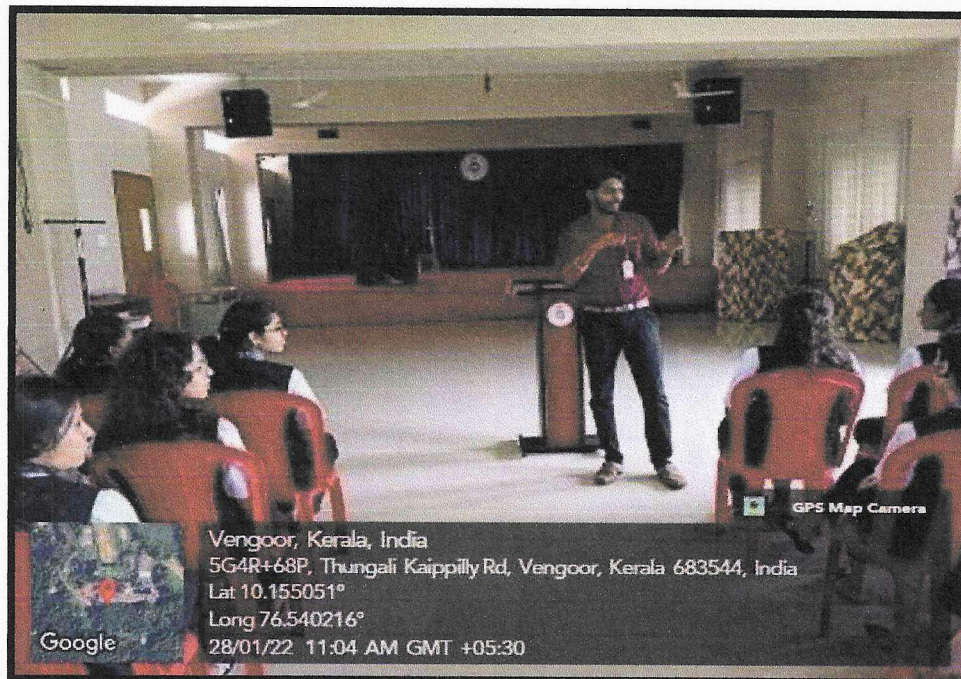
On January 28, 2022, Rajagiri Viswajyothi College of Arts & Applied Sciences hosted the **Equal Play: Gender Equity in Sports Symposium**, organized by the Department of Physical Education in collaboration with IQAC. Held at the RVCAS Auditorium, this symposium was aimed at addressing gender equity in sports for the college's students. Mr. Sreejith S.K., Physical Education Director at Al Furqan English Medium School, Mangalore, delivered a keynote address on promoting equal opportunities for female athletes and challenging sports stereotypes. He also led an engaging interactive session where students participated in exercises and discussions to explore and address gender biases in sports. This session provided students with practical insights and strategies for fostering inclusivity and fair play in sports environments, leaving them better equipped to support gender equity in their athletic activities.



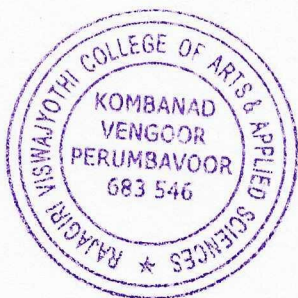
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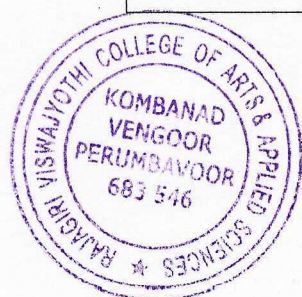


Photos of the Event

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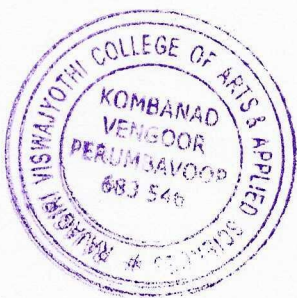
16. Kanal: Gender Awareness Programme

Programme Title	Kanal: Gender Awareness Programme
Organizer	Department of English in Association with IQAC
Beneficiary	Students of RVCAS, Members from Women and Child Department, Members from Mahila Shakti Kendra
Date and Year	22.01.2022, 9.30 a.m. - 12.30 p.m.
Coordinator	Ms. Rose Tania Joly.
Mode	Online, Google Meet
Objective	<ul style="list-style-type: none"> • To increase awareness among students about the complexities of gender issues and societal norms. • To empower students with knowledge and perspectives that promote gender equality and inclusivity in their personal and professional lives.
Outcome	<ul style="list-style-type: none"> • Enhanced understanding among participants regarding the multifaceted nature of gender roles and stereotypes. • Increased motivation and readiness among students to actively advocate for gender equity and challenge discriminatory practices in their communities and workplaces.
Profile of the Resource Person	Prof. Shamshad Hussain, Academician

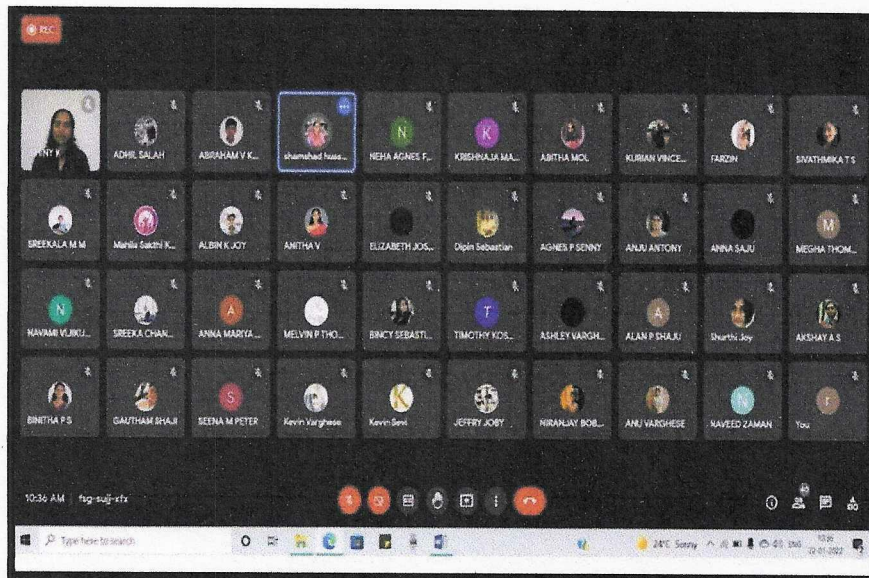
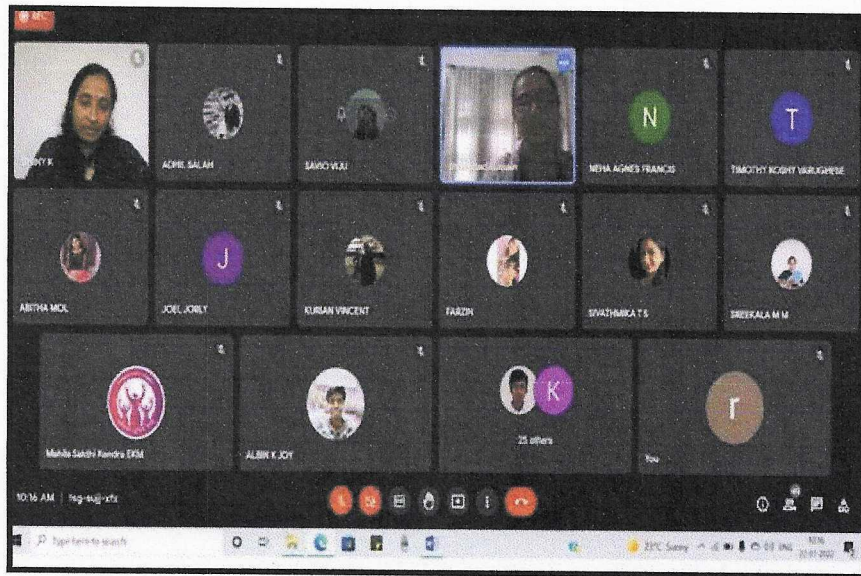


Report on the Event

The Department of English at Rajagiri Viswajyothi College hosted **Kanal: Gender Awareness Programme** on January 22, 2022, in an online format. Coordinated by Ms. Rose Tania Joly, the 1.5-hour session included students, members from the Women and Child Department, and Mahila Shakti Kendra representatives. Prof. Shamshad Hussain, a notable expert in gender studies, led the session, guiding discussions on societal norms, stereotypes, and challenges across genders. The interactive virtual format fostered engagement and allowed participants to explore and discuss gender issues actively. Prof. Hussain's emphasis on gender equality and challenging discriminatory practices inspired students to advocate for inclusivity. **Kanal** highlighted the Department of English's commitment to holistic education and social responsibility, utilizing the online platform to enhance accessibility and foster meaningful dialogue on gender issues.



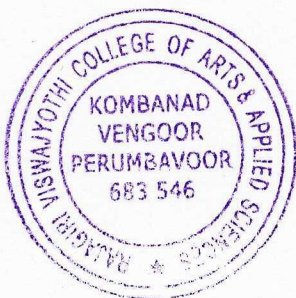
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Screenshots of the Event

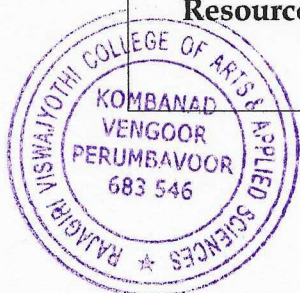
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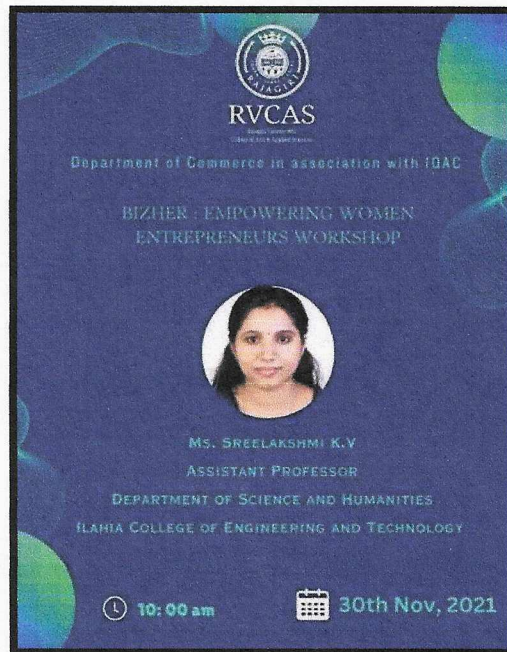
17. BizHer: Empowering Women Entrepreneurs Training Session

Programme Title	BizHer: Empowering Women Entrepreneurs Training Session
Organizer	Department of Commerce in Association with IQAC
Date and Year	30.11.2021, 10.00 a.m. – 11.00 a.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To promote entrepreneurship among female students. • To develop practical skills in idea generation, business planning, and market research.
Outcome	<ul style="list-style-type: none"> • Increased awareness of entrepreneurial challenges and opportunities for women. • Enhanced capabilities in business planning and accessing funding.
Profile of the Resource Person	Ms. Sreelakshmi K.V., Assistant Professor, Department of Science and Humanities, Illahia College of Engineering and Technology



Report on the Event

The Department of Commerce held **BizHer: Empowering Women Entrepreneurs** on November 30, 2021, at Rajagiri Viswajyothi College. The one-and-a-half-hour session aimed to inspire female students to pursue entrepreneurship, featuring Ms. Sreelakshmi K.V., Assistant Professor at Illahia College of Engineering and Technology, as the speaker. Ms. Sreelakshmi, an expert in Science and Humanities, covered key topics such as idea generation, market research, business planning, and funding opportunities. Her interactive session encouraged student engagement and provided practical insights into entrepreneurship. **BizHer** was a significant step in equipping female students with essential skills and confidence to explore entrepreneurial ventures, highlighting the Department's commitment to fostering future women leaders.



Poster of the Event

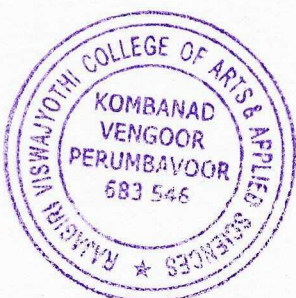
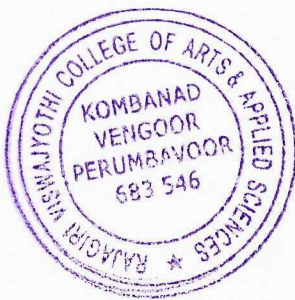




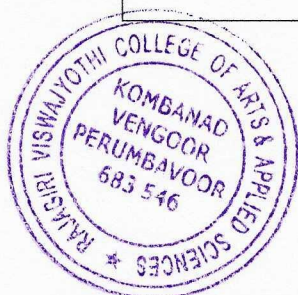
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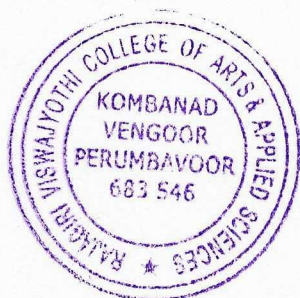
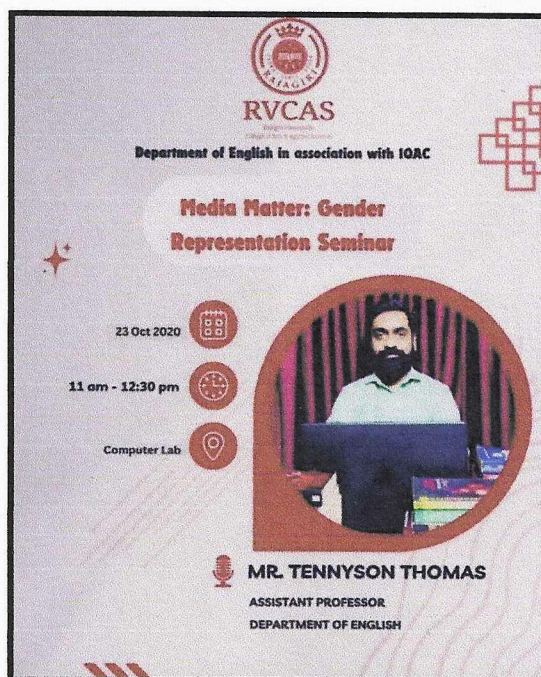
18. Media Matter: Gender Representation Seminar

Programme Title	Media Matter: Gender Representation Seminar
Organizer	Department of English in Association with IQAC
Date and Year	23.10.2020, 11.00 a.m. – 12.30 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To analyse the current trends and stereotypes in gender representation across various forms of media. • To explore the impact of media portrayals on societal attitudes towards gender roles and identities. • To empower students with critical thinking skills to deconstruct and challenge biased representations of gender in media.
Outcome	<ul style="list-style-type: none"> • Participants gained a deeper understanding of the ways in which media influences and reflects societal perceptions of gender. • Students developed critical thinking abilities to critically analyse and interpret media texts from a gender perspective. • The seminar fostered awareness and advocacy for more inclusive and diverse representations of gender in media among the student community.
Profile of the Resource Person	Mr. Tennyson Thomas, Assistant Professor, Department of English, RVCAS



Report on the Event


The Department of English at Rajagiri Viswajyothi College held the online seminar **Media Matter: Gender Representation** on October 23, 2020, featuring Mr. Tennyson Thomas, Assistant Professor, as the speaker. Mr. Tennyson Thomas discussed how media often perpetuates traditional gender norms and stereotypes, influencing societal attitudes toward gender roles. He emphasized the impact of media representations on shaping public perceptions and the need for media literacy to critically engage with and challenge these dominant narratives. The seminar encouraged students to advocate for more inclusive and diverse portrayals of gender, fostering a deeper understanding of media's role in shaping gender perceptions in society.

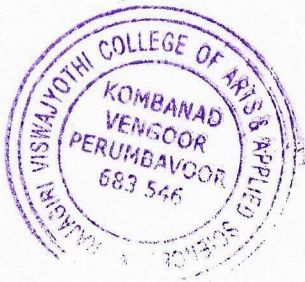


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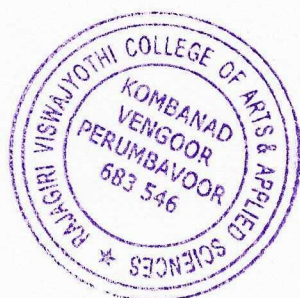
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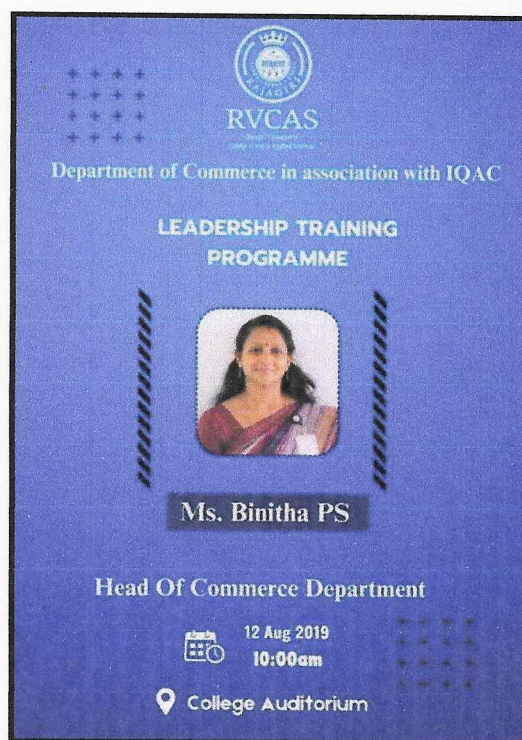
19. Inclusive Leaders: Leadership Training

Programme Title	Inclusive Leaders: Leadership Training
Organizer	Department of Commerce in Association with IQAC
Date and Year	12.08.2019, 10.00 a.m. - 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To educate students about the principles and importance of inclusive leadership in diverse organizational settings. • To develop students' skills in practicing empathy, diversity appreciation, and effective communication as core aspects of inclusive leadership.
Outcome	<ul style="list-style-type: none"> • Increased awareness and understanding among students about the role of inclusive leadership in fostering collaboration and innovation. • Enhanced interpersonal skills and ability among participants to engage effectively with diverse teams and stakeholders.
Profile of the Resource Person	Ms.Binitha P.S, Assistant Professor, Assistant Professor, Department of Commerce, RVCAS



Report on the Event

The Department of Commerce, in collaboration with the IQAC, hosted **Inclusive Leaders: Leadership Training** for Rajagiri Viswajyothi College students on August 12, 2019. This two-hour session was designed to develop essential skills for inclusive leadership. Ms. Binitha P.S., Assistant Professor in the Department of Commerce, led the training, providing a mix of theoretical insights and practical advice. Her focus included fostering empathy, appreciating diversity, and enhancing effective communication. The session equipped students with valuable skills and knowledge to lead inclusively, aligning with the college's commitment to nurturing leaders who embrace diversity and make ethical decisions in their careers.

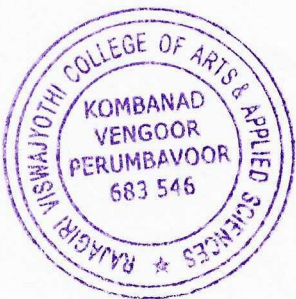


Poster of the Event



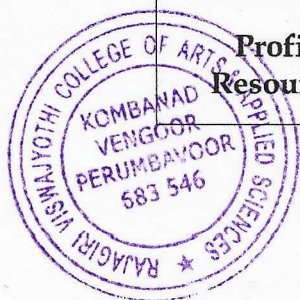
Photo of the Event

PRINCIPAL
Principal
Rajaguru Viswajyothi College of
Arts & Applied Sciences
Vengoor, Perumbavoor-683 546



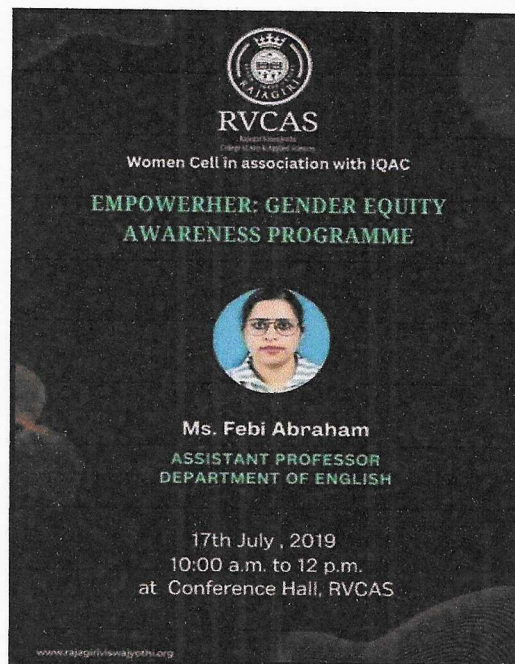
20. EmpowerHer: Gender Equity Awareness Programme

Programme Title	EmpowerHer: Gender Equity Awareness Programme
Organizer	Department of English in Association with IQAC
Date and Year	17.07.2019, 10.00 a.m. – 12.00 p.m.
Venue	RVCAS Auditorium
Objective	<ul style="list-style-type: none"> • To raise awareness among students about the importance of gender equity and its relevance in contemporary society. • To educate students about the systemic barriers and societal constructs that perpetuate gender inequality. • To empower students with knowledge and strategies to promote gender equity and empower women within their communities.
Outcome	<ul style="list-style-type: none"> • Increased awareness and understanding among students about the complexities of gender equity issues. • Enhanced empathy and sensitivity towards gender-related challenges faced by individuals, particularly women. • Empowerment of students to take proactive roles in advocating for gender equity, fostering inclusive environments, and promoting equal opportunities within Rajagiri Viswajyothi College of Arts and Applied Sciences and beyond.
Profile of the Resource Person	Ms. Febi Abraham, Assistant Professor, Department of English, RVCAS



Report on the Event

The Department of English, in collaboration with the Internal Quality Assurance Cell, hosted **EmpowerHer: Gender Equity Awareness Programme** on July 17, 2019, at Rajagiri Viswajyothi College. This hour-long session aimed to enhance awareness and foster dialogue on gender equity issues among students. Ms. Febi Abraham, Assistant Professor in the Department of English, led the program. With her expertise in gender studies and literature, Ms. Febi explored societal constructs contributing to gender inequality and emphasized the importance of empowering women and promoting gender equity. **EmpowerHer** was a key initiative in deepening students' understanding of gender equity and reflected the college's commitment to preparing students to advocate for equality and contribute to a more inclusive society.



Poster of the Event



Photo of the Event

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