



RAJAGIRI VISWAJYOTHI
COLLEGE OF ARTS AND APPLIED SCIENCES
VENGOOR, PERUMBAVOOR KERALA- 683546

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam | Approved by AICTE



CRITERION 5

STUDENT SUPPORT AND PROGRESSION

5.1 Student Support

2019-2024

Submitted to



5.1.2: Capacity Development and Skills Enhancement Activities Organized by the Institution During 2019- 2020

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

1. Report on Yoga Training for Stress Management

Programme Details in a nutshell	
Name of the Event	Yoga Training for Stress Management
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">To introduce participants to mindfulness and relaxation techniques through yoga.To empower participants with strategies for incorporating yoga into their stress management routines
Resource Person	Mr. Anup Jain, Yoga Trainer, SSV College, Valayanchirangara
Date and Time	02-02-2020 to 03-02-2020 9.30 AM to 4.30 P M
Duration	12 Hrs
Beneficiaries	27 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./Cell	Dept. Of Commerce in association with IQAC
Coordinator	Ms. Sreeka Chandran, Assistant Professor, Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">Participants will independently practice yoga poses and routines.Participants will report decreased stress levels and improved mental clarity.



Detailed Report

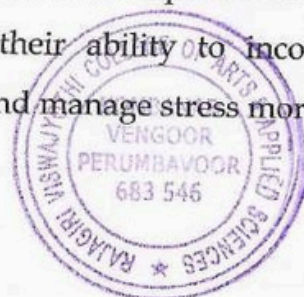
The Yoga Training for Stress Management Workshop was a comprehensive program designed to equip participants with practical tools for managing stress and promoting overall well-being. Held over two days, February 2nd & 3rd, 2020, the workshop provided a structured approach to learning yoga techniques, mindfulness practices, and stress reduction strategies.

The workshop curriculum was carefully designed to cater to participants of all levels, from beginners to those with some prior yoga experience. The sessions were led by Mr. Anup Jain, a yoga instructor with a deep understanding of the physical, mental, and emotional benefits of yoga. Under Mr. Anup Jain's guidance, participants learned a variety of yoga poses, breathing techniques, and meditation practices that are specifically designed to reduce stress and promote relaxation.

The workshop emphasized the importance of mindfulness, which involves paying attention to the present moment without judgment. Participants learned how to cultivate mindfulness through guided meditation exercises, deep breathing techniques, and body awareness practices. By developing mindfulness skills, participants were able to become more present in their daily lives, reducing stress and improving their overall sense of well-being.

It provided participants with valuable information about the science of stress and its impact on the body and mind. Participants learned about the physiological effects of stress, such as increased cortisol levels and weakened immune system, and how yoga can help to counteract these negative effects.

Throughout the workshop, participants had ample opportunities to practice the techniques they learned in a supportive and encouraging environment. The workshop also included group discussions and sharing sessions, where participants could connect with each other and learn from their experiences. By the end of the workshop, participants felt confident in their ability to incorporate yoga and mindfulness practices into their daily lives and manage stress more effectively.



Feedback Report

The Yoga Training for Stress Management Workshop was a highly successful program that provided participants with valuable tools for improving their physical and mental health. The workshop's focus on yoga, mindfulness, and stress management techniques made it a valuable resource for individuals seeking to enhance their well-being and lead more fulfilling lives. Participants reported significant reductions in stress levels, improved sleep quality, and increased feelings of relaxation and calmness. The workshop's emphasis on practical application and personalized guidance allowed participants to develop sustainable stress management practices that they could incorporate into their daily routines.





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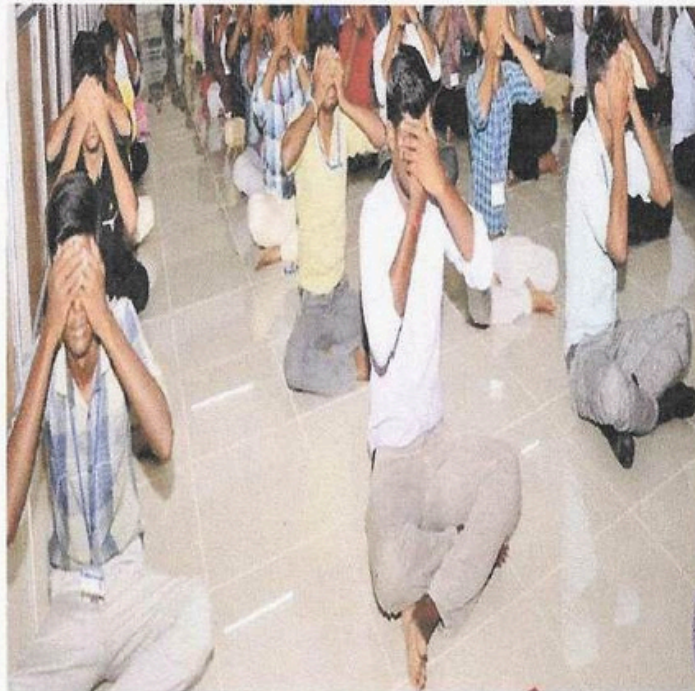
Yoga Training for Stress Management
02-02-2020 to 03-02-2020



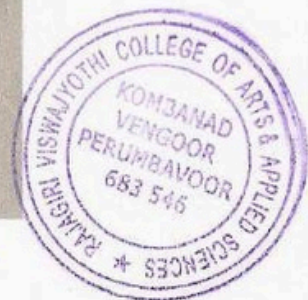
Mr. Anup Jain

At 9.30 AM
to 4.30 PM
At Auditorium,
RVCAS

Poster of the Workshop



Students Practicing Yoga



Participants List

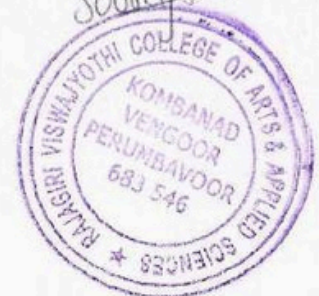
1 Yoga - Leadership for Schools Management

Date 02-02-2020 to 03-02-2020.

- | | | | |
|----|-----------------|---------------|----------|
| 1 | Alexa Varghese | Broom model 1 | Alexa |
| 2 | JACAN FRANCIS | Broom model 1 | JacAn |
| 3 | ANGELIOV | Broom model 1 | Angelioy |
| 4 | Amir Rajeev | Broom model 1 | Amir |
| 5 | Joyal Jimmy | Broom model 1 | Joyal |
| 6 | Christy George | Broom model 1 | CHRISTY |
| 7 | KRISHNAPRIMA DS | Broom model 1 | KRISHNA |
| 8 | Don Paul | Broom model 1 | Paul |
| 9 | Jithin Jay | Broom model 1 | Jithin |
| 10 | Mathan Bhanu | Broom model 1 | Mathan |
| 11 | Mathan Jay | Broom model 1 | Mathan |
| 12 | Nikhil Pralosa | Broom model 1 | Nikhil |



- | | | | |
|-----|--------------------------|----------------------|------------------------|
| | Nandana P A | III B.COM MODEL 1 | <u>Nandana P A</u> |
| | 1. Navomi Vijkumar | III B.com model 1 | <u>Navomi</u> |
| 15. | Thansiku Nisaku J | III B.com Model 1 | <u>Thansiku J</u> |
| 16. | Tom Pose | III B.com Model 1 | <u>Pose</u> |
| 17. | Abin Anil | III B.com Model 1 | <u>Abin Anil</u> |
| 18. | Arjun P S | III B.com Model 1 | <u>Arjun P S</u> |
| 19. | Mumthas J | III B.com Model 1 | <u>Mumthas</u> |
| 20. | Sainjel Maryam
Mammen | III B.com Model 1 | <u>Sainjel Maryam</u> |
| 21. | Jandha Jandhosh | III B.com Model 1 | <u>Jandha Jandhosh</u> |
| 22. | Sidharth A
Kurup | III B.com Model 1 | <u>Sidharth AK</u> |
| 23. | Sivathmika T.S | III B.com Model 1 | <u>Sivathmika T.S</u> |
| 24. | Aliyanna C. E | III B.com Model 1 | <u>Aliyanna C.E</u> |
| 25. | Sooraj Sunil | III B.com
Model 1 | <u>Sooraj Sunil</u> |



Q6. NAVEED ZAMAN E B.COM LOG

Navad Zaman

Q7. Nihal Koshan B.com log

Nihal

Joy P. Joseph

Joy P. Joseph, Ph.D
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Principals

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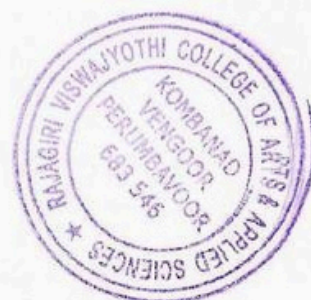




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2. Report on Skill Enhancement Programme on Leadership and Positive Thinking

Program Details in a nutshell	
Name of the Event	Skill Enhancement Programme on Leadership and Positive Thinking
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with the essential skills and knowledge to develop effective leadership qualities. To foster a positive mind set and cultivate resilience among participants
Resource Person	Ms.Ardra S, Psychologist
Date and Time	14-01-2020 to 15-01-2020 9.30 AM to 4.30.P M
Duration	12 Hrs
Beneficiaries	32 Students
Venue or Platform	2 nd Year B.Com Finance and Taxation, RVCAS
Organising Dept./ Cell	Department of English in association with IQAC
Coordinator	Ms. Reema Ann Roy, Assist. Prof. Department of English
Outcome/ Benefit of the programme	<ul style="list-style-type: none"> Participants will demonstrate improved leadership skills, such as effective communication, decision-making, and team building. Participants will exhibit a more positive outlook on life, increased resilience, and a greater ability to overcome challenges.



Detailed Report

The Skill Enhancement Programme on Leadership and Positive Thinking was a comprehensive workshop designed to equip participants with the essential skills and knowledge for effective leadership and personal growth. Held on January 14th to 15th 2020, the workshop featured a range of interactive activities, group discussions, and presentations led by Ms. Ardra S, a qualified psychologist.

The workshop began with an introduction to the concepts of leadership and positive thinking, exploring the key characteristics of effective leaders and the impact of a positive mind set on personal and professional success. Participants engaged in various activities to enhance their leadership skills, such as role-playing exercises, case studies, and group problem-solving tasks.

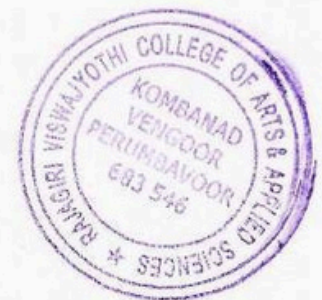
The key focus of the workshop was on developing resilience, a crucial trait for overcoming challenges and setbacks. Participants learned strategies for building resilience, including cultivating a growth mind set, practicing self-care, and developing a strong support network. Effective communication and interpersonal skills were also emphasized, with participants learning about different communication styles, active listening, and giving and receiving feedback constructively.

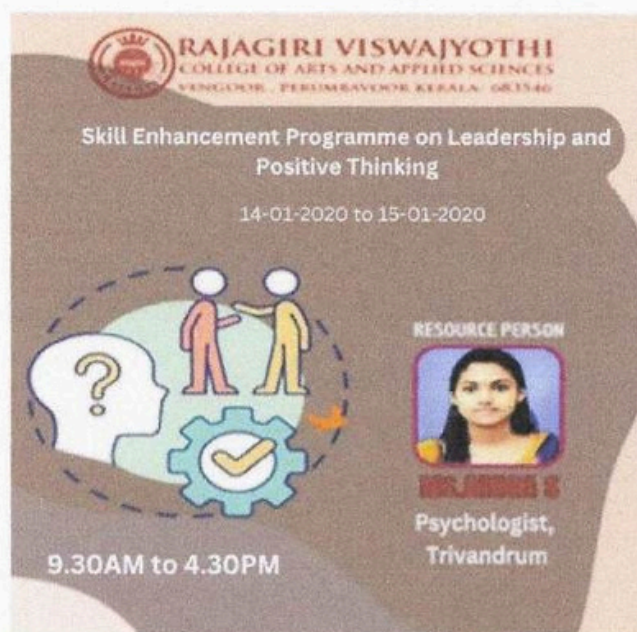
The Skill Enhancement Programme on Leadership and Positive Thinking was a valuable learning experience for all participants. The workshop provided them with the knowledge and skills they need to become more effective leaders and cultivate a positive mind-set. The interactive and engaging format of the workshop made the learning experience enjoyable and memorable.



Feedback Report

The Skill Enhancement Programme on Leadership and Positive Thinking was a highly successful workshop that provided participants with valuable insights and practical tools for developing effective leadership qualities and cultivating a positive mindset. The workshop's interactive format and experienced facilitator created a conducive learning environment, allowing participants to engage actively and apply the concepts learned to real-world scenarios. Participants reported significant improvements in their communication skills, decision-making abilities, and overall confidence. The workshop's focus on positive thinking and resilience provided participants with valuable strategies for overcoming challenges and maintaining a positive outlook.





Poster of the workshop on Skill Enhancement Programme on Leadership and Positive Thinking



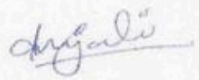

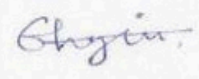

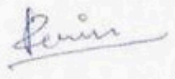

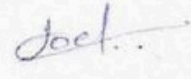
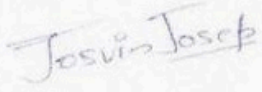
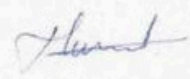



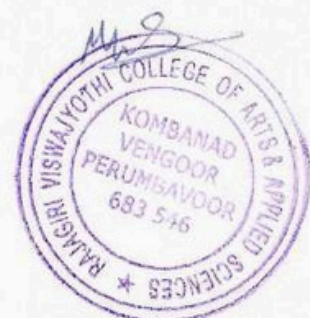
Session led by the resource person on Leadership and Positive Thinking for the Skill Enhancement Programme

Participants List

1 Skill Enhancement programme on
Leadership and positive thinking

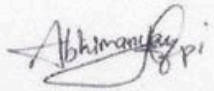
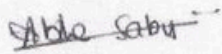



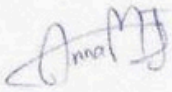
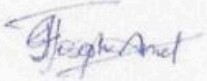
Date: 14-01-20 to 15-01-20

- | | | |
|------------------------|----------------------|---|
| 1. Abhraham V Kuruvila | III BBA |  |
| 2. Akhshay B Anil | III BBA |  |
| 3. Anjali Saliyan | III BBA |  |
| 4. Calvin Thomas | III BBA |  |
| 5. Gaithan Shaji | III BBA |  |
| 6. Joseph Mathew | III BBA |  |
| 7. Kevin Marshall | III BBA |  |
| 8. Krishnamoorthy C | III BBA |  |
| 9. Joel Zorly | III BBA |  |
| 10. JOSVINT JOSEPH | III B.com
model 1 |  |
| 11. Muhammed Anaf | III Bcom
model 1 |  |
| 12. Muhammed Shalid | III Bcom
model 1 |  |



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|-----|--------------------------|----------------------|------------------------|
| | Nandana P A | III B.com Model 1 | <i>Nandana</i> |
| 7. | Navami vijkumar | III B.com Model 1 | <i>Navami Vijkumar</i> |
| 15. | Thansiku
Nisaku J | III B.com
Model 1 | <i>Thansiku J</i> |
| 16. | Tom Jose | III B.com Model 1 | <i>TJ</i> |
| 17. | Abin Arnd | III B.com Model 1 | <i>Abin Arnd</i> |
| 18. | Arjun PS | III B.com Model 1 | <i>Arjun</i> |
| 19. | Mumthas. S | III B.com Model 1 | <i>Mumthas</i> |
| 20. | Sainjel Mianam
Mamman | III B.com Model 1 | <i>Sainjel Mianam</i> |
| 21. | Sandra Santhosh | III B.com Model 1 | <i>Sandra Santhosh</i> |
| 22. | Lidharth A
Krupa | III B.com
Model 1 | <i>Lidharth A</i> |
| 23. | Divathmika T. J | III B.com Model 1 | <i>Divathmika</i> |
| 24. | SIYANNA CS | III B.COM MODEL 1 | <i>SIYANNA</i> |
| 25. | Sarvag Sunil | III B.com Model 1 | <i>Sarvag</i> |



- | | | |
|----------------------------|-------------------|---|
| 26. Abhimanyu Gopi | III B.com Model 2 |  |
| 27. Able Sabu | III B.com Model 2 |  |
| 28. Aghin Raj | III B.com Model 2 |  |
| 29. Alan P Shaju | III B.com Model 2 |  |
| 30. Alphyn J Varghese | III B.com Model 2 |  |
| 31. Anna Mariya Joy | III B.com Model 2 |  |
| 32. Joseph Anel
Francis | III B.com Model 2 |  |



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3. Report on Practicing Healthy Food Habits and Life Style

Programme Details in a nutshell	
Name of the Event	Practicing Healthy Food Habits and Life Style
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To develop a greater awareness of the importance of healthy eating habits and their impact on overall well-being. To empower participants to make informed choices about their food and lifestyle habits, leading to improved health and quality of life.
Resource Person	Ms. Sumi baby, Physical Education Teacher
Date and Time	04-12-2019 to 05-12-2019 9.30 AM to 4.30.P M
Duration	12 Hrs
Beneficiaries	25 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Department Of Commerce in association with IQAC
Coordinator	Ms. Akhil Raju, Department of Commerce
Outcome/ Benefit of the program	<ul style="list-style-type: none"> Participants will demonstrate increased knowledge of healthy eating habits, nutritional guidelines, and the benefits of a balanced diet. Participants will report improved dietary choices, increased physical activity levels, and positive lifestyle changes.



Detailed Report

The Practicing Healthy Food Habits and Lifestyle Workshop was a comprehensive program designed to equip participants with the knowledge and skills to make informed choices about their food and lifestyle habits. It held on December 4 to 5, 2019, the workshop featured a variety of presentations, discussions, and activities led by Ms. Sumi Baby, a qualified physical education teacher.

The workshop began with an introduction to the importance of healthy eating and its impact on overall health. Participants learned about the benefits of a balanced diet, the different food groups, and the recommended daily intake for each. Ms. Sumi also discussed the importance of portion control, mindful eating, and avoiding processed foods.

In addition to healthy eating, the workshop also covered the importance of physical activity and a healthy lifestyle. Participants learned about the benefits of regular exercise, including improved cardiovascular health, weight management, and mental well-being. Ms. Sumi also discussed the importance of getting enough sleep, managing stress, and avoiding unhealthy habits such as smoking and excessive alcohol consumption.

Throughout the workshop, participants engaged in a variety of activities, including cooking demonstrations, nutrition label analysis, and physical activity challenges. These activities helped participants to apply the knowledge they learned in a practical and engaging way.

The Practicing Healthy Food Habits and Lifestyle Workshop was a valuable learning experience for all participants. The workshop provided them with the knowledge and tools they need to make informed choices about their food and lifestyle habits. The interactive and engaging format of the workshop made the learning experience enjoyable and memorable.



Feedback Report

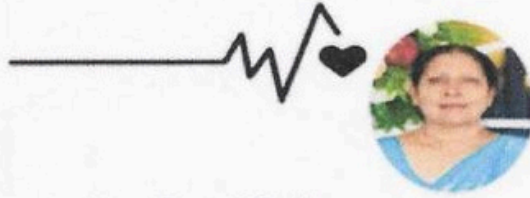
The workshop on healthy food habits and lifestyle was successful. Participants learned about healthy eating, physical activity, and lifestyle changes. They reported increased motivation to improve their health. Additionally, participants expressed satisfaction with the workshop's interactive format and the facilitator's expertise. The workshop provided a valuable opportunity for participants to learn and apply practical strategies for healthier living.





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COLLEGE OF ARTS AND APPLIED SCIENCE

Practicing Healthy Food Habits and
Life Style



Ms. Sumi Baby

04-12-2019 to 05-12-2019,
9.30AM to 4.30 PM

Auditorium,
RVCAS

Poster of the Workshop on Practicing Healthy Food Habits and Life
Style



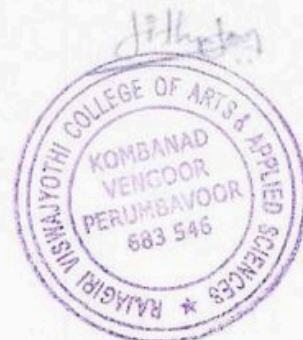
Expert Insights: Guiding the Session on Healthy Food Habits and
Lifestyle

Participant's list

1. Practising healthy food habits and
Life style

Date 04-12-2019 to 05-12-2019

- | | | |
|--------------------|--------------|------------------------|
| 1. Aleena Varghese | Beom model 1 | <u>Aleena</u> |
| 2. JOWAN FRANCIS | Beom model 1 | <u>JWAN</u> |
| 3. Angel Jimmy | Beom model 1 | <u>Angel</u> |
| 4. Angel Joy | Beom model 1 | <u>Angel</u> |
| 5. Kaishmatrignaps | Beom model 1 | <u>Kaishmatrignaps</u> |
| 6. ARVIN RAJEEVE | Beom MODEL 1 | <u>Arvin</u> |
| 7. Mathan B eralil | Beom model 1 | <u>Mathan</u> |
| 8. Christy George | Beom model 1 | <u>Christy</u> |
| 9. Mathu Jose | Beom Model 1 | <u>Mathu</u> |
| 10. Don Paul | Beom model 1 | <u>Don Paul</u> |
| 11. Nikhil Paulose | Beom model 1 | <u>Nikhil</u> |
| 12. Jithud Joy | Beom model 1 | <u>Jithud Joy</u> |



14. Ashley Varghese Bcom Model 2 Ashley Varghese
15. Jithomon Thankachan Bcom Model 4 Jithomon Thankachan
16. Sabin Jose B.com Model 1 Sabin Jose
17. Melvin P Thomas Bcom Model 1 Melvin P Thomas
18. KURIAN VINCENT ALAPATT B.COM MODEL 1 KURIAN VINCENT ALAPATT
19. Adhil Salah B.com Logistics Adhil Salah
20. Ajith Soju Bcom Logistics Ajith Soju
21. Al Ameen T Basheer B.com Logistics Al Ameen T Basheer
22. Alan Binoy B.com Logistics Alan Binoy
23. Ebin Binu B.com Logistics Ebin Binu
Kottungal
24. Akash KM B.com Logistics Akash KM
25. Faiz KT B.com Logistics Faiz KT

Dr. D. D.

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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

4. Report on Workshop on Emergency First Aid for safety and care

Program Details in a nutshell	
Name of the Event	Workshop on Emergency First Aid for Safety and Care
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">To equip participants with the essential knowledge and skills to provide immediate first aid in emergency situations.To instil confidence in participants to respond effectively and calmly to emergencies, potentially saving lives.
Resource Person	Ms. Abney Sara Abraham
Date and Time	07-11-2019 to 08-11-2019 10.00 AM to 4.30.P M
Duration	11 Hrs
Beneficiaries	25 Students
Venue or Platform	Multi- Purpose Open Lecture Hall, RVCAS
Organising Dept./ Cell	Department of English in association with IQAC
Coordinator	Ms. Reema Ann Roy, Department of English
Outcome/ Benefit of the programme	<ul style="list-style-type: none">Participants will demonstrate proficiency in performing basic first aid procedures, such as CPR, wound care, and treatment of common injuries.Participants will develop the confidence and preparedness to respond effectively to emergencies and provide assistance to those in need.



Detailed Report

The Workshop on Emergency First Aid for Safety and Care was a comprehensive program designed to equip participants with the essential knowledge and skills to respond effectively to emergencies. It held on November 7th & 8th, 2019, the workshop featured a variety of hands-on activities and demonstrations led by Ms. Abney Sara Abraham.

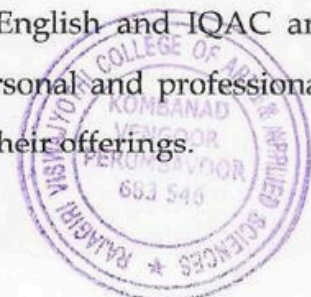
The workshop began with an introduction to basic first aid principles and the importance of responding quickly and calmly to emergencies. Participants learned about the different types of emergencies, such as accidents, injuries, and medical conditions. Ms. Abney also discussed the importance of assessing the situation and prioritizing care for the most critical injuries.

Throughout the workshop, participants practiced a variety of first aid procedures, including CPR, wound care, bleeding control, and the treatment of common injuries such as sprains, strains, and fractures. Ms. Abney used a variety of training aids and simulations to provide participants with realistic practice opportunities.

The workshop also emphasized the importance of teamwork and communication in emergency situations. Participants learned how to work together effectively to provide first aid care and communicate with emergency services.

The Workshop on Emergency First Aid for Safety and Care was a valuable learning experience for all participants. The workshop provided them with the knowledge and skills they need to respond effectively to emergencies and potentially save lives. The hands-on approach of the workshop made the learning experience engaging and memorable.

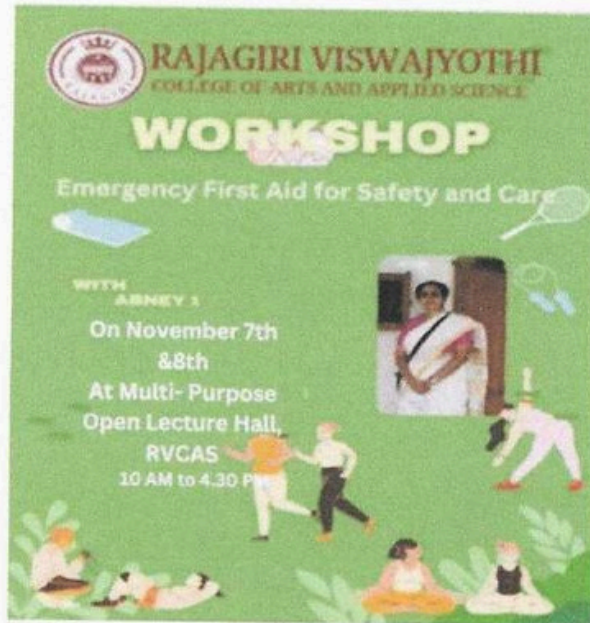
The workshop was a great success, and participants left feeling confident and prepared to respond to emergencies. The Department of English and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.



Feedback Report

The Workshop on Emergency First Aid for Safety and Care was a highly successful event that provided participants with valuable knowledge and skills for responding to emergencies. The workshop's hands-on approach and experienced facilitator created a conducive learning environment, allowing participants to practice first aid procedures in a realistic setting. The workshop's focus on both practical skills and the importance of teamwork and communication ensured that participants were well-prepared to respond effectively to emergencies. Overall, the workshop was a valuable investment in personal and professional development, equipping participants with the tools they need to potentially save lives.





Poster of the Workshop on Emergency First Aid for Safety and Care



Expert-Led Workshop on Emergency First Aid: Ensuring Safety and Care




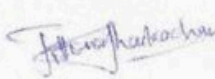



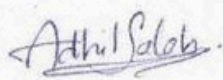

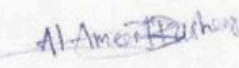

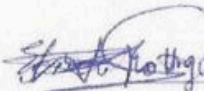
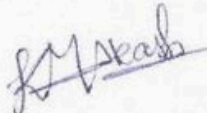

Participants List

Workshop on emergency first aid for
safety and care

07-11-19 to 08-11-2019

1. Alcon Varghese Beom model 1 Alcon
2. Angel Joy Beom model 1 ANGEL
3. ANVIN RAJEEVE Beom MODEL 1 anvin
4. Christy George Beom model 1 CHRISTY
5. Don Paul Beom Model 1 Don Paul
6. Jithul Joy Beom MODEL 1 Jithul
7. Jovan Francis Beom model 1 Jovan
8. Joyal Jimmy Beom model 1 Joyal
9. KRISHNAPRIYA P.S Beom model 1 Krishna
10. Mathew B Grealil Beom model 1 Mathew
11. Mathew Jose Beom model 1 Mathew



- | | | | |
|-----|---------------------------|-----------------|---|
| 14. | Ashley Varghese | Bcom Model 2 |  |
| 15. | Jithomon Thankachan | Bcom Model 4 |  |
| 16. | Sellin Jose | Bcom Model 1 |  |
| 17. | Melvin P
Thomas | Bcom Model 1 |  |
| 18. | KURIAN VINCENT
ALAPATT | B.COM MODEL 1 |  |
| 19. | Adhil Salah | B.com Logistics |  |
| 20. | ajith Saju | B.com Logistics |  |
| 21. | Al Ameen T
Basheer | B.com Logistics |  |
| 22. | Alan Binoy | B.com Logistics |  |
| 23. | Edin Binu
Kottungal | B.com Logistics |  |
| 24. | Akash KM | B.com Logistics |  |
| 25. | Faiz KT | B.com Logistics |  |



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Joy P Joseph
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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

5. Report on Training Programme on Microsoft Office Tools

Programme Details in a nutshell	
Name of the Event	Training Programme on Microsoft Office Tools
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To provide participants with comprehensive training on Microsoft Office tools, enabling them to use these applications confidently and proficiently. To equip participants with the ability to create professional-quality documents, spreadsheets, presentations, and emails using Microsoft Office tools.
Resource Person	Ms. Rengini D, Assistant Professor, Sree Sankara Vidyapeetom (SSV), Valayanchirangara
Date and Time	03-10-2019 to 04-10-2019 9.30AM to 4.30.PM
Duration	12 Hrs
Beneficiaries	30 Students
Venue or Platform	Computer Lab, RVCAS
Organizing Dept./ Cell	Department of Commerce in association with IQAC
Coordinator	Ms. Swedha K.S, Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none"> Participants will demonstrate proficient use of Microsoft Office tools. Participants will be able to create professional-quality documents, spreadsheets, presentations, and emails using Microsoft Office tools



Detailed Report

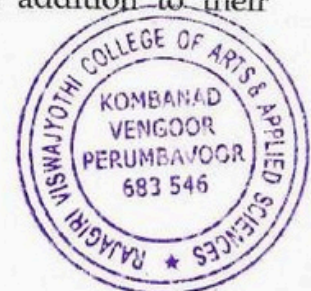
The Training Programme on Microsoft Office Tools was a comprehensive workshop designed to equip participants with the essential skills and knowledge to use Microsoft Office applications effectively. Held on October 3rd and 4th, 2019, the workshop featured a variety of hands-on activities and demonstrations led by Ms. Rengini D from Sree Sankara Vidyapeetom (SSV), Valayanchirangara.

The workshop began with an introduction to the Microsoft Office suite, including Word, Excel, PowerPoint, and Outlook. Participants learned about the basic features and functions of each application and how they can be used to accomplish various tasks. Ms. Rengini D also discussed the importance of using Microsoft Office tools effectively to enhance productivity and efficiency.

Throughout the workshop, participants practiced a variety of tasks using Microsoft Office tools, including creating documents, formatting text, creating spreadsheets, creating charts, designing presentations, and sending emails. Ms. Rengini D provided participants with step-by-step instructions and guidance throughout the workshop.

The Training Programme on Microsoft Office Tools was a valuable learning experience for all participants. The workshop provided them with the skills and knowledge they need to use Microsoft Office applications effectively in their personal and professional lives. The hands-on approach of the workshop made the learning experience engaging and memorable.

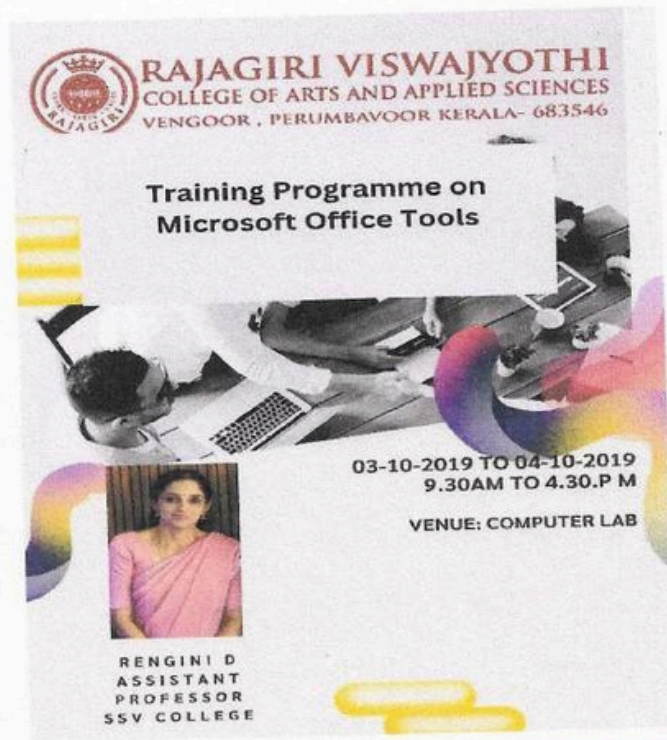
The workshop was a great success, and participants left feeling confident and prepared to use Microsoft Office tools effectively. The Department of Commerce and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.



Feedback Report

The Training Programme on Microsoft Office Tools was a highly successful workshop that provided participants with valuable skills and knowledge for using Microsoft Office applications effectively. The workshop's hands-on approach and experienced facilitator created a conducive learning environment, allowing participants to practice using Microsoft Office tools in a realistic setting. The workshop's comprehensive coverage of Word, Excel, PowerPoint, and Outlook ensured that participants were well-prepared to use these applications effectively in their personal and professional lives. Overall, the workshop was a valuable investment in personal and professional development.





Poster of the Workshop On Training Programme on Microsoft Office Tools

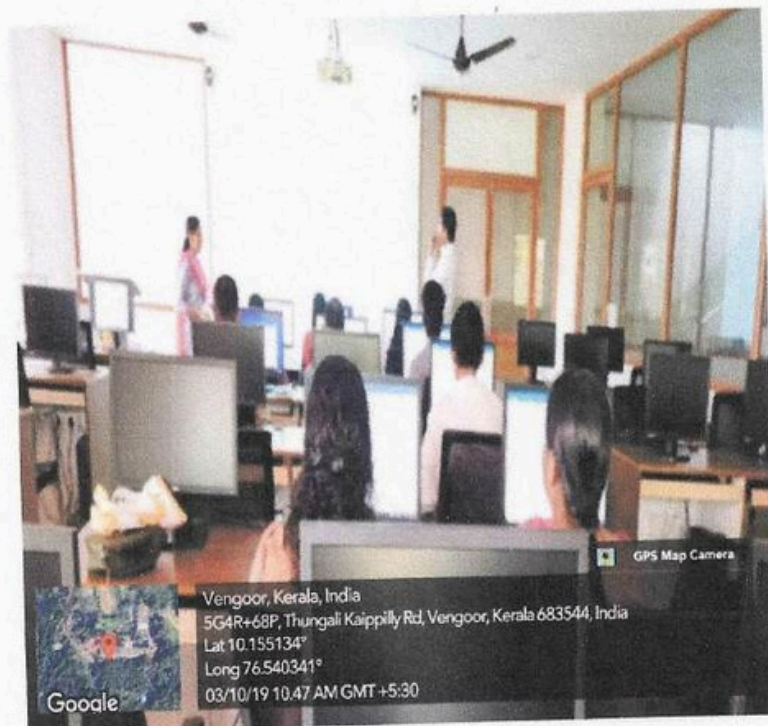


Image of Resource Person Handling the Session



Participant's List

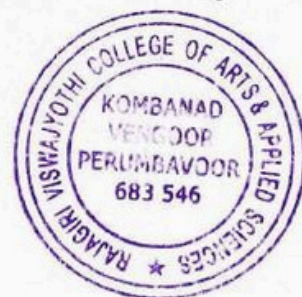
Training program on Microsoft office tools

03-10-2019 to 04-10-2019

1. Akana Varghese Bcom model 1 Akane
2. ANHEL JOY Bcom MODEL 1 Anhel
3. Anwin Raju Bcom model 1 Anwin
4. Christy George Bcom model 1 Christy
5. Don Paul Bcom model 1 Don Paul
6. JITHUL JOY BCOM MODEL 1 Jithul
7. Seemabaxis Bcom model 1 Seemabaxis
8. Krishna Pragna P.S Bcom model 1 Krishna
9. Matthew B Eratil Bcom model 1 Matthew
10. Mathew Jose Bcom model 1 Mathew Jose
11. Nikhil Populose Bcom model 1 Nikhil
12. Stephen Sunny Bcom model 1 Stephen
13. ANAKHA SHASI Bcom model 1 Anakha



- | | | |
|-------------------------------|----------------------|----------------------|
| Nandana P A | III B.COM MODEL 1 | Nandana |
| 1. Navami Vij Kumar | III B.com model 1 | Vij Kumar |
| 15. Thansiku Nisaku J | III B.com Model 1 | Thansiku J |
| 16. Tom Jose | III B.com Model 1 | Jose |
| 17. Abin Anil | III B.com Model 1 | Abin Anil |
| 18. Arun P S | III B.com Model 1 | Arun P S |
| 19. Mumthas S | III B.com Model 1 | Mumthas |
| 20. Saingel Miriyam
Mammen | III B.com Model 1 | Saingel M Mammen |
| 21. Jandha Jandhosh | III B.com Model 1 | Jandha Jandhosh |
| 22. Sidharth A
Kurup | III B.com Model 1 | Sidharth A K |
| 23. Sivathmika T.S | III B.com Model 1 | Sivathmika T.S |
| 24. Priyanna C. E | III B.com Model 1 | Priyanna C. E |
| 25. Sooraj Sunil | III B.com
Model 1 | Sooraj Sunil |



26. NAVEED ZAMANE B.COM LOG
27. Nihal Roshan B.com log
28. Sanath Samal B.com log
29. Mishaal Ahmmed B.com log
30. NAHYAN T JABBAR B.com log

Mahaal Samal

Nihal

Sanath

Mishaal

Nahyan T

Joy P

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Joy P

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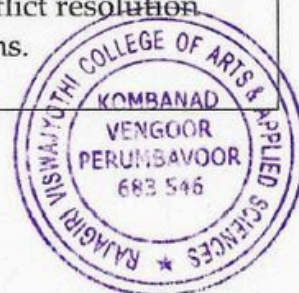




RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

6. Report on Harmony in Connections: Training on Interpersonal Skills

Program Details in a nutshell	
Name of the Event	Harmony in Connections: Training on Interpersonal Skills
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To enhance participants' interpersonal communication skills, enabling them to build strong and positive relationships. To equip participants with effective conflict resolution strategies, promoting harmony and understanding in their interactions.
Resource Person	Dr. Asha Merin
Date and Time	19-09-2019 to 20-09-2019. 9.30AM to 4.30.P M
Duration	12 Hrs
Beneficiaries	25 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Dept. Of Commerce in association with IQAC
Coordinator	P. N Sasidharan Nair, Assistant Professor Department of Commerce
Outcome/ Benefit of the programme	<ul style="list-style-type: none"> Participants will demonstrate improved ability to build and maintain strong relationship Participants will effectively apply communication and conflict resolution skills in various situations.



Detailed report

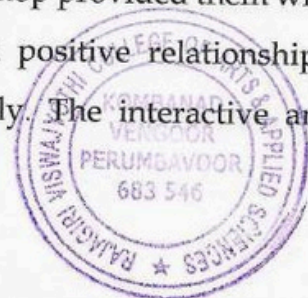
The Harmony in Connections: Training on Interpersonal Skills workshop was a comprehensive program designed to equip participants with the essential skills and knowledge for building strong and positive relationships. Held on September 19th - 20th, 2019, the workshop featured a variety of interactive activities, group discussions, and presentations led by Dr. Asha Merin, a qualified psychologist.

The workshop began with an introduction to the importance of interpersonal skills and their impact on personal and professional success. Dr. Asha discussed the key elements of effective communication, such as active listening, verbal and nonverbal communication, and empathy. She also emphasized the importance of building trust, respect, and rapport with others.

Throughout the workshop, participants engaged in a variety of activities designed to enhance their interpersonal communication skills. These activities included role-playing exercises, communication analysis, and group problem-solving tasks. Participants had the opportunity to practice their communication skills in a safe and supportive environment and receive feedback from their peers and the workshop facilitator.

Another key focus of the workshop was on conflict resolution. Dr. Asha discussed different conflict resolution strategies, such as negotiation, mediation, and compromise. Participants learned how to identify and address conflict in a constructive and respectful manner. They also practiced active listening skills and learned how to give and receive feedback effectively.

The Harmony in Connections: Training on Interpersonal Skills workshop was a valuable learning experience for all participants. The workshop provided them with the knowledge and skills they need to build strong and positive relationships, communicate effectively, and resolve conflict constructively. The interactive and



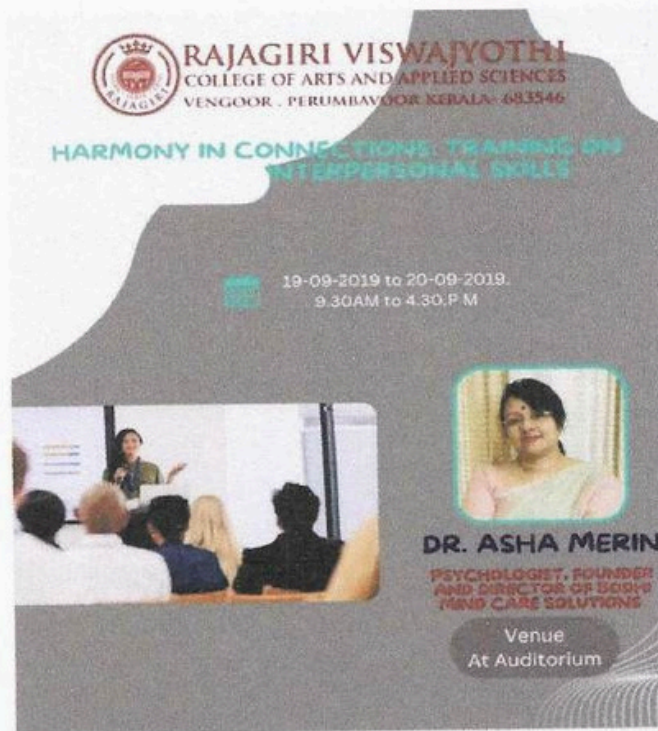
engaging format of the workshop made the learning experience enjoyable and memorable.

The workshop was a great success, and participants left feeling inspired and motivated to apply the skills and knowledge they had gained to their personal and professional lives. The Department of Commerce and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.

Feedback Report

The workshop was a highly successful that provided participants with valuable insights and practical tools for improving their communication and relationship-building skills. The workshop's interactive format and experienced facilitator created a conducive learning environment, allowing participants to engage actively and apply the concepts learned to real-world scenarios. Participants reported significant improvements in their communication skills, conflict resolution abilities, and whole interpersonal effectiveness. The workshop's focus on building strong and positive relationships was particularly valuable, providing participants with strategies for enhancing their personal and professional connections.

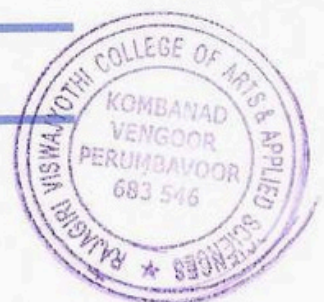




Poster of Harmony in Connections: Training on Interpersonal Skills



Insights from the Resource Person"



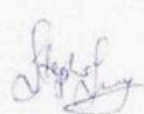

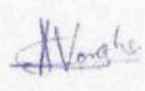
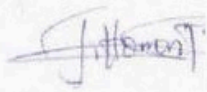

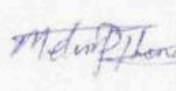
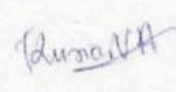
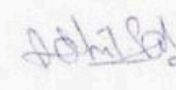
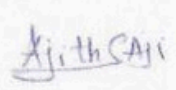

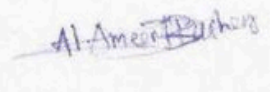

Participant's List

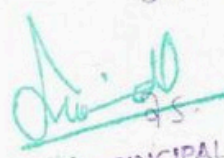
— Harmony in connections: Training on
Interpersonal skills


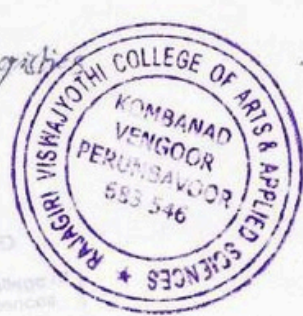

19-09-2019 to 20-09-2019

- | | | |
|-----------------------|------------------|-------------------|
| 1. Abraham V Kuruvila | III BBA | <u>Abbrn</u> |
| 2. Akshay B Anil | III BBA | <u>Akshay</u> |
| 3. Anjali Saliou | III BBA | <u>Anjali</u> |
| 4. Calvin Thomas | III BBA | <u>Calvin</u> |
| 5. Gautham Shaji | III BBA | <u>Gautham</u> |
| 6. Joseph Mathew | III BBA | <u>Joseph</u> |
| 7. Kevin Marshall | III BBA | <u>Kevin</u> |
| 8. Krishnamoorthy C | III BBA | <u>Krishna</u> |
| 9. Joel Josly | III BBA | <u>Joel Josly</u> |
| 10. Josvin Joseph | III Bcom model 1 | <u>Josvin</u> |
| 11. Muhammed Ansal | III Bcom model 1 | <u>Ansal</u> |
| 12. Muhammed Akhmed | III Bcom model 1 | <u>Akhmed</u> |



- | | | |
|-----------------------------|-----------------|---|
| 13. Stephen Sunny | B.com Model 1 |  |
| 14. ANAKHA SHAJI | B.COM MODEL 1 |  |
| 15. Ashley Varghose | B.com Model 2 |  |
| 16. Jithomon Thankachan | B.com Model 1 |  |
| 17. Joslin Jose | B.com Model 1 |  |
| 18. Melvin P Thomas | B.com Model 1 |  |
| 19. Shurian Vincent Alapatt | B.com Model 1 |  |
| 20. Adhil Salah M | B.com Logistics |  |
| 21. AJITH SAJU | B.COM LOGISTICS |  |
| 22. Akash KM | B.com Logistics |  |
| 23. Al Ameen T Basheer | B.com Logistics |  |
| 24. Aban Binoy | B.com Logistics |  |


 Ebin Binu
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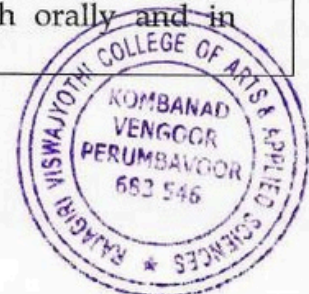
B.com Logistics






RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

7. Report on Two Day Workshop on Vocabulary and Effective Communication

Programme Details in a nutshell	
Name of the Event	Two Day Workshop on Vocabulary and Effective Communication
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with the tools and strategies to expand their vocabulary and enhance their communication skills. To foster effective communication and improve participants' ability to convey their thoughts and ideas clearly and persuasively.
Resource Person	Ms. Mariya Bose, Assistant Professor, Bharata Mata College, Kochi
Date and Time	02-07-2019 to 03-07-2019 9.30AM to 4.30.P M
Duration	12 Hrs
Beneficiaries	28 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept/ Cell	Dept. of English in association with IQAC
Coordinator	Mr. Tennyson Thomas, Assistant Professor, Dept. of English
Outcome/ Benefit of the programme	<ul style="list-style-type: none"> Participants will demonstrate improved vocabulary and word usage, leading to more effective and engaging communication. Participants will be able to communicate their thoughts and ideas clearly and concisely, both orally and in writing.



Detailed Report

The Two-Day Workshop on Vocabulary and Effective Communication was a comprehensive program designed to equip participants with the essential skills and knowledge for enhancing their communication skills. Held on July 2nd and 3rd, 2019, the workshop featured a variety of interactive activities, group discussions, and presentations led by Ms. Mariya Bose, an experienced language instructor.

The workshop began with an introduction to the importance of vocabulary development and its impact on effective communication. Ms. Mariya Bose discussed the different types of vocabulary, such as academic vocabulary, technical vocabulary, and everyday vocabulary. She also emphasized the importance of using precise and appropriate language in different contexts.

Throughout the workshop, participants engaged in a variety of activities designed to expand their vocabulary and improve their word usage. These activities included word games, vocabulary building exercises, and discussions on the nuances of language. Participants also learned about common grammar and usage errors and how to avoid them.

Another key focus of the workshop was on effective communication. Ms. Mariya Bose discussed the different components of effective communication, such as verbal and nonverbal communication, active listening, and public speaking. Participants practiced their communication skills through role-playing exercises, group discussions, and presentations.

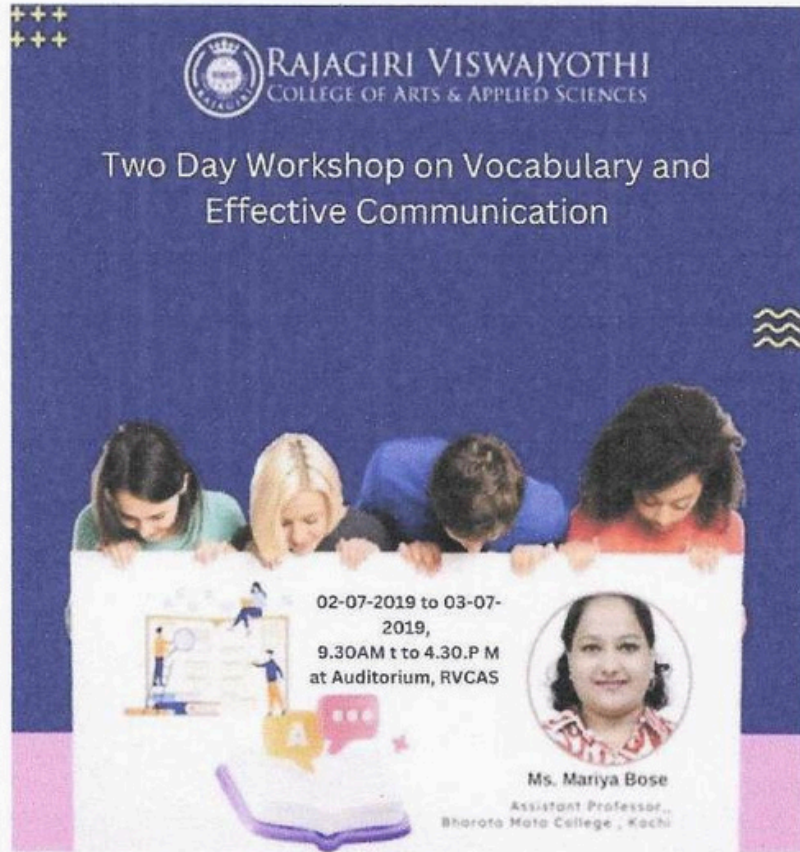
The Two-Day Workshop on Vocabulary and Effective Communication was a valuable learning experience for all participants. The workshop provided them with the knowledge and skills they need to communicate effectively and persuasively. The interactive and engaging format of the workshop made the learning experience enjoyable and memorable.



Feedback Report

The Two-Day Workshop on Vocabulary and Effective Communication was a highly successful event that provided participants with valuable insights and practical tools for enhancing their communication skills. The workshop's interactive format and experienced facilitator created a conducive learning environment, allowing participants to engage actively and apply the concepts learned to real-world scenarios. Participants reported significant improvements in their vocabulary, word usage, and overall communication effectiveness. The workshop's focus on both vocabulary development and effective communication ensured that participants were well-prepared to communicate their thoughts and ideas clearly and persuasively.





Poster of Two Day Workshop on Vocabulary and Effective Communication



Interactive session between resource person and participants.



Participant's List

2 Days workshop on Vocabulary and
Effective communication.

02-07-19 to 03-07-19

1. Able Sabu III Bcom model 2 ables
2. Abhimanyuhoji III Bcom model 2 Abhijoy
3. Sooraj Sunil III Bcom model 2 Sooraj
4. Sivathirika III Bcom model 2 Siva
5. Sidhanta K K III Bcom model 1
Finance & Taxation Sidhanta
6. Saingal Manojam III Bcom model 1
Finance & Taxation Saingal
Mammas
7. Abin Anil III Bcom Model 1 Abin
8. Tom Jose III Bcom Model 1 Tom Jose
9. Manunthas III Bcom model 1 Manunthas
10. Anu P S III Bcom Model 1
Finance & Taxation Anu P S



- | | | |
|------------------------------|----------------------|-------------------|
| Nandana P A | III B.COM MODEL 1 | Nandana P A |
| 1. Navami Vijkumar | III B.com model 1 | Navami |
| 15. Thansiku Nisaku J | II B.com Model 1 | Thansiku J |
| 16. Tom Jose | III B.com Model 1 | Jose |
| 17. Abin Anil | III B.com Model 1 | Anil |
| 18. Arun P S | III B.com Model 1 | Arun P S |
| 19. Mumthas S | III B.com Model 1 | Mumthas |
| 20. Saingel Mriyam
Mammen | III B.com Model 1 | Saingel M Mammen |
| 21. Jandha Santhosh | III B.com Model 1 | Santhosh |
| 22. Sidharth A
Kurup | III B.com Model 1 | Sidharth A K |
| 23. Sivathmika T.S | III B.com Model 1 | Sivathmika T.S |
| 24. Aiyanna C. E | III B.com Model 1 | Aiyanna C. E |
| 25. Sooraj Sunil | III B.com
Model 1 | Sooraj Sunil |



26. NAVEED ZAMAN E B.COM LOG
27. Nihal Rochan B.com log
28. Sanath Samal B.com log

Navaz Samal

Nihal

Sanath

Joy P Joseph

Joy P Joseph, Ph.D
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Vengoor, Perumbavoor
Ernakulam (D) 683546



Joy P Joseph

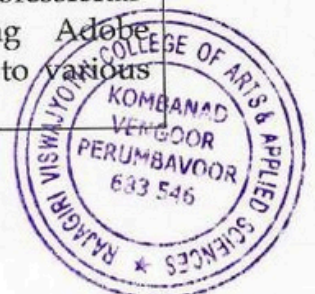
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8. Report on Workshop on Adobe Photoshop CS3

Programme Details in a nutshell	
Name of the Event	Workshop on Adobe Photoshop CS3
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with the essential skills and knowledge to effectively use Adobe Photoshop CS3 for image editing and manipulation. To enhance participants' creativity and ability to create professional-quality images and designs using Adobe Photoshop CS3.
Resource Person	Mr. Jithin R.B, Freelance Photographer, Trivandrum
Date and Time	12-06-2019 to 13-06-2019 10. AM to 4.30.P M
Duration	11 Hrs
Beneficiaries	34 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Department of English in association IQAC
Coordinator	Mr. Akhil Raju, Assistant Professor, Department of Commerce
Outcome/ Benefit of the Programme	<ul style="list-style-type: none"> Participants will demonstrate proficient use of Adobe Photoshop CS3 for various image editing tasks, including cropping, resizing, colour correction, and layer manipulation. Participants will be able to create professional-quality images and designs using Adobe Photoshop CS3, applying their skills to various creative projects.



Detailed Report

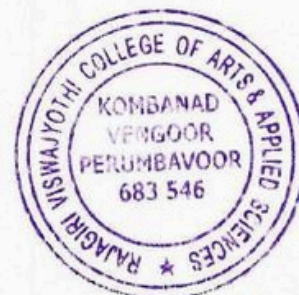
The Workshop on Adobe Photoshop CS3 was a comprehensive program designed to equip participants with the essential skills and knowledge to use Adobe Photoshop CS3 effectively. Held on June 12 to 13, 2019, the workshop featured a variety of hands-on activities and demonstrations led by Mr. Jithin R.B, a freelance photographer from Trivandrum.

The workshop began with an introduction to Adobe Photoshop CS3 and its basic features and functions. Participants learned about the different tools and techniques used for image editing and manipulation. Mr. Jithin R.B, also discussed the importance of using Photoshop effectively to enhance images and create professional-quality designs.

Throughout the workshop, participants practiced a variety of tasks using Adobe Photoshop CS3, including cropping, resizing, color correction, layer manipulation, and creating composite images. Mr. Jithin provided participants with step-by-step instructions and guidance throughout the workshop.

The Workshop on Adobe Photoshop CS3 was a valuable learning experience for all participants. The workshop provided them with the skills and knowledge they need to use Adobe Photoshop CS3 effectively in their personal and professional lives. The hands-on approach of the workshop made the learning experience engaging and memorable.


The workshop was a great success, and participants left feeling confident and prepared to use Adobe Photoshop CS3 effectively. The Department of English and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.



Feedback Report


The Workshop on Adobe Photoshop CS3 was a successful event that provided participants with valuable skills and knowledge for using Adobe Photoshop CS3 effectively. The workshop's hands-on approach and experienced facilitator created a conducive learning environment, allowing participants to practice using Adobe Photoshop CS3 in a realistic setting. The workshop's comprehensive coverage of image editing and manipulation techniques ensured that participants were well-prepared to create professional-quality images and designs.




RAJAGIRI VISWAJYOTHI
 COLLEGE OF ARTS AND APPLIED SCIENCE

**WORKSHOP ON
 ADOBE PHOTOSHOP
 CS3**

12-06-2019 &
 13-06-2019

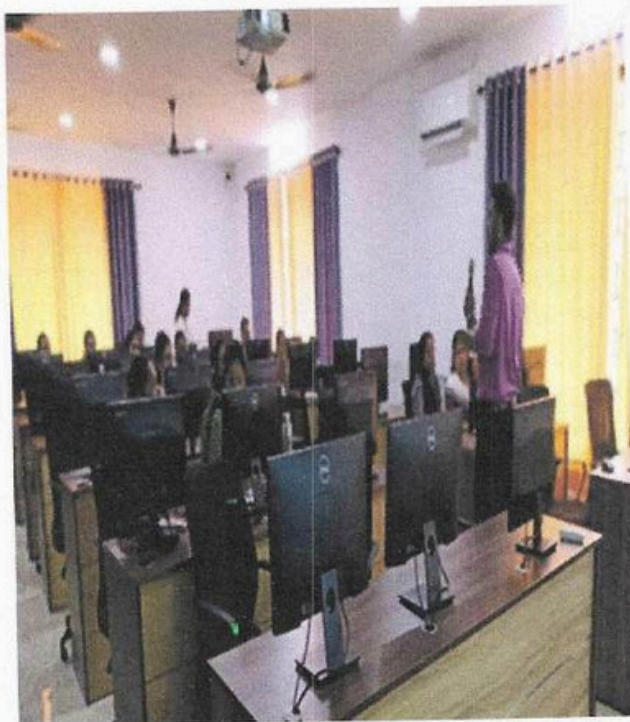


Jithin R B

Department of English
 in
 Association With IQAC

Venu: Computer Lab RVCAS

Poster of the Workshop on Adobe Photoshop CS3



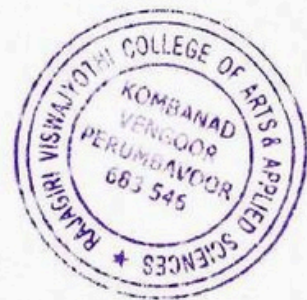
Engaging Minds: A Dynamic Exchange Between the Resource Person and Students During the Interactive Session


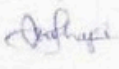
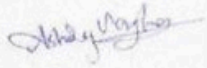

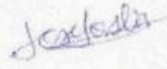
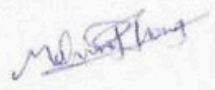
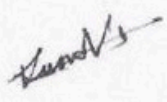
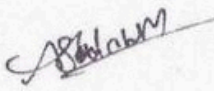


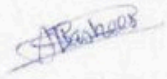


Participant's List

Workshop on Adobe photoshop CS3

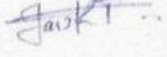
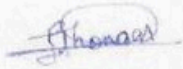

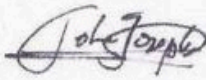

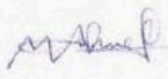
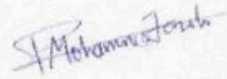

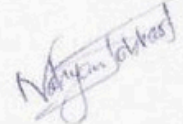
12-06-19 to 13-06-19

- | | | |
|------------------------|--------------|-----------------------|
| 1. Aleena Varghese | Beom model 1 | <u>Aleena</u> |
| 2. Angel Joy | Beom model 1 | <u>Angel Joy</u> |
| 3. ANVIN RAJEEVE | Beom model 1 | <u>Anvin Rajeev.</u> |
| 4. Christy George | Beom model | <u>CHRISTY</u> |
| 5. Don Paul | Beom model 1 | <u>Don Paul</u> |
| 6. Jithul Joy | Beom model 1 | <u>Jithul</u> |
| 7. Jean Francis | Beom model 1 | <u>Jean Francis</u> |
| 8. Krishnaprasad | Beom model 1 | <u>Krishna</u> |
| 9. Joyal Jimmy | Beom model 1 | <u>Joyal</u> |
| 10. Mathew B
Eralil | Beom model 1 | <u>Mathew</u> |
| 11. Mathew Jose | Beom model 1 | <u>MJ</u> |
| 12. Nikhil Paulose | Beom model 1 | <u>Nikhil Paulose</u> |



13.	Stephen Sunny	B.com Model 1	
14.	Anakha Shaji	B.com Model 1	
15.	Ashley Varghese	B.com Model 1	
16.	Jithomon Thankachan	B.com Model 1	
17.	Joshua Jose	B.com Model 1	
18.	Melvin P Thomas	B.com Model 1	
19.	KURIAN VINCENT AZAPATT	B.COM MODEL 1	
20.	Adhil Salah M	B.com Logistics	
21.	Ajith Sabu	B.com Logistics	
22.	Akash KM	B.com Logistics	
23.	All Ameen T Basheer	B.com Logistics	
24.	Alan Binoy	B.com Logistics	
25.	Elm Binu Thottungal	B.com Logistics	

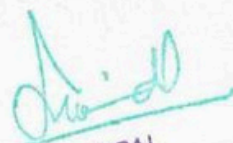


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| 27. Jean J Thomas | B.com Logistics |  |
| 28. JOEL JOJI | B.COM LOGISTICS |  |
| 29. John Joseph
Mulekikal | B.com Logistics |  |
| 30. Krishnanthu
Sureshwaran | B.com Logistics |  |
| 31. Mishal
Ahmed | B.com Logistics |  |
| 32. Mohammed Fazeeh P | B.com Logistics |  |
| 33. Mohammed
Ramzan C | B.com Logistics |  |
| 34. Nahyan T
Jabbar | B.com Logistics |  |





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RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

9. Report on Three Day Hands on training on animation and design

Programme Details in a nutshell	
Name of the Event	Three Day Hands on training on animation and design
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none"> To equip participants with the essential skills and knowledge to create professional-quality animations and designs using industry-standard software. To promote creativity and innovation among participants, enabling them to develop unique and visually appealing animations and designs.
Resource person	Ms. Ramya Ramakrishnan, Character Animator and Concept Artist, Pathanamthitta
Date and Time	10-06-2019 to 12-06-2019 10. AM to 4.30.PM
Duration	16.30 Hrs
Beneficiaries	35 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Department of Bussiness Administration in association with IQAC
Coordinator	Mr. Solymon V.L. Assistant Professor, Department of Bussiness Administration
Outcome/ Benefit of the Programme	<ul style="list-style-type: none"> Participants will demonstrate proficiency in using industry-standard animation and design software to create professional-quality content. Participants will develop their creativity and innovation skills, enabling them to produce unique and visually appealing animations and designs.



Detailed Report

The Three-Day Hands-on Training on Animation and Design was a comprehensive program designed to equip participants with the essential skills and knowledge to create professional-quality animations and designs. Held on June 10 to 12, 2019, the workshop featured a variety of hands-on activities and demonstrations led by Ms. Ramya Ramakrishnan, a skilled character animator and concept artist.

The workshop began with an introduction to the basics of animation and design principles. Participants learned about the different types of animation, such as 2D animation, 3D animation, and stop-motion animation. They also learned about the key elements of design, such as color, composition, and typography.

Throughout the workshop, participants practiced using industry-standard animation and design software, such as Adobe Animate and Adobe Photoshop. They learned how to create characters, design backgrounds, animate scenes, and add special effects to their animations. Ms. Ramya provided participants with step-by-step instructions and guidance throughout the workshop.

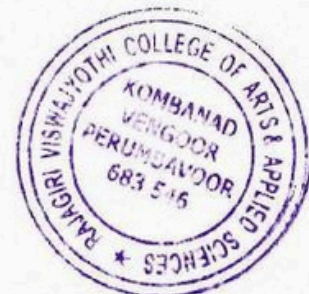
The Three-Day Hands-on Training on Animation and Design was a valuable learning experience for all participants. The workshop provided them with the skills and knowledge they need to create professional-quality animations and designs. The hands-on approach of the workshop made the learning experience engaging and memorable.

The workshop was a great success, and participants left feeling inspired and motivated to pursue their creative passions. The Department of Business Administration and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.



Feedback Report

The Three-Day Hands-on Training on Animation and Design was a highly successful workshop that provided participants with valuable skills and knowledge for creating professional-quality animations and designs. The workshop's hands-on approach and experienced facilitator created a conducive learning environment, allowing participants to practice using industry-standard software and develop their creativity. The workshop's comprehensive coverage of animation and design principles ensured that participants were well-prepared to pursue careers in the field.





RAJAGIRI VISWAJYOTHI
COLLEGE OF ARTS AND APPLIED SCIENCES
VENGOOR, PERUMBAVOOR KERALA- 683546

THREE DAY HANDS ON TRAINING ON ANIMATION AND DESIGN



COMPUTER LB,
RVCAS



10-06-2019 TO 12-06-2019

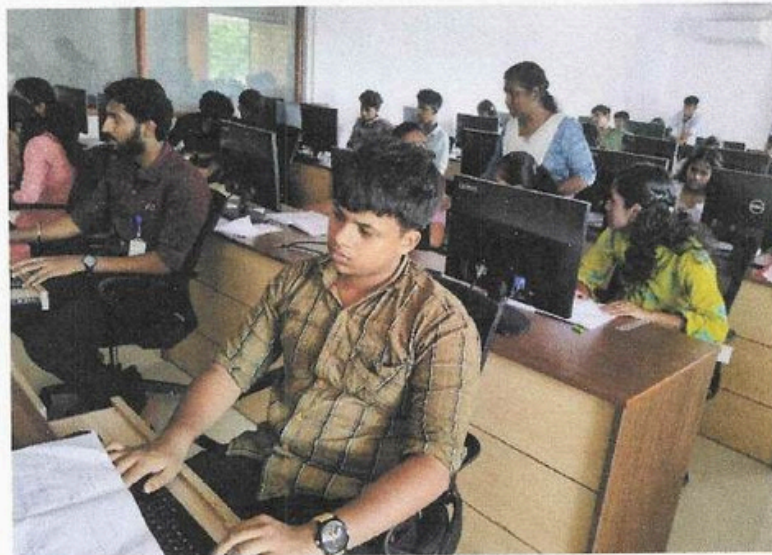


10. AM TO 4.30.P.M

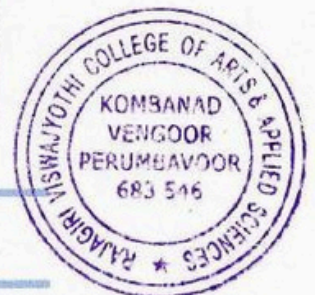


REMYA RAMAKRISHNAN
Character Animator and
Concept Artist.

Poster of Three Day Hands on training on animation and design






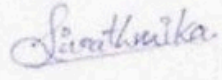

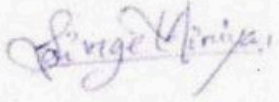
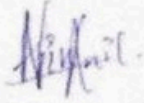
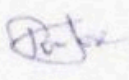

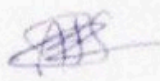
Hands on session on Animation

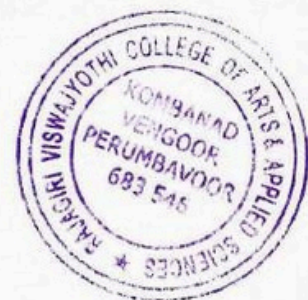




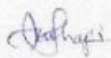




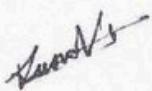
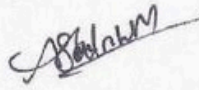



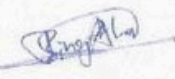
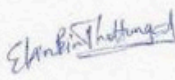
Participant's List

Three days Hand on training
animation and design

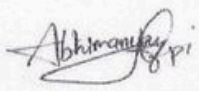
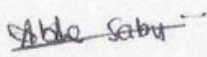



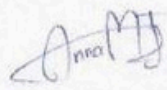
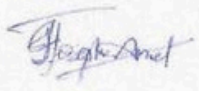
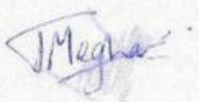
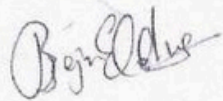
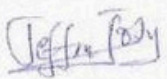
10.06.17

- | | | |
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| 1. Able Sabu | III B Com Modal 2
Finance and Taxation |  |
| 2. Abhiramge Gopin | III B Com Modal 2
Finance & Taxation |  |
| 3. Scorj Sunil | III B Com Modal 2
Finance and Taxation |  |
| 4. Srathmika | III B Com Modal 2
Finance and Taxation |  |
| 5. Sidharth A
Rup | III B Com Modal 2
Finance & Taxation |  |
| 6. Saijga Miriyani
Mammen | III B Com Modal 1
Finance and Taxation |  |
| 7. Abin Anil | III B Com Modal 1
Finance and Taxation |  |
| 8. Tom Jose | III B Com Modal 1
Finance & Taxation |  |
| 9. Mumthas | III B Com Modal 2
Finance & Taxation |  |
| 10. Arun P S | III B Com Modal 1
Finance & Taxation |  |



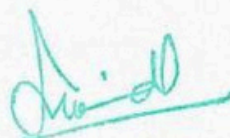
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13. Stephen Sunny	Bcom Model 2	
14. Anakha Shaji	B.com Model 1	
15. Ashley Varghese	Bcom Model 2	
16. Jithomon Thankachan	Bcom Model 1	
17. Joslin Jose	Bcom Model 1	
18. Melvin P Thomas	B.com Model 2	
19. KURIAN VINCENT AZAPATT	B.COM MODEL 1	
20. Adhil Salah M	B.com Logistics	
21. Ajith Sabu	Bcom Logistics	
22. Akash KM	Bcom Logistics	
23. Al Ameen T Basheer	B.com Logistics	
24. Anon Binoy	Bcom Logistics	
25. Ebin Biju Thottungal	Bcom Logistics	



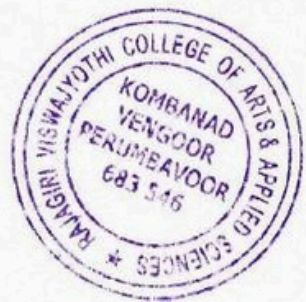
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| 26. Abhimanyu Gopi | III B.com Model 2 |  |
| 27. Able Sabu | III B.com Model 2 |  |
| 28. Aghin Raj | III B.com Model 2 |  |
| 29. Alan P Shaju | III B.com Model 2 |  |
| 30. Alphus J Varghese | III B.com Model 2 |  |
| 31. Anna Mariya Joy | III B.com Model 2 |  |
| 32. Joseph Aniel
Franks | III B.com Model 2 |  |
| 33. Megha Thomas | III B.com Model 2 |  |
| 34. Bejin Eldhose | III B.com Model 2 |  |
| 35. Jeffroy Joby | III B.com Model 2 |  |

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 Vengoor, Perumbavoor
 Emakulam (Dt) 683546





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 Rajagiri Viswajyothi College of
 Arts & Applied Sciences
 Vengoor, Perumbavoor-683 546

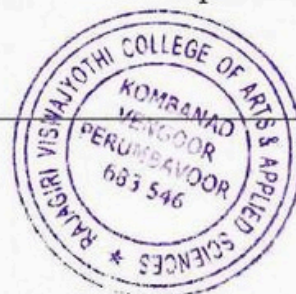




RAJAGIRI VISWAJYOTHI COLLEGE OF ARTS AND APPLIED SCIENCES

10. Report on Art of Communication: Training programme on Essential Language Skills

Programme Details in a nutshell	
Name of the Event	Art of Communication: Training programme on Essential Language Skills
Nature of the Event	Workshop
Objectives	<ul style="list-style-type: none">• To enhance participants' verbal and written communication skills.• To equip participants with the essential language skills needed to succeed in academic, professional, and interpersonal settings.
Resource Person	Ms. Minnu Surendran, Research Scholar, Sree Sankaracharya University of Sanskrit, Kalady
Date and Time	06-06-2019 to 07-06-2019 10.00 AM to 4.30.P M
Duration	11 Hrs
Beneficiaries	33 Students
Venue or Platform	Auditorium, RVCAS
Organizing Dept./ Cell	Department of English in association with IQAC
Coordinator	Ms. Shiny K.K, Assistant Professor, Department of English
Outcome/ Benefit of the Programme	<ul style="list-style-type: none">• Participants will demonstrate improved communication skills, including effective listening, speaking, writing, and presenting.• Participants will be able to communicate effectively in various contexts, such as academic settings, professional environments, and interpersonal relationships.



Detailed Report

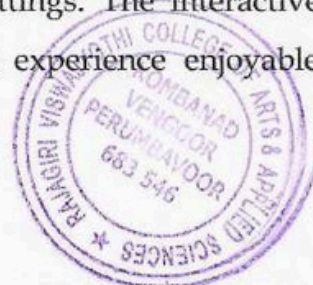
The Art of Communication: Training Programme on Essential Language Skills was a comprehensive program designed to equip participants with the essential skills and knowledge for effective communication. Held on June 6th and 7th, 2019, the workshop featured a variety of interactive activities, group discussions, and presentations led by Ms. Minnu Surendran, a research scholar from Kalady Sree Sankaracharya University of Sanskrit.

The workshop began with an introduction to the importance of effective communication and its impact on personal and professional success. Ms. Minnu Surendran discussed the different components of communication, such as verbal and nonverbal communication, active listening, and public speaking. She also emphasized the importance of adapting your communication style to different audiences and situations.

Throughout the workshop, participants engaged in a variety of activities designed to enhance their communication skills. These activities included role-playing exercises, communication analysis, and group discussions. Participants had the opportunity to practice their communication skills in a safe and supportive environment and receive feedback from their peers and the workshop facilitator.

Another key focus of the workshop was on improving vocabulary and word usage. Participants learned about the importance of expanding their vocabulary and using precise and appropriate language in different contexts. They also practiced using different types of writing styles, such as formal, informal, and persuasive writing.

The workshop provided them with the knowledge and skills they need to communicate effectively and confidently in various settings. The interactive and engaging format of the workshop made the learning experience enjoyable and memorable.

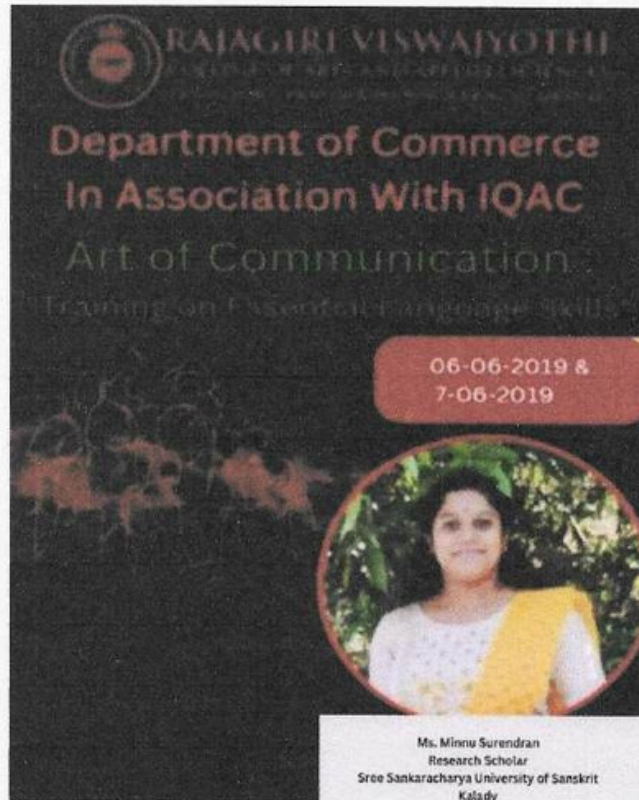


The workshop was a great success, and participants left feeling inspired and motivated to improve their communication skills. The Department of English and IQAC are committed to providing students with opportunities for personal and professional development, and this workshop was a valuable addition to their offerings.

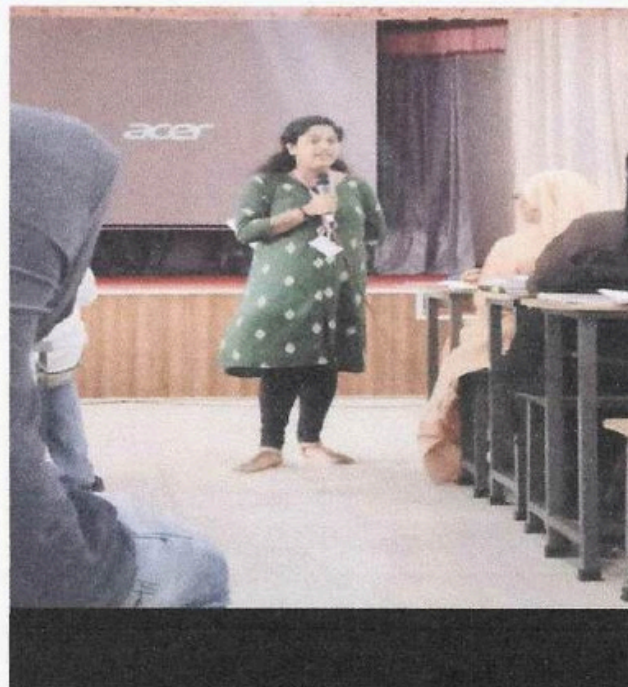
Feedback Report

The Art of Communication: Training Programme on Essential Language Skills was a highly successful workshop that provided participants with valuable insights and practical tools for improving their communication skills. The workshop's interactive format and experienced facilitator created a conducive learning environment, allowing participants to engage actively and apply the concepts learned to real-world scenarios. Participants reported significant improvements in their verbal and written communication skills, as well as their ability to communicate effectively in various contexts. The workshop's focus on both language skills and interpersonal communication ensured that participants were well-prepared to succeed in their academic and professional pursuits.





**Poster of Art of Communication: Training Programme on
Essential Language Skills**



**Bridging Knowledge: A Vibrant Interactive Session Between
the Resource Person and Students**



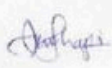
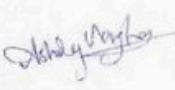

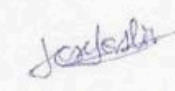

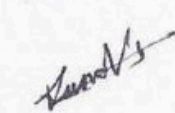
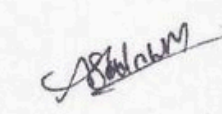





Participant's list

Art of communication: Training program
on Essential language skills

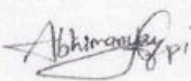
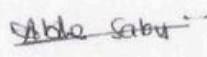
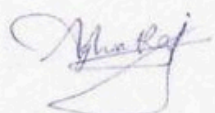

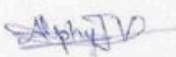
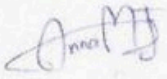
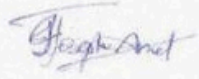

06-06-19 to 07-06-19.

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|---------------------|---------------|---|
| 1. Aleena Vorghese | B.com Model 2 |  |
| 2. Angel Joy | B.com Model 1 |  |
| 3. Anvin Rajeev | B.com Model 1 |  |
| 4. Christy George | B.com Model 1 |  |
| 5. Don Paul | B.com Model 2 |  |
| 6. JITHUL JOY | B.COM MODEL 2 |  |
| 7. Sowan Francis | B.com Model 1 |  |
| 8. Joyal Jimmy | B.com Model 2 |  |
| 9. Krishnapriya R | B.com Model 1 |  |
| 10. Mathew B Esalil | B.com Model 1 |  |
| 11. Mathew Jose | B.com Model 1 |  |
| 12. Nikhil Poulso | B.com Model 2 |  |
| 13. Stephen Jimmy | B.com Model 2 |  |



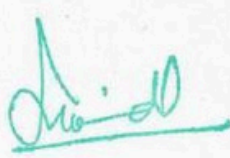
- | | | |
|-------------------------------|-----------------|---|
| 12. Nikhil Paulose | Biom Model 1 |  |
| 13. Stephen Sunny | Biom Model 2 |  |
| 14. Anakha Shaji | B.com Model 1 |  |
| 15. Ashley Varghese | B.com Model 1 |  |
| 16. Jithmen Thankachan | Biom Model 1 |  |
| 17. Joshin Jose | B.com Model 1 |  |
| 18. Melvin P Thomas | B.com Model 1 |  |
| 19. KURIAN VINCENT
AZAPATT | B.COM MODEL 1 |  |
| 20. Adhil Salah M | B.com Logistics |  |
| 21. Ajith Sabu | B.com Logistics |  |
| 22. Akash KM | B.com Logistics |  |
| 23. Ali Ameen T
Basheer | B.com Logistics |  |
| 24. Alan Binoy | B.com Logistics |  |
| 25. Chin Binu Thottungal | B.com Logistics |  |



- | | | |
|-------------------------|-------------------|---|
| 26. Abhimanyu Gopi | III B.com Model 2 |  |
| 27. Abble Sabu | IV B.com Model 2 |  |
| 28. Aghin Raj | III B.com Model 2 |  |
| 29. Alan P Shaju | IV B.com Model 2 |  |
| 30. Alphus J Varghese | III B.com Model 2 |  |
| 31. Anna Mariya Joy | III B.com Model 2 |  |
| 32. Joseph Anel Francis | III B.com Model 2 |  |
| 33. Megha Thomas | III B.com Model 2 |  |

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