



RAJAGIRI VISWAJYOTHI
COLLEGE OF ARTS AND APPLIED SCIENCES
VENGOOR, PERUMBAVOOR KERALA- 683546

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam | Approved by AICTE



STUDENT SUPPORT AND PROGRESSION

CRITERION 5

STUDENT SUPPORT AND PROGRESSION

5.1 Student Support

2019-2024

Submitted to



5.1.2: Report with Photographs of Soft Skills Enhancement Programmes during 2019- 2024

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Think Outside the Box: Workshop on Problem Solving

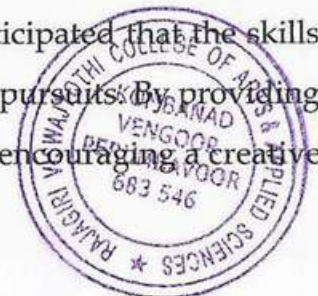
Programme Details in a Nutshell	
Name of the Event	Think Outside the Box: Workshop on Problem Solving
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">• To boost problem-solving skills.• To ignite creative solutions.
Resource Person	Ms. Neha Agnes Francis
Date and Time	17-01-2024 to 18-01-2024, 9.30 AM To 4.00PM
Duration	12 Hrs
Beneficiaries	36 Students
Venue or Platform	First Year BCA Lecture Hall, RVCAS
Organising Dept/ Cell	Department of Commerce in association with IQAC
Coordinator	Ms. Dhanya S, Assist. Prof. Department of Commerce in association with IQAC
Associating Agency	IQAC
Outcome/ Benefit of the programme	<ul style="list-style-type: none">• Participants will apply new problem-solving techniques in their daily work.• Increased ability to identify and tackle challenges effectively.



Detailed Report

A comprehensive workshop on problem-solving, titled "Think Outside the Box," was organized by the Department of Commerce in collaboration with IQAC on January 17 and 18, 2024. Held in the first year BCA lecture hall, RVCAS, the event aimed to equip participants with robust problem-solving skills and foster a creative mindset. Ms. Neha Agnes Francis, an esteemed expert in the field, served as the keynote speaker and workshop facilitator. The day commenced with a formal inauguration, graced by the presence of Mr. Solymon V.L., IQAC Coordinator, who extended a warm welcome to the participants. Reverend Father Dipin Karingen, Associate Director, delivered an inspiring inaugural address, setting a positive tone for the workshop. Subsequently, Ms. Neha Agnes Francis presented a captivating keynote speech, providing a theoretical foundation for problem-solving and emphasizing the significance of innovative thinking. The core of the workshop comprised interactive sessions led by Ms. Neha Agnes Francis. Participants were engaged in a series of thought-provoking exercises, case studies, and group activities designed to stimulate critical thinking and problem-solving abilities.

The emphasis was on practical application, encouraging participants to develop a structured approach to addressing challenges. To ensure maximum benefit, the workshop incorporated ample opportunities for participants to share their perspectives and experiences. Group discussions and collaborative problem-solving exercises fostered a supportive learning environment. The facilitator provided constructive feedback and guidance, helping participants to refine their problem-solving strategies. A dedicated evaluation process was implemented to assess the workshop's effectiveness. Participants were encouraged to provide feedback on the content, delivery, and overall experience. The collected feedback will be instrumental in refining future workshops and tailoring them to the specific needs of the participants. The workshop concluded with a vote of thanks by Vimal A.J., acknowledging the contributions of the resource person, organizers, and participants. The event was well-received by the 36 attendees, and it is anticipated that the skills acquired will be invaluable in their academic and professional pursuits. By providing participants with a strong foundation in problem-solving and encouraging a creative



approach, the workshop has empowered them to tackle challenges with confidence and innovation.

Feedback Report

The "Think Outside the Box" problem-solving workshop was met with positive feedback from participants. They appreciated the engaging sessions, experienced facilitator, and practical exercises. While participants enjoyed the collaborative environment, some suggested more time for group discussions and in-depth case studies. The workshop effectively enhanced problem-solving skills and fostered a creative mindset, with recommendations to extend duration, incorporate more case studies, and offer follow-up support for future improvements.

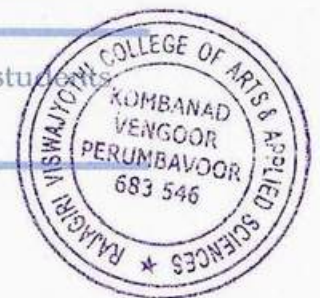




Poster of the Workshop on "Think Outside the Box" problem-solving workshop



Interactive session between the resource person and the students



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: *Think outside the box Workshop on Problem Solving*
 Date: *17-01-24 to 18-01-24*

S I No	Name of Student	Department	Signature
1.	DINO SHIBU	III BBA	<i>[Signature]</i>
2.	farzina S	III BA English	<i>[Signature]</i>
3.	Krishnaraja Manoj	III BA - English	<i>[Signature]</i>
4.	Pracumona V	III BA	<i>[Signature]</i>
5.	NEHA ROSHAN	III BBA	<i>[Signature]</i>
6.	Dilsha C.P	III BBA	<i>[Signature]</i>
7.	Murthas Rahim	III BBA	<i>[Signature]</i>
8.	Elizabeth Joseph	III BBA	<i>[Signature]</i>
9.	ASHEK MATHAN	III BBA	<i>[Signature]</i>
10.	Alenbenay	III BBA	<i>[Signature]</i>



11	MUHAMMED AMAL	III B COM MODEL - 1 FINANCE & TAXATION	<u>Amal</u>
12	Muhammed Shahid	III B com Model - 1 Finance & Taxation	<u>Shahid</u>
13	Nardana PA	III B com Model - 1 Finance & Taxation	<u>Nardana</u>
14	Navami vijikumar	III B com model - 1 Finance & Taxation	<u>Navami</u>
15	Shanishu Nizahu J	III B com Model - 1 Finance & Taxation	<u>Shanishu</u>
16	Tom Jose	III B com Model - 1 Finance & Taxation	<u>Tom Jose</u>
17	Abin Arul	III B com Model - 1 Finance & Taxation	<u>Abin</u>
18	ARUN PS	III B com model - 1 Finance & Taxation	<u>Arun</u>
19	Mumthas S	III B com Model - 1 Finance & Taxation	<u>Mumthas</u>
20	Sainel Mungam	III B com model - 1 Finance & Taxation	<u>Sainel</u>
21	Soraj Sunil	III B COM Model - 1 Finance & Taxation	<u>Soraj</u>
22	Abhinaya Anopi	III B com Model - 2 Finance & Taxation	<u>Abhinaya</u>
23	ABLE SABU	III B COM MODEL 2 FINANCE & TAXATION	<u>Able</u>
24	Aghin Raj	III B com Model - 2 Finance & Taxation	<u>Aghin</u>
25	Alan P Shaju	III B com Model - 2 Finance & Taxation	<u>Alan</u>



26	Alphy J varghese	VI B com model-2 Finance & Taxation	Alphy
27	Anna Mariya Joy	IV B com Model-2 Finance & Taxation	Anna
28	Joseph Anel Ivanios	III B com Model - 2 Finance & Taxation	Joseph Anel
29	Megha Thomas	III B com Model-2 Finance & Taxation	Megha
30	Bejin Abdhose	IV com Model - 2 Finance & Taxation	Bejin
31	Jeffrey Soby	III com Model - 2 Finance & Taxation	Jeffrey
32	Kiran Sethumadhavan	III com model - 2 Finance & Taxation	Kiran
33	Santhi S	VI B com Model 2 Finance & Taxation	Santhi
34	Balamurali Krishna	IV B com Model-2 Logistics	Baluru
35	Abel Antony	IV B com Model-2 Logistics	Abel
36	Abhinaji Sali	VI B com model-2 Logistics	Abhinaji

Principal

[Signature]

Faculty Coordinator

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Perumbavoor

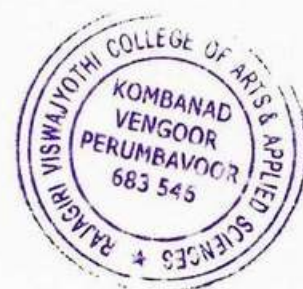




RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on "Adaptive Skills Enhancement Programme "

Programme Details in a Nutshell	
Name of the Event	" Adaptive Skills Enhancement Programme "
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">To equip participants with strategies to adapt to various challenges and changing environments.To Strengthen participants' adaptive communication and teamwork skills
Resource Person	Ms. Priya Baby, CO/Director, LifeTech Solutions, Soft skill trainer
Date And Time	19-09-2023 to 20-09-2023 9.30 AM to 3.30 P M
Duration	10 Hrs
Beneficiaries	30 Students
Venue Or Platform	First Year BCA Lecture Hall, RVCAS
Organizing Dept./ Cell	Department of English in association with IQAC
Coordinator	Mr. Tennyson Thomas, Department of English
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">Participants will demonstrate improved flexibility and resilience in addressing various challengesStudents will exhibit stronger adaptive communication and collaboration abilities



Detailed Report

The "Adaptive Skills Enhancement Programme," conducted on September 19th and 20th, 2023, aimed to develop participants' ability to navigate various challenges and foster effective communication and teamwork. The workshop, led by Ms. Priya Baby, a skilled soft skills trainer and CO/Director at LifeTech Solutions, took place from 9:30 AM to 3:30 PM at the First Year BCA Lecture Hall, RVCAS of Rajagiri Viswajyothi College of Arts and Applied Sciences (RVCAS). The event, spanning 10 hours, catered to 30 students and was organized by the Department of English in association with IQAC, with Mr. Tennyson Thomas serving as the coordinator. The primary objective of the workshop was to equip participants with strategies to adapt to various challenges and changing environments. Ms. Priya Baby guided the students through a series of interactive sessions designed to enhance their flexibility and resilience. Participants engaged in practical exercises and discussions that provided them with tools and techniques to effectively manage and overcome obstacles in diverse situations. The focus was on developing adaptive problem-solving skills that can be applied in both personal and professional contexts.

In addition to problem-solving, the workshop aimed to strengthen participants' adaptive communication and teamwork skills. Through collaborative activities and role-playing scenarios, Ms. Priya Baby facilitated the development of effective communication strategies and improved teamwork dynamics. Students practiced adaptive communication techniques, learning to adjust their communication style to suit different contexts and enhance their ability to work collaboratively with others. These activities were designed to build stronger interpersonal skills and foster a more cohesive team environment.

The outcomes of the workshop were highly positive. Participants demonstrated significant improvement in their ability to address various challenges with increased flexibility and resilience. The practical exercises and strategies provided enabled them to better handle dynamic and changing situations, reflecting the effectiveness of the training. Additionally, students exhibited stronger adaptive communication and collaboration skills. They showed enhanced abilities to interact



effectively and work collaboratively in diverse group settings, underscoring the workshop's success in achieving its objectives.

Mr. Tennyson Thomas, the workshop coordinator, played a crucial role in ensuring the smooth execution of the program. His efforts, combined with Ms. Priya Baby's expertise, contributed to a valuable learning experience for the participants. The workshop successfully met its goals, providing students with essential adaptive skills and fostering a more effective approach to communication and teamwork.

Feedback Report

The "Adaptive Skills Enhancement Programme," held on September 19th and 20th, 2023, received positive feedback from the 30 students who participated. Led by Ms. Priya Baby, the workshop effectively improved participants' flexibility and resilience in tackling various challenges. Students appreciated the interactive sessions and practical exercises that enhanced their adaptive communication and teamwork skills. They reported a noticeable improvement in their ability to navigate dynamic environments and collaborate more effectively with others. The workshop was well-received, with participants valuing the practical strategies and skills gained, making it a successful and impactful experience.





Poster of the Workshop on Adaptive Skills Enhancement Programme



Participants Engaged in Interactive Sessions at the Adaptive Skills Enhancement Programme Workshop



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: *Adaptive Skills Enhancement programme*

Date: *19-9-23 to 20-9-23*

Sl No	Name of Student	Department	Signature
1.	Farzin S	III BA English	<i>Farzin</i>
2.	Dino Shibu	III BBA	<i>Dino</i>
3.	Krishnaja Manoj	III BA English	<i>Krishnaja</i>
4.	GRACEMON A Y	III BBA	<i>Gracemon</i>
5.	Veha Reshin	III BBA	<i>Veha</i>
6.	Dilsha C P	III BBA	<i>Dilsha</i>
7.	Mueethas Rahim	III BBA	<i>Mueethas</i>
8.	Elizabeth Joseph	III BBA	<i>Elizabeth</i>
9.	Asher Matthew	III BBA	<i>Asher</i>
10.	ALEX BENNY	III BBA	<i>Alex</i>



11	Elizabeth Joseph	III BBA	ESa
12	Annammal Manick	III BBA	Annammal
13	Faisal Tankadran	III BBA	Faisal
14	Gracemon AY	III BBA	Grace
15	Mathias Radin	III BBA	Mathias
16	Neha Roshin	III BBA	Neha radin
17	Maunjay Bobby	III BBA	Maunjay
18	Noel Felix	III BBA	Noel Felix
19	Nusayr Niyas	III BBA	Nusayr
20	Punyan Nakshathra	III BBA	Punyan Nakshathra
21	Chanzilla	III BBA	Chanzilla
22	Fazier S	III BBA English	Fazier
23	Kaishnaja Manoj	III BBA English	Kaishnaja
24	Timothy Koshy Varughese	B Com	Timothy
25	Sukhan Sadeek	B. Com	Sukhan
26	Peter Babu	B Com	Peter Babu



27	Raghu Raj	B Com	Raghu Raj
28	Savio Vijo	B Com	Savio Vijo
29	Abhiraj Sali	B Com	Abhiraj
30	Abel Benny	B Com	Abel Benny

Principal



Faculty Coordinator

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on "Soft Skill Training on Emotional Intelligence"

Programme Details in a Nutshell	
Name of the Event	Soft Skill Training on Emotional Intelligence
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">• To enhance participants' self-awareness of their own emotions.• To develop participants' ability to manage their emotions effectively, promoting resilience and stress management.• Build empathy and strong connections.
Resource Person	Mr. Abhilash Joseph, Director, LifeTech Solutions, Training team head, IPCAI
Date and Time	09-03-2023 to 10-03-2023 10.00 AM to 04:30 PM
Duration	12 Hrs
Beneficiaries	32 Students
Venue or Platform	Auditorium, RVCAS
Organising Dept./ Cell	Department of Commerce in association with IQAC
Coordinator	Ms. Sreekala M.M, Assistant Professor, Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">• Participants will demonstrate increased self-awareness• Participants will exhibit improved emotional regulation skills• Participants will develop stronger interpersonal relationships.



Detailed Report

On 9th and 10th March 2023, the Dept. of Commerce in association with IQAC at RVCAS organized a comprehensive workshop titled "Soft Skill Training on Emotional Intelligence". The workshop aimed to equip students with essential emotional intelligence skills to enhance their personal and interpersonal lives. A total of 32 students participated in this day-long event. The workshop commenced with a warm welcome address by Ms. Sreekala M.M., Assistant Professor in the Department of Commerce, setting a positive tone for the day. This was followed by an inspiring inaugural address from Fr. Dipin Karingen CMI, Associate Director, who emphasized the significance of emotional intelligence in today's world. Mr. Abhilash Joseph, the esteemed workshop facilitator, then delivered a captivating keynote address, providing a foundational understanding of emotional intelligence and its relevance to students' lives.

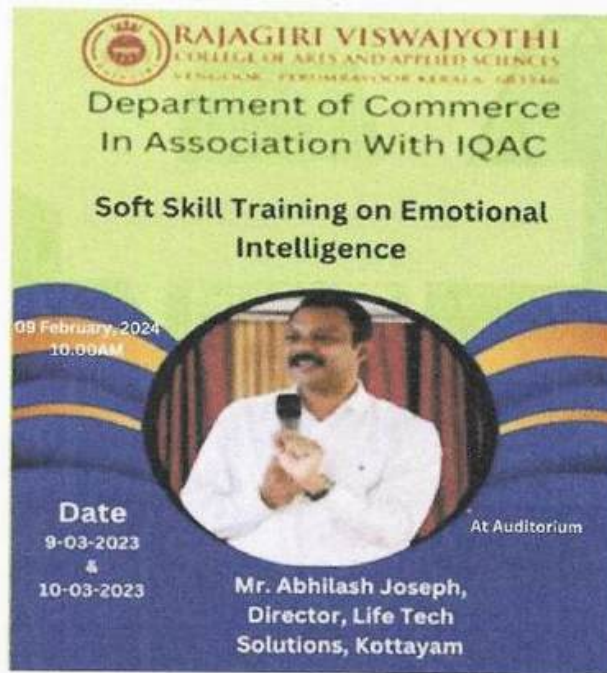
The core of the workshop consisted of two interactive sessions conducted by Mr. Abhilash Joseph. These sessions delved into practical strategies for self-awareness, emotional regulation, and empathy development. Participants actively engaged in group discussions, role-playing activities, and case studies to reinforce their learning. The workshop fostered a supportive environment where students could openly share their experiences and insights. A concluding session featured a vote of thanks delivered by Abhinav Krishna, expressing gratitude to the organizers, facilitator, and participants. The workshop concluded with a prayer, leaving participants inspired and equipped to apply the newly acquired emotional intelligence skills in their personal and academic journeys.



Feedback Report

The " Soft Skill Training on Emotional Intelligence " workshop on emotional intelligence was met with positive feedback from participants. They found the sessions on self-awareness, emotional regulation, and empathy to be highly relevant and beneficial to their personal and academic lives. The interactive nature of the workshop, including group discussions and role-playing activities, enhanced learning and engagement. Participants expressed appreciation for the facilitator's expertise and supportive teaching style. While the overall feedback was positive, some suggestions for improvement included deeper dives into specific topics and the provision of additional resources for continued learning.





Poster of the Workshop "Feel the Power: A Workshop on Emotional Intelligence"



Illuminating Session of the Workshop



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

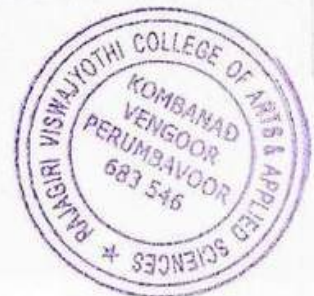
Name of the Program: Soft skill Training on Emotional Intelligence

Date: 09/03/2023

S I No	Name of Student	Department	Signature
1.	Ebin Binu Thottungal	Bcom Logistic	
2.	Mumthas S	III Bcom model 1	
3.	Sooraj Simil	Bcom	
4.	ARUN PS	III Bcom model 1	
5.	Kuriam Vincent Joseph	B com model 1	
6.	Mathew Jose	Bcom model 1	
7.	Thansi by Nisha	III Bcom model 1	
8.	SRUTHI KIRAN SETHU MADHAV	Bcom	
9.		Bcom	
10.	Tom Jose	III Bcom model 1 finance & Taxation	



11	Muhammed Amal	B.Com	Muhammed Amal
12	Muhammed Shahid	B.Com	Shahid
13	Nandana P X	B.Com	Nandana P X
14	NAVAMI VIJIKUMAR	B.Com	Navami
15	Thansiku Nisaku 1	B.Com	Thansiku
16	TOM Jase	B.COM	T.J
17	Ahn Anil	B.Com	Anil
18	Noun P S	B.Com	Noun P S
19	Mumthas S	B.Com	Mumthas S
20	Langul Miryan Momen	B.Com	Langul Miryan
21	Jandara Senthak	B.Com	Jandara Senthak
22	Vidharth Kump	B.Com	Vidharth Kump
23	Sivathmika TS	B.Com	Sivathmika TS
24	Syanna C S	B.Com	Syanna C S
25	Soraj Sunil	B.Com	Soraj Sunil
26	Abhiramya Gopi	B.Com	Abhiramya Gopi



27	Abraham V Kuvuvila	III BBA	Abraham
28	Anjali Sattan	III BBA	Anjali
29	Calvin Thomas	III BBA	Calvin
30	Gautham Shaji	III BBA	Gautham
31	Joseph Mathew	III BBA	Joseph M.
32	Kevin Maswala	III BBA	Kevin

Principal

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Faculty Coordinator

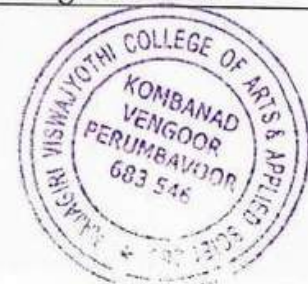
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Vengoor, Perumbavoor-683 546



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on "Practical Training for Leadership Skill Enhancement"

Programme Details in a Nutshell	
Name of the Event	Practical Training for Leadership Skill Enhancement
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">• To cultivate advanced leadership skills• To nurture creative and strategic thinking in leadership• To strengthen confidence and resilience in leadership roles.
Resource Person	Mr. Saju Paul, Motivational Speaker
Date and Time	02-02-2023 to 03-02-2023 9.30 AM to 04.30 PM
Duration	10Hrs
Beneficiaries	54 Students
Venue or Platform	Vengoor Arts Society
Organising Dept./ Cell	Department of Commerce in association with IQAC
Coordinator	Ms. Anju Antony, Assistant Professor, Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">• Participants will demonstrate proficiency in advanced leadership techniques through practical exercises and simulations, effectively applying them to real-world scenarios.• Attendees will develop the ability to generate innovative solutions and formulate strategic plan.• Participant will fostering a culture of collaboration and achievement within their organizations.



Detailed Report

The workshop " Practical Training for Leadership Skill Enhancement," held on February 2nd and 3rd 2023, at Vengoor Arts Society and facilitated by Mr. Saju Paul, Motivational Speaker, was a transformative experience for the 54 participants from various backgrounds. Aimed at cultivating advanced leadership skills, nurturing creative and strategic thinking, and strengthening confidence and resilience, the session proved highly impactful. Through practical exercises and simulations, attendees gained proficiency in advanced leadership techniques, learned to generate innovative solutions, and acquired strategies for fostering collaborative cultures within their organizations. Mr. Saju Paul's expertise and engaging approach ensured that the workshop not only imparted theoretical knowledge but also equipped participants with practical tools applicable to real-world leadership challenges.

The event successfully empowered participants to elevate their leadership artistry and make substantial contributions to their professional domains. Throughout the workshop, Ms. Anju Antony and the organizing team ensured a supportive environment conducive to learning and personal growth. Participants engaged enthusiastically in group projects that challenged them to apply leadership principles creatively, promoting teamwork and innovation. By the workshop's conclusion, attendees expressed heightened confidence in their ability to lead effectively, citing the workshop's practical approach and hands-on learning activities as particularly impactful.

As the workshop drew to a close, participants expressed newfound determination to apply the strategies and insights gained. They spoke enthusiastically about integrating innovative approaches into their leadership practices, fostering collaborative cultures within their organizations, and driving meaningful change. The session's impact extends beyond mere skill acquisition; it has equipped these emerging leaders with a comprehensive toolkit to navigate complexities, inspire teams, and achieve sustainable success. By empowering participants to embrace their roles with clarity and purpose, the workshop has laid a solid foundation for continued growth and leadership excellence in their professional journeys.




Feedback Report


The workshop held on February 2 and 3, 2023, at Vengoor Arts Society under the guidance of Mr. Saju Paul, garnered positive feedback from its 54 participants. Attendees praised the workshop for effectively achieving its objectives of enhancing advanced leadership skills, fostering creative and strategic thinking, and building confidence and resilience in leadership roles. Participants appreciated Mr. Saju Paul's expertise and engaging presentation style, which brought practical insights from his political experience into discussions on leadership dynamics.

The interactive format, including practical exercises and simulations, was highlighted as particularly beneficial, allowing participants to apply newly acquired skills in simulated real-world scenarios. Feedback indicated that the workshop not only enriched participants' understanding of leadership principles but also equipped them with actionable strategies to drive innovation and collaboration within their organizations. The workshop was widely regarded as a valuable learning experience, empowering participants to enhance their leadership effectiveness and contribute positively to their professional environments.




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 COLLEGE OF ARTS AND APPLIED SCIENCES
 VENGGOOR, PERUMBAVOOR KERALA - 683544

Department of Commerce with IQAC




Limited Seat!

With Mr. Saju Paul

Motivational Speaker

Workshop on Practical Training for Leadership Skill Enhancement
 Discover Effective Leadership Strategies

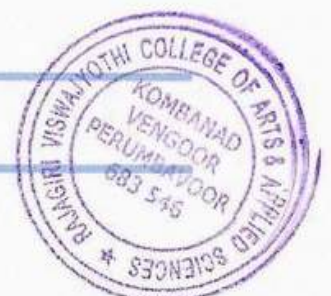
02-02-2023 to
03-02-2023

Vengoor Arts Society

rajagiriviswajyothi.org

Poster of workshop on Practical Training for Leadership Skill Enhancement



Resource Person Leading the Session



Participant's List

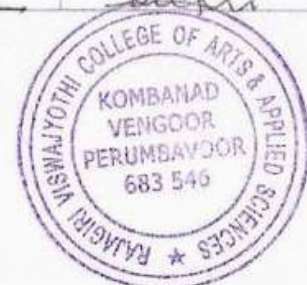






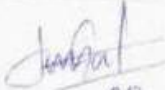

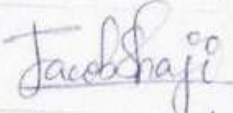




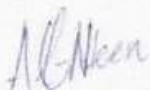
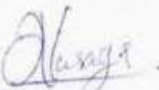


RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: Practical Training for Leadership Skill

Date: 02/02/2023 Enhancement

S/No	Name of Student	Department	Signature
1.	Megha Thomas	Bcom	Megha Thomas
2.	Anakha Shaji	Bcom model 1	Anakha
3.	Nikhil Paulose	Bcom model 1	Nikhil P
4.	Joslin Jose	Bcom model 1	Joslin
5.	MELVIN P THOMAS	Bcom model 1	Melvin
6.	Akash km	Bcom model 1	Akash
7.	Apoth Saju	Bcom model 1	Apoth
8.	Alex Binoy	Bcom logistics	Alex
9.	A Anant	Bcom logistics	A Anant
10.	Sreethi J	Bcom model 2	Sreethi



11	Akhsay Nath Ps	Final year Bcom Model 1 Finance & Taxation	
12	Alan Mathew Vt	Final year Bcom model 1 Finance & Taxation	
13	Aceena Joseph	Final year Bcom model 1 Finance & Taxation	
14	Ajitha fathima	First Year B.Com model 1 Finance & Taxation	
15	Jugal Omman Zachariah	Bcom final year model 1 Finance & Taxation.	
16	Muhammad Kasif Os	Bcom final year model 1 Finance & Taxation	
17	Jacob Shaji ^{oo}	Bcom final year Model 1 Finance & Taxation	
18	Aiswarya K	Bcom final year Model 1 Finance & Taxation	
19	Adhil Salah M	First Year Bcom model 2 Logistics	
20	Ajith Sajju	First Year Bcom model 2 Logistics	
21	Akash km	First Year Bcom model 2 Logistics	
22	Al Ameen	First Year Bcom Model 2 Logistics	
23	Nusays Niyas	First Year Bcom Model 2 Logistics	
24	Elizabeth Joseph	BBA Final Year	
25	Abithand K B	BBA Final Year	



26	Anna Alice Jose	BBA Final Year	<u>Anna</u>
27	Fazrin S	BBA Final Year	<u>Fazrin</u>
28	Sivaram	BBA Final Year	<u>Sivaram</u>
29	Ashyan	BBA Final Year	<u>Ashyan</u>
30	Snehin John	BBA Final Year	<u>Snehin</u>
31	Michael Mayyan Soji	BBA Final Year	<u>Michael</u>
32	Agustin Kb	B.COM Final Year Model 1 Finance and Taxation	<u>Agustin</u>
33	Gikson V Soji	B Com Final Year Model 1 Finance & Taxation	<u>Gikson</u>
34	Megha M	B Com Final Year Model 1 Finance & Taxation	<u>Megha</u>
35	Joseph Jay	B Com Final Year Model 1 Finance & Taxation	<u>Joseph</u>
36	Akshay Nath PS	B Com Final Year Model 1 Finance & Taxation	<u>Akshay</u>
37	Alan Mathews VE	B Com Finance & Taxation Final Year Model 1	<u>Alan</u>
38	Aleena Joseph	B Com Final Year Model 1 Finance and Taxation	<u>Aleena</u>
39	Sowan Francis	B Com Final Year Model 1 Finance & Taxation	<u>Sowan</u>
40	Mathew Jose	B Com Final Year Model 1 Finance and Taxation	<u>Mathew</u>



41	Melvin P Thomas	B COM Final Year Model 1 Finance & Taxation	Melvin
42	Angel Joy	B Com Final Year Model 1 Finance and Taxation	Angel
43	Don Paul	B com final Year Model 1 finance and Taxation	Paul
44	Joyal Jimmy	B com final Year Model 1 finance and Taxation	Joyal
45	Krishna Priya ps	B com final year Model 1 finance and Taxation	Krishna 2
46	Mathew Jose	B com final year Model 1 Finance and Taxation	Mathew
47	Jovan Francis	B com final year Model 1 Finance and Taxation	Jovan
48	Sithal Joy	B Com final year Model 1 Finance & Taxation	Sithal
49	Nikhil Poulose	B Com Final Year Model 1 Finance & Taxation	Nikhil
50	Jacelin Jose	B Com Final Year Model 1 Finance and Taxation	Jacelin
51	Stephen Sunny	B Com Final Year Model 1 Finance & Taxation	Stephen
52	Christy George	B Com Final Year Model 1 Finance and Taxation	Christy
53	Mathew B - walil	B Com Final Year Model 1 Finance & Taxation	Mathew B
54	Georgu M Baly	B B A Final Year	Georgu


Principal




Faculty Convener




Joy P. Joseph, Ph.D
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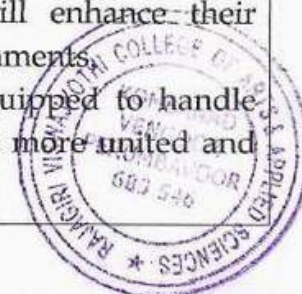

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Two Day Capacity Building Programme on Enhancing Team Work Skills

Programme Details in a Nutshell	
Name of the Event	Two Day Capacity Building Programme on Enhancing Team Work Skills
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> • To develop participants' abilities to collaborate effectively and communicate clearly within teams. • To educate attendees various skills for solving problems and making their teams work better together.
Resource Person	Mr. Mohammed Ziyad. Psychologist and Research Scholar Calicut University
Date and Time	10-03-2022 to 11-03-2022 9.30 AM to 4.30 PM
Duration	12 Hrs
Beneficiaries	35 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Department of English in association with IQAC
Coordinator	Ms. Febi Abraham, Assistant Professor, Department of English
Outcome/ Benefit of the Programme	<ul style="list-style-type: none"> • Participants will gain communication and collaboration skills that will enhance their effectiveness in team environments. • They will also be better equipped to handle conflicts and contribute to a more united and productive team.



Detailed Report

The department of English in association with IQAC conducted a “Two-day Capacity Building Programme on Enhancing Teamwork Skills” and it was held on 10-03-2022 to 11-03-2022. It aimed to develop participants abilities to collaborate effectively and communicate clearly within teams. It also focused on teaching practical problem-solving skills to improve team dynamics. Mr. Mohammed Ziyad, a psychologist and research scholar from Calicut University, served as the resource person for the workshop. His valuable insights into effective teamwork and conflict resolution, greatly enriching the participants' learning experience. The workshop provided a comprehensive 12-hour training session that included interactive activities and expert insights. Mr. Mohammed Ziyad emphasised the importance of effective communication, conflict resolution, collaborative strategies, building trust, team dynamics and problem solving techniques.

The workshop, held in college auditorium was coordinated by Ms. Febi Abraham under the oversight of the IQAC. Participants gained enhanced communication and collaboration skills, better equipping them to handle conflicts and contribute to a more cohesive and productive team environment. Participants also engaged in activities aimed at building trust among team members, understanding team dynamics, and developing problem-solving skills. Additionally, the programme provided methods for giving and receiving constructive feedback and included team-building exercises to strengthen group cohesion.

The event successfully equipped the 35 student participants with valuable skills. By the end of the workshop, attendees had gained practical tools to enhance their teamwork capabilities, resulting in improved communication, better conflict resolution, and a more unified and productive team environment. The workshop's structured approach and Mr. Mohammed Ziyad's expertise provided a comprehensive learning experience that will benefit participants in their future academic and professional endeavors.



Feedback Report

The Capacity Building Programme on Enhancing Teamwork Skills, conducted on March 10 and 11, 2022, received excellent feedback from participants. Attendees found the practical exercises and interactive discussions highly effective in enhancing their communication, collaboration, and conflict resolution skills. The comprehensive coverage of topics such as trust-building and problem-solving contributed significantly to their understanding and application of teamwork principles. Participants appreciated the supportive and organized learning environment, which facilitated meaningful interaction and practical application of new skills. The workshop was considered a valuable experience that equipped attendees with essential tools for effective teamwork, reflecting the event's success in meeting its objectives and positively impacting all involved.





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VENGOOR . PERUMBAVOOR KERALA- 683546

**Department of English
In Association With IQAC
Capacity Building Program
on Enhancing Teamwork
Skills**

10-03-2022 & 11-03-2022



Mr Mohammed Ziyad
Psychologist and
Research Scholar

**Poster of the Capacity Building Programme on Enhancing
Team Work Skills**



Interactive Session of the Workshop



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: CAPACITY BUILDING PROGRAMME ON ENHANCING
Date: 10/03/2022 TEAM WORK SKILLS.

S I No	Name of Student	Department	Signature
1.	Jassin S	III BA English	
2.	Dino Sibin	III BBA	
3.	Krishna Rajat	III BA English	
4.	BRACEMONAY	III BBA	
5.	Neha Rashin	III BBA	
6.	Dilsha C.P	III BBA	
7.	Musthas Rahim	III BBA	
8.	Elizabeth Joseph	III BBA	
9.	Asher Matthew	III BBA	
10.	ALEX BENNY	III BBA	



11	Muhammed Smal	III B.com	Muhammed
12	Muhammed Shahid	III B.Com	Muhammed
13	Nantana . P.A	III B. Com	Nantana P.A
14	Narvani Vjikumar	III B. Com	Narvani
15	Thansibu Nishu	III B. Com	Thansibu
16	Tom Jose	III B. Com	Tom Jose
17	Abin Anil	III B. Com	Abin
18	Arun PS	III B. Com	Arun PS
19	Mumthas S	III B. Com	Mumthas
20	Saigel Maryam Mammen	III B. Com	Saigel Mammen
21	Randhra Venkath	III B. Com	Randhra
22	Radhath A Kump	III B. Com	Radhath Kump
23	Sivathmika Tg	III B. Com	STB
24	Siyanna CS	III B. Com	Siyanna CS
25	Seeraj Sunil	III B. Com	Seeraj Sunil
26	Abhimanyu Gopi	III B. Com	Abhimanyu Gopi



27	Able Sabu	III B.com	<i>Able Sabu</i>
28	Aghin Raja	III B.COM	<i>Aghin Raja</i>
29	Alan P Shaju	B.com	<i>Alan P Shaju</i>
30	Alphy J Varghese	IV B.Com	<i>Alphy J Varghese</i>
31	Anna Mariya Joy	III B.com	<i>Anna Mariya Joy</i>
32	Joseph Anil Francis	III B.COM	<i>Joseph Anil Francis</i>
33	Megha Thomas	III B.com	<i>Megha Thomas</i>
34	Benin Edhose	III B.com	<i>Benin Edhose</i>
35	Jeffrey Tobey	IV B.Com	<i>Jeffrey Tobey</i>

Principal

Faculty Coordinator

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Time Management Strategies

Programme Details in a Nutshell	
Name of the Event	Time Management Strategies
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with effective techniques for prioritizing tasks and managing their schedules efficiently. To educate practical tools to enhance productivity and reduce stress through improved time management.
Resource Person	Ms. Arya T. P Research Scholar, Kerala University Trivandrum
Date and Time	22-02-2022 to 23-02-2022 9.30 AM to 4.30 PM
Duration	12 Hrs
Beneficiaries	38 Students
Venue or Platform	3 rd Year B.Com Lecture Hall, RVCAS
Organizing Dept./ Cell	Department of Business Administration in association with IQAC
Coordinator	Mr Jithu Philip, Assistant Professor, Department of Business Administration
Outcome/ Benefit of the Programme	<ul style="list-style-type: none"> Participants will develop the ability to prioritize tasks and create efficient schedules that enhance productivity. Attendees will gain practical tools and strategies to manage their time effectively, leading to reduced stress and improved overall performance.



Detailed Report

A Workshop on "Time Management Strategies," was organized by the Department of Business Administration in association with the Internal Quality Assurance Cell (IQAC) and was held on February 22nd and 23rd, 2022. The workshop took place in the 3rd Year B. Com Lecture Hall and it was coordinated by Mr Jithu Philip. The workshop aimed to enhance participant's ability to manage their time more effectively. Ms. Arya T. P, a Research Scholar from Kerala University, Trivandrum, served as the resource person for the workshop. Ms. Arya brought extensive expertise in time management and productivity, providing attendees with valuable insights and practical advice. Her sessions equipped participants with techniques for prioritizing tasks and managing schedules efficiently and to introduce practical tools to improve productivity and reduce stress.

During the workshop, a variety of topics were covered to ensure a comprehensive understanding of time management. The sessions began with an introduction to the significance of effective time management in both personal and professional contexts. Participants learned to identify common time-wasting habits and their impact on productivity. Attendees were also educated on developing effective daily, weekly, and monthly schedules and utilizing tools and apps to streamline their planning processes. The workshop highlighted how effective time management can significantly reduce stress and improve overall well-being by balancing work, study, and personal life.

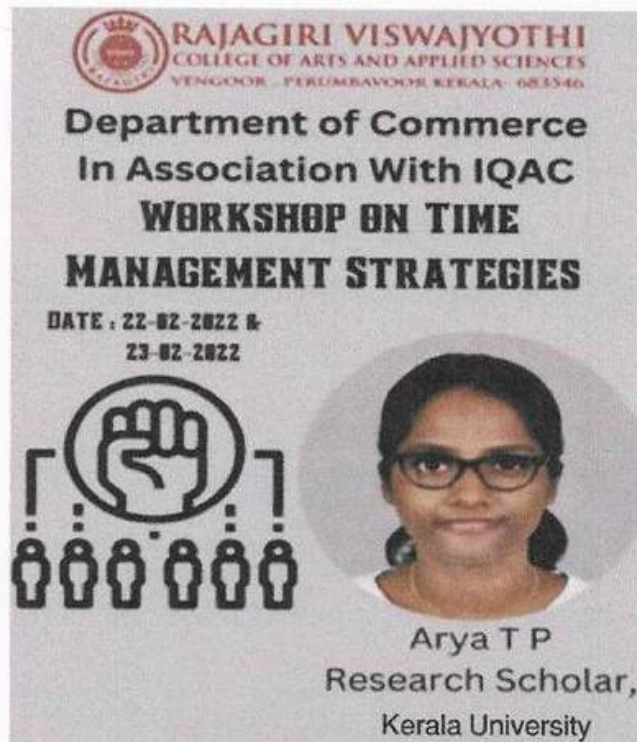
The outcome of the workshop was positive. Participants demonstrated a clear understanding of how to prioritize tasks and create efficient schedules, leading to enhanced productivity. The practical tools and strategies shared during the sessions empowered attendees to manage their time more effectively, resulting in reduced stress and improved performance in their academic and personal endeavors. The workshop successfully achieved its objectives and provided valuable skills that will benefit the students in their future endeavors.



Feedback Report

The "Workshop on Time Management Strategies" was a great success and received positive feedback from all participants. Ms. Arya T. P did an excellent job explaining how to manage time better, covering everything from setting priorities to overcoming procrastination. Her engaging sessions provided practical tools that the students found immediately useful. Participants felt that the workshop made a real difference in their productivity and stress levels. They appreciated learning new techniques that helped them organize their time more effectively. The workshop was very beneficial and met its goals, leaving everyone with valuable skills for their academic and personal lives.





Poster of the Workshop on Time Management Strategies



Interactive Segment of the Workshop



Participant's List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: Workshop on Time Management Strategies

Date: 22/02/2022

S I No	Name of Student	Department	Signature
1.	Asher Mathew	III BBA	
2.	FARSIN S	III BA English	
3.	Dino Shibu	III BBA	
4.	Alan P Shaju	III Bcom model 2 Finance & Taxation	
5.	Megha Thomas	III Bcom model 2 Finance & Taxation	
6.	Noel Edwin	III Bcom	
7.	Merthas Srin	III BB-A	
8.	Ahly Sabu	III BCOM model 2	
9.	Alphy F Varghese	III Bcom model 2	
10.	Abhinav Nopi	III Bcom model 2 Finance & Taxation	



11	Muhammed Amal	III B.com	Muhammed
12	Muhammed Shahid	III B.com	Muhammed
13	Nandana . P.A	III B.com	Nandana P.A
14	Navami Vijayakumar	III B.com	Navami
15	Thansihu Nbalu	III B.com	Thansihu
16	Tom Jose	III B.com	Tom Jose
17	Abin Anil	III B.com	Abin
18	Arun PS	III B.com	Arun PS
19	Murthas S	III B.com	Murthas
20	Saingel Marym Mammen	III B.com	Saingel
21	Randhrajanth	III B.com	Randhrajanth
22	Radhaith A Kump	III B.com	Radhaith Kump
23	Sivathimika Tg	III B.com	STIS
24	Siyanna CS	III B.com	Siyanna CS
25	Seeraj Sunil	III B.com	Seeraj Sunil
26	Abhimanyu Gopi	III B.com	Abhimanyu Gopi



27	Aghin Raj	III BCOM Model 2 Financial and Taxation	<i>Aghin</i>
28	Alan P Shaju	III B-com model 2 financial and Taxation	<i>Alan</i>
29	Alphy J Varghese	III B-com model 2 Finance and Taxation	<i>Alphy</i>
30	Anna Mariya	III Bcom model 2 Finance and Taxation	<i>Anna</i>
31	Joseph Anel	III Bcom model 2 Finance and Taxation	<i>Joseph</i>
32	Megha Thomas	III Bcome model 2 Finance and Taxation	<i>Megha</i>
33	Jeffrey Johny	III Bcome model 2 Finance and Taxation	<i>Jeffrey</i>
34	Akshay S	III BBA	<i>Akshay</i>
35	Ashes Mathew	III BBA	<i>Ashes</i>
36	Arthul Krishnan	III BBA	<i>Arthul</i>
37	Devadathan	III BBA	<i>Devadathan</i>
38	Dino Shibu	III BBA	<i>Dino</i>

Principal

Joy P Joseph

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Dino

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Strategies for Effective Time Management and increasing Productivity while Staying at Home.

Programme Details in a Nutshell	
Name of the Event	Strategies for Effective Time Management and increasing Productivity while Staying at Home.
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with practical strategies and tools for managing their time effectively while studying from home. To enhance attendees' productivity by providing techniques to overcome common distractions and establish a productive home environment.
Resource person	Ms. Pavithralakshmi, Psychologist, Sree Vivekananda Memorial Public School, Aralummodu, Trivandrum
Date and Time	21-07-2020, 9.30 AM to 4.30 PM
Duration	6 Hrs
Beneficiaries	29 Students
Venue or Platform	Google Meet
Organizing Dept./ Cell	Department of Commerce in association with IQAC
Coordinator	Ms. Sreeka Chandran, Assistant Professor Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none"> Participants will develop personalized time management plans that align with their individual schedules and responsibilities It will enable them to maintain high levels of productivity and balance work or study commitments with personal life effectively.



Detailed Report

Department of Commerce, in collaboration with IQAC conducted an informative workshop titled "Strategies for Effective Time Management and Increasing Productivity while Staying at Home" at Rajagiri Viswajyothi College on July 21st, 2020. Hosted via Google Meet, the workshop spanned from 9:30 AM to 4:30 PM, lasting a total of 6 hours. The session engaged 35 students and was led by Ms. Pavithralakshmi, a psychologist from Sree Vivekananda Memorial Public School, Aralummodu, Trivandrum. The workshop was coordinated by Ms. Sreeka Chandran, Assistant Professor, Department of Commerce.

The primary objective of the workshop was to equip participants with practical strategies and tools for managing their time effectively while studying from home. Ms. Pavithralakshmi provided valuable insights into creating personalized time management plans that align with individual schedules and responsibilities. The session covered various techniques for prioritizing tasks, setting achievable goals, and developing routines that enhance productivity. Participants engaged in interactive activities and discussions to apply these strategies to their personal situations, gaining practical skills to better organize their time and tasks.

Another aim was to enhance attendees' productivity by providing techniques to overcome common distractions and establish a productive home environment. Ms. Pavithralakshmi offered strategies for minimizing distractions, creating a designated study space, and maintaining a balance between work or study commitments and personal life. The workshop included practical advice on managing interruptions and maintaining focus, helping participants to develop an effective home workspace that supports their productivity.

Participants had successfully developed personalized time management plans tailored to their individual needs, resulting in improved organization and reduced procrastination. Additionally, attendees reported increased productivity and better balance between their work or study responsibilities and personal life. The workshop provided students with valuable tools and techniques to enhance their time

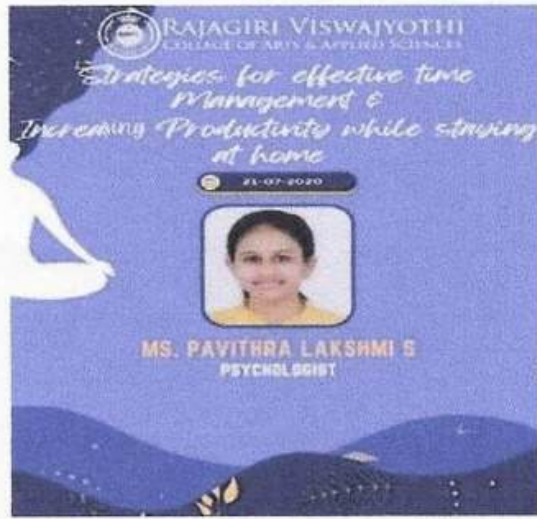


management skills and create a conducive environment for effective study and work from home.

Feedback Report

The "Strategies for Effective Time Management and Increasing Productivity while Staying at Home" workshop was met with positive feedback from participants, who found it highly practical and beneficial. Ms. Pavithralakshmi's expert guidance on creating personalized time management plans and establishing a productive home environment was particularly well-received, as it offered actionable strategies to tackle common challenges faced while studying from home. Attendees appreciated the interactive nature of the workshop and the focus on overcoming distractions, which significantly enhanced their ability to manage their time effectively and maintain high levels of productivity. The workshop was deemed an invaluable resource for improving organizational skills and achieving a balanced approach to work and personal life.





Poster of the Workshop on Strategies for Effective Time Management and increasing Productivity while Staying at Home



Screenshot of the Workshop

Participants' List



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES, VENGOOR, PERUMBAVOOR

Name of the Program: *Strategies for Effective Time Management*
Date: *31/07/2020* and *Increasing Productivity While Staying at Home*

Sl No	Name of Student	Department
1.	NANDANA PA	B.COM
2.	TOM JOSE	B.COM
3.	NIKHIL	B.COM
4.	ANJALIM	3 rd Year BBA
5.	FAIZ K T	B.COM LOGISTICS
6.	JOSVIN JOSEPH	3 rd Year BBA
7.	ABRAHAM V KURUVILA	3 rd Year BBA
8.	DON PAUL	B.COM MODEL 1
9.	JOEL JOJI	B.COM LOGISTICS
10.	KRISHNENTHU SURESHKUMAR	B.COM LOGISTICS
11.	JOHN JOSEPH MULERIKAL	B.COM LOGISTICS
12.	ANGEL JOY	B.COM MODEL 1
13.	MOHAMMED FASEEH P.	B.COM LOGISTICS
14.	ASHLEY VARGHESE	B.COM MODEL 1
	JITOMON THANKACHAN	B.COM MODEL 1



16.	AJITH NAIR	B.COM
17.	CALVIN THOMAS	BBA
18.	JITHUL JOY	B.COM MODEL 1
19.	GAUTHAM SHAJI	2 nd Year BBA
20.	NIHAL ROSHAN	B.COM LOGISTICS
21.	NIVEDHITHA BHASI	B.COM LOGISTICS
22.	MELVIN P THOMAS	B.COM MODEL 1
23.	KURIAN VINCENT ALAPATT	B.COM MODEL 1
24.	ADHIL SALAH M	B.COM LOGISTICS
25.	NIVEDITHA	B.COM LOGISTICS
26.	AJITH SAJU	B.COM LOGISTICS
27.	SANDHRA SANTHOSH	B.COM LOGISTICS
28.	AKASH KM	B.COM LOGISTICS
29.	AGHIN RAJ	B.COM LOGISTICS

Principal

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Faculty Coordinator



RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Yoga Training for Stress Management

Programme Details in a nutshell	
Name of the Event	Yoga Training for Stress Management
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">To introduce participants to mindfulness and relaxation techniques through yoga.To empower participants with strategies for incorporating yoga into their stress management routines
Resource Person	Mr. Anup Jain, Yoga Trainer, SSV College, Valayanchirangara
Date and Time	02-02-2020 to 03-02-2020 9.30 AM to 4.30 PM
Duration	12 Hrs
Beneficiaries	27 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Dept. Of Commerce in association with IQAC
Coordinator	Ms. Sreeka Chandran, Assistant Professor, Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">Participants will independently practice yoga poses and routines.Participants will report decreased stress levels and improved mental clarity.



Detailed Report

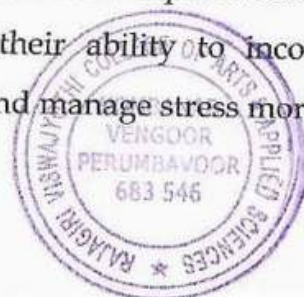
The Yoga Training for Stress Management Workshop was a comprehensive program designed to equip participants with practical tools for managing stress and promoting overall well-being. Held over two days, February 2nd & 3rd, 2020, the workshop provided a structured approach to learning yoga techniques, mindfulness practices, and stress reduction strategies.

The workshop curriculum was carefully designed to cater to participants of all levels, from beginners to those with some prior yoga experience. The sessions were led by Mr. Anup Jain, a yoga instructor with a deep understanding of the physical, mental, and emotional benefits of yoga. Under Mr. Anup Jain's guidance, participants learned a variety of yoga poses, breathing techniques, and meditation practices that are specifically designed to reduce stress and promote relaxation.

The workshop emphasized the importance of mindfulness, which involves paying attention to the present moment without judgment. Participants learned how to cultivate mindfulness through guided meditation exercises, deep breathing techniques, and body awareness practices. By developing mindfulness skills, participants were able to become more present in their daily lives, reducing stress and improving their overall sense of well-being.

It provided participants with valuable information about the science of stress and its impact on the body and mind. Participants learned about the physiological effects of stress, such as increased cortisol levels and weakened immune system, and how yoga can help to counteract these negative effects.

Throughout the workshop, participants had ample opportunities to practice the techniques they learned in a supportive and encouraging environment. The workshop also included group discussions and sharing sessions, where participants could connect with each other and learn from their experiences. By the end of the workshop, participants felt confident in their ability to incorporate yoga and mindfulness practices into their daily lives and manage stress more effectively.



Feedback Report

The Yoga Training for Stress Management Workshop was a highly successful program that provided participants with valuable tools for improving their physical and mental health. The workshop's focus on yoga, mindfulness, and stress management techniques made it a valuable resource for individuals seeking to enhance their well-being and lead more fulfilling lives. Participants reported significant reductions in stress levels, improved sleep quality, and increased feelings of relaxation and calmness. The workshop's emphasis on practical application and personalized guidance allowed participants to develop sustainable stress management practices that they could incorporate into their daily routines.





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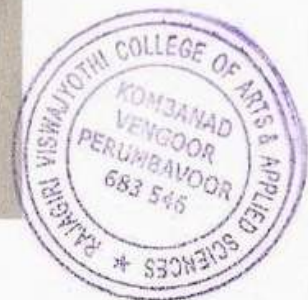
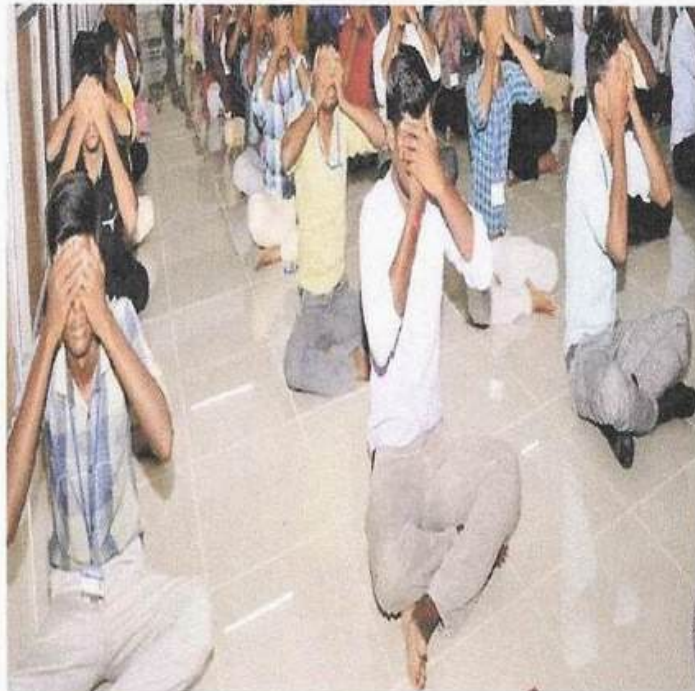
Yoga Training for Stress Management
02-02-2020 to 03-02-2020



Mr. Anup Jain

At 9.30 AM
to 4.30 PM
At Auditorium,
RVCAS

Poster of the Workshop



Students Practicing Yoga

Participants List

1 Yoga - Leadership for Stress Management

Date 02-02-2020 to 03-02-2020.

1. Aileen Varghese	Broom model 1	Aileen
2. TANAN FRANCIS	Broom model 1	Tanan
3 ANHEL JOY	Broom model 1	Angel Joy
4. Anil Rajeev	Broom model 1	Anil
5. Joyal Jimmy	Broom model 1	Joyal
6 Christy George	Broom model 1	CHRISTY
4. KRISHNAPRIMA DS	Broom model 1	KRISHNA
8. Don Paul	Broom model 1	Don Paul
9. Jithin Jay	Broom model 1	Jithin
10. Mathan Bitoulil	Broom model 1	Mathan
12. Mathan Jee	Broom model 1	Mathan
12. Nikhil Pralosa	Broom model 1	Nikhil



- | | | |
|-----------------------------|----------------------|------------------------|
| Nandana P A | III BCOM MODEL 1 | <u>Nandana</u> |
| 1. Navomi Vijkumar | III B.com model 1 | <u>Navomi</u> |
| 15. Thansiku Nisaku J | III B.com Model 1 | <u>Thansiku J</u> |
| 16. Tom Pose | III B.com Model 1 | <u>Pose</u> |
| 17. Abin Anil | III B.com Model 1 | <u>Abin Anil</u> |
| 18. Arun P S | III B.com Model 1 | <u>Arun P S</u> |
| 19. Munnthas J | III B.com Model 1 | <u>Munnthas</u> |
| 20. Sangal Maryam
Mammen | III B.com Model 1 | <u>Sangal Maryam</u> |
| 21. Jandha Jandhosh | III B.com Model 1 | <u>Jandha Jandhosh</u> |
| 22. Sidharth A
Kurup | III B.com Model 1 | <u>Sidharth AK</u> |
| 23. Sivathmika T.S | III B.com Model 1 | <u>Sivathmika T.S</u> |
| 24. Shiyanna C. S | III B.com Model 1 | <u>Shiyanna C.S</u> |
| 25. Sooraj Sunil | III B.com
Model 1 | <u>Sooraj Sunil</u> |



26. NAVEED ZAMAN E B.COM LOG

Navid Zaman

27. Nihal Kothan B.COM LOG

Nihal

Joy P. Joseph

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Ernakulam (DR) 683246



Dr. D.

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Skill Enhancement Programme on Leadership and Positive Thinking

Program Details in a nutshell	
Name of the Event	Skill Enhancement Programme on Leadership and Positive Thinking
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with the essential skills and knowledge to develop effective leadership qualities. To foster a positive mind set and cultivate resilience among participants
Resource Person	Ms.Ardra S, Psychologist
Date and Time	14-01-2020 to 15-01-2020 9.30 AM to 4.30.P M
Duration	12 Hrs
Beneficiaries	32 Students
Venue or Platform	2 nd Year B.Com Finance and Taxation, RVCAS
Organising Dept./ Cell	Department of English in association with IQAC
Coordinator	Ms. Reema Ann Roy, Assist. Prof. Department of English
Outcome/ Benefit of the programme	<ul style="list-style-type: none"> Participants will demonstrate improved leadership skills, such as effective communication, decision-making, and team building. Participants will exhibit a more positive outlook on life, increased resilience, and a greater ability to overcome challenges.



Detailed Report

The Skill Enhancement Programme on Leadership and Positive Thinking was a comprehensive workshop designed to equip participants with the essential skills and knowledge for effective leadership and personal growth. Held on January 14th to 15th 2020, the workshop featured a range of interactive activities, group discussions, and presentations led by Ms. Ardra S, a qualified psychologist.

The workshop began with an introduction to the concepts of leadership and positive thinking, exploring the key characteristics of effective leaders and the impact of a positive mind set on personal and professional success. Participants engaged in various activities to enhance their leadership skills, such as role-playing exercises, case studies, and group problem-solving tasks.

The key focus of the workshop was on developing resilience, a crucial trait for overcoming challenges and setbacks. Participants learned strategies for building resilience, including cultivating a growth mind set, practicing self-care, and developing a strong support network. Effective communication and interpersonal skills were also emphasized, with participants learning about different communication styles, active listening, and giving and receiving feedback constructively.

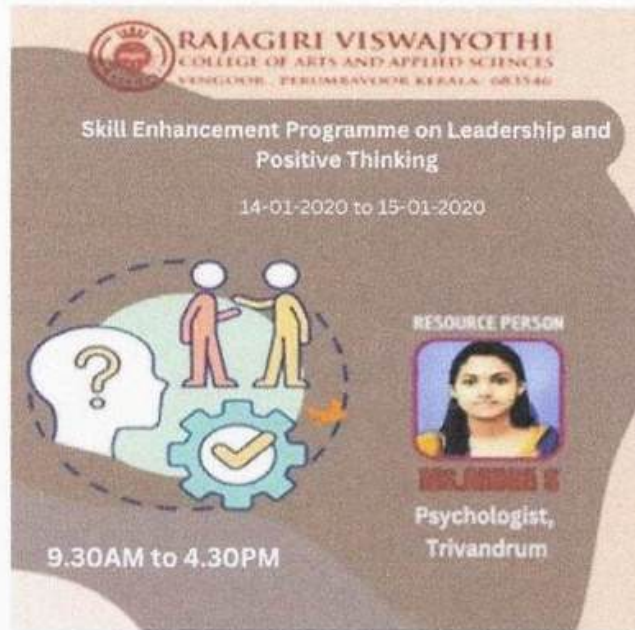
The Skill Enhancement Programme on Leadership and Positive Thinking was a valuable learning experience for all participants. The workshop provided them with the knowledge and skills they need to become more effective leaders and cultivate a positive mind-set. The interactive and engaging format of the workshop made the learning experience enjoyable and memorable.



Feedback Report

The Skill Enhancement Programme on Leadership and Positive Thinking was a highly successful workshop that provided participants with valuable insights and practical tools for developing effective leadership qualities and cultivating a positive mindset. The workshop's interactive format and experienced facilitator created a conducive learning environment, allowing participants to engage actively and apply the concepts learned to real-world scenarios. Participants reported significant improvements in their communication skills, decision-making abilities, and overall confidence. The workshop's focus on positive thinking and resilience provided participants with valuable strategies for overcoming challenges and maintaining a positive outlook.





Poster of the workshop on Skill Enhancement Programme on Leadership and Positive Thinking




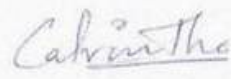
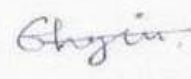

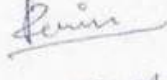

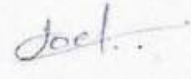
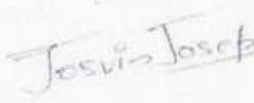




Session led by the resource person on Leadership and Positive Thinking for the Skill Enhancement Programme

Participants List

1 Skill Enhancement programme on
Leadership and positive thinking

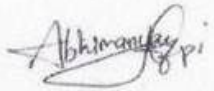
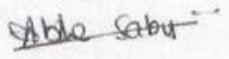



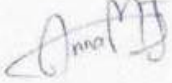
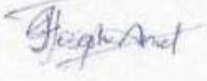
Date: 14-01-20 to 15-01-20

- | | | |
|-----------------------|----------------------|---|
| 1. Abhinav V Kuruvila | III BBA |  |
| 2. Akheay B Anil | III BBA |  |
| 3. Anjali Salian | III BBA |  |
| 4. Calvin Thomas | III BBA |  |
| 5. Gaithan Shaji | III BBA |  |
| 6. Joseph Mathew | III BBA |  |
| 7. Kevin Marshall | III BBA |  |
| 8. Krishnamoorthy C | III BBA |  |
| 9. Joel Zorly | III BBA |  |
| 10. JOSVINT JOSEPH | III B.com
model 1 |  |
| 11. Muhammed Anaf | III Bcom
model 1 |  |
| 12. Mahammed Shalid | III Bcom
model 1 |  |



- | | | | |
|-----|--------------------------|----------------------|----------------------------|
| | Nandana P A | III B.com Model 1 | Nandana |
| 7. | Navami vijkumar | III B.com Model 1 | Navami Vijkumar |
| 15. | Thansiku
Nisaku J | III B.com
Model 1 | Thansiku J |
| 16. | Tom Jose | III B.com Model 1 | TJ |
| 17. | Abin Amal | III B.com Model 1 | Abin |
| 18. | Pran PS | III B.com Model 1 | Pran |
| 19. | Mumthas. S | III B.com Model 1 | Mumthas |
| 20. | Sainjel Maryam
Mamman | III B.com Model 1 | Sainjel Maryam |
| 21. | Sandra Santhosh | III B.com Model 1 | Sandra Santhosh |
| 22. | Shidharth A
Krupa | III B.com
Model 1 | Shidharth |
| 23. | Jivathmika T. J | III B.com Model 1 | Jivathmika |
| 24. | SIYANNA CS | III B.COM MODEL 1 | SIYANNA |
| 25. | Sarvag Sunil | III B.com Model 1 | Sarvag |

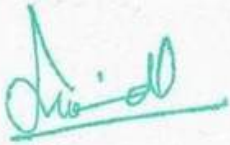


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|----------------------------|-------------------|---|
| 26. Abhimanyu Gopi | III B.com Model 2 |  |
| 27. Able Sabu | III B.com Model 2 |  |
| 28. Aghin Raj | III B.com Model 2 |  |
| 29. Alan P Shaju | III B.com Model 2 |  |
| 30. Alphy J Varghese | III B.com Model 2 |  |
| 31. Anna Mariya Joy | III B.com Model 2 |  |
| 32. Joseph Anel
Francis | III B.com Model 2 |  |



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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

Report on Harmony in Connections: Training on Interpersonal Skills

Program Details in a nutshell	
Name of the Event	Harmony in Connections: Training on Interpersonal Skills
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To enhance participants' interpersonal communication skills, enabling them to build strong and positive relationships. To equip participants with effective conflict resolution strategies, promoting harmony and understanding in their interactions.
Resource Person	Dr. Asha Merin
Date and Time	19-09-2019 to 20-09-2019. 9.30AM to 4.30.P M
Duration	12 Hrs
Beneficiaries	25 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Dept. Of Commerce in association with IQAC
Coordinator	P. N Sasidharan Nair, Assistant Professor Department of Commerce
Outcome/ Benefit of the programme	<ul style="list-style-type: none"> Participants will demonstrate improved ability to build and maintain strong relationship Participants will effectively apply communication and conflict resolution skills in various situations.



Detailed report

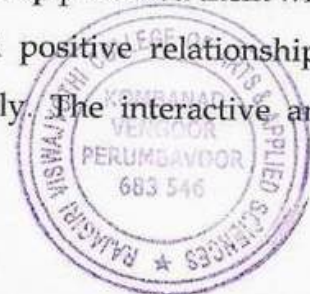
The Harmony in Connections: Training on Interpersonal Skills workshop was a comprehensive program designed to equip participants with the essential skills and knowledge for building strong and positive relationships. Held on September 19th - 20th, 2019, the workshop featured a variety of interactive activities, group discussions, and presentations led by Dr. Asha Merin, a qualified psychologist.

The workshop began with an introduction to the importance of interpersonal skills and their impact on personal and professional success. Dr. Asha discussed the key elements of effective communication, such as active listening, verbal and nonverbal communication, and empathy. She also emphasized the importance of building trust, respect, and rapport with others.

Throughout the workshop, participants engaged in a variety of activities designed to enhance their interpersonal communication skills. These activities included role-playing exercises, communication analysis, and group problem-solving tasks. Participants had the opportunity to practice their communication skills in a safe and supportive environment and receive feedback from their peers and the workshop facilitator.

Another key focus of the workshop was on conflict resolution. Dr. Asha discussed different conflict resolution strategies, such as negotiation, mediation, and compromise. Participants learned how to identify and address conflict in a constructive and respectful manner. They also practiced active listening skills and learned how to give and receive feedback effectively.

The Harmony in Connections: Training on Interpersonal Skills workshop was a valuable learning experience for all participants. The workshop provided them with the knowledge and skills they need to build strong and positive relationships, communicate effectively, and resolve conflict constructively. The interactive and



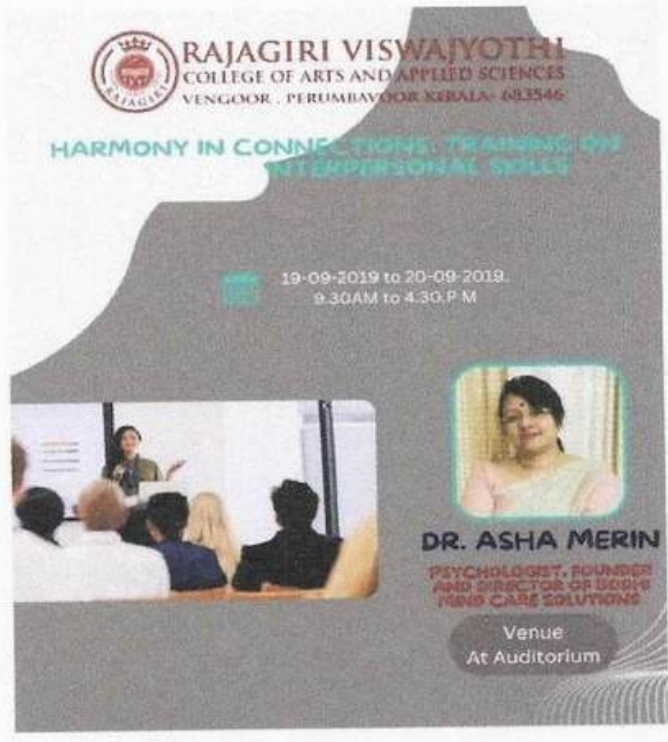
engaging format of the workshop made the learning experience enjoyable and memorable.

The workshop was a great success, and participants left feeling inspired and motivated to apply the skills and knowledge they had gained to their personal and professional lives. The Department of Commerce and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.

Feedback Report

The workshop was a highly successful that provided participants with valuable insights and practical tools for improving their communication and relationship-building skills. The workshop's interactive format and experienced facilitator created a conducive learning environment, allowing participants to engage actively and apply the concepts learned to real-world scenarios. Participants reported significant improvements in their communication skills, conflict resolution abilities, and whole interpersonal effectiveness. The workshop's focus on building strong and positive relationships was particularly valuable, providing participants with strategies for enhancing their personal and professional connections.





Poster of Harmony in Connections: Training on Interpersonal Skills



Insights from the Resource Person"



Participant's List

— Harmony in connections: Training on
Interpersonal skills

19-09-2019 to 20-09-2019

- | | | |
|-----------------------|------------------|-------------------|
| 1. Abraham V Kuruvila | III BBA | <u>Abbr</u> |
| 2. Akshay B Anil | III BBA | <u>Akshay</u> |
| 3. Anjali Saliou | III BBA | <u>Anjali</u> |
| 4. Calvin Thomas | III BBA | <u>Calvin</u> |
| 5. Gautham Shaji | III BBA | <u>Gautham</u> |
| 6. Joseph Mathew | III BBA | <u>Joseph</u> |
| 7. Kevin Marshall | III BBA | <u>Kevin</u> |
| 8. Krishnamoorthy C | III BBA | <u>Krishna</u> |
| 9. Joel Josly | III BBA | <u>Joel Josly</u> |
| 10. Josvin Joseph | III Bcom model 1 | <u>Josvin</u> |
| 11. Muhammed Ansal | III Bcom model 1 | <u>Muham</u> |
| 12. Muhammed Akhmed | III Bcom model 1 | <u>Muham</u> |



- | | | |
|--------------------------------|-----------------|---------------------------|
| 13. Stephen Sunny | B.com Model 1 | <u>Stephen Sunny</u> |
| 14. ANAKHA SHAJI | B.COM MODEL 1 | <u>Anakha Shaji</u> |
| 15. Ashley Varghose | B.com Model 2 | <u>Ashley</u> |
| 16. Jithomon
Thankachan | B.com Model 1 | <u>Jithomon</u> |
| 17. Joslin Jose | B.com Model 1 | <u>Joslin Jose</u> |
| 18. Melvin P Thomas | B.com Model 1 | <u>Melvin P Thomas</u> |
| 19. Bluxian Vincent
Alapatt | B.com Model 1 | <u>Bluxian Vincent</u> |
| 20. Adhil Salah M | B.com Logistics | <u>Adhil Salah M</u> |
| 21. AJITH SAJU | B.COM LOGISTICS | <u>Ajith Saju</u> |
| 22. Akash KM | B.com Logistics | <u>Akash</u> |
| 23. Al Ameen T
Basheer | B.com Logistics | <u>Al Ameen T Basheer</u> |
| 24. Alan Binoy | B.com Logistics | <u>Alan Binoy</u> |

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B.com Logistics

Alan Binoy

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