



**RAJAGIRI VISWAJYOTHI**  
COLLEGE OF ARTS AND APPLIED SCIENCES  
VENGOOR , PERUMBAVOOR KERALA- 683546

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam | Approved by AICTE



## CRITERION 4

# INFRASTRUCTURE AND PHYSICAL FACILITIES

## 4.1 Physical Facilities

2019-2024

Submitted to



#### 4.1.1 FACILITIES FOR THE PROMOTION OF MENTAL WELL-BEING

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LIST OF FACILITIES			
Sl. No.	Facility	Area sq. mts./No.	Page No.
1.	Centre for Mental Well-Being - Counselling Room	9.4 sq. mts	3
2.	Yoga Centre	35 sq. mts	3
3.	Centre for Physical Fitness - Gymnasium	80 sq. mts	4
4.	Chapel	31.18 sq. mts	5
5.	Think Tank	50.6 sq. mts	5
6.	Waterscape	1 No.	6
7.	Pets' Corner	12.64 sq. mts	6
8.	Garden and Recreation Area	3 Nos	7-8

## Centre for Mental Well-Being - Counselling Room



*Provides a supportive and confidential space for students to discuss personal, academic and emotional concerns.*

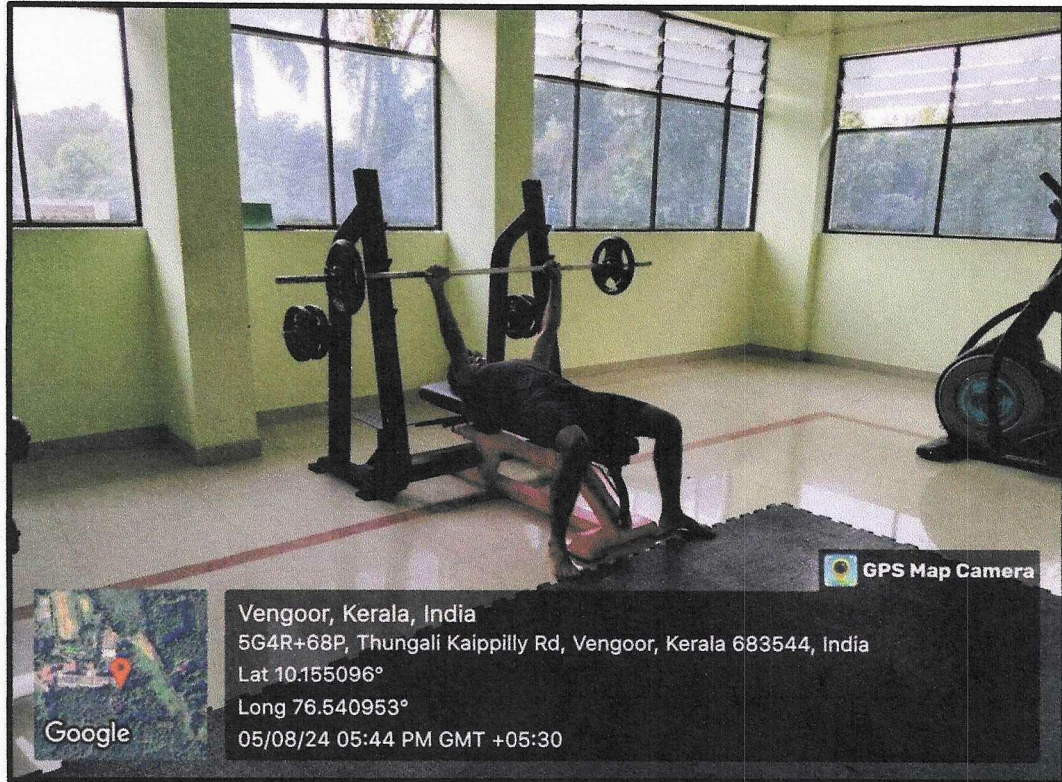
## Yoga Centre



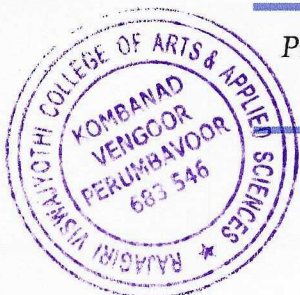
*Offers a serene environment for students to practice mindfulness and physical wellness, enhancing their overall well-being.*



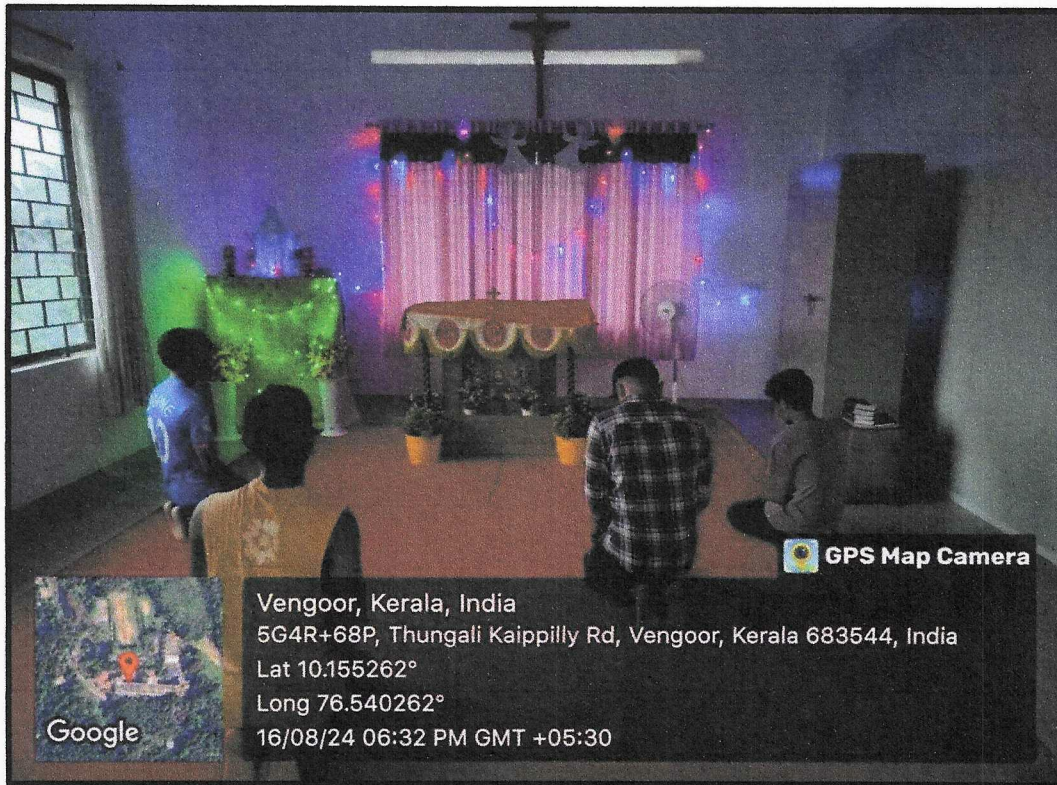
## Centre for Physical Fitness - Gymnasium



*Provide excellent equipment and facilities, encouraging students to engage in regular physical activity*

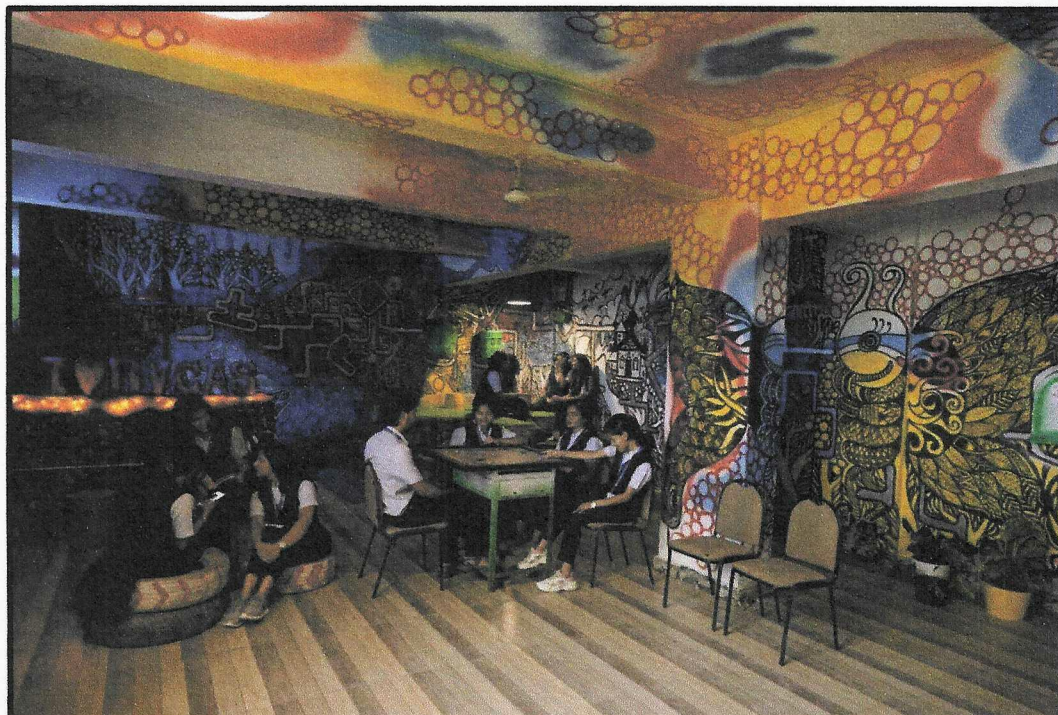


## Chapel

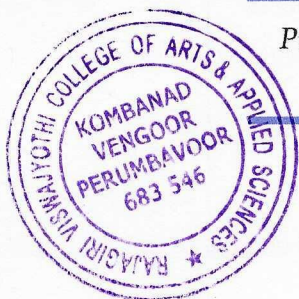


*Serves as a peaceful space for reflection, prayer and spiritual growth.*

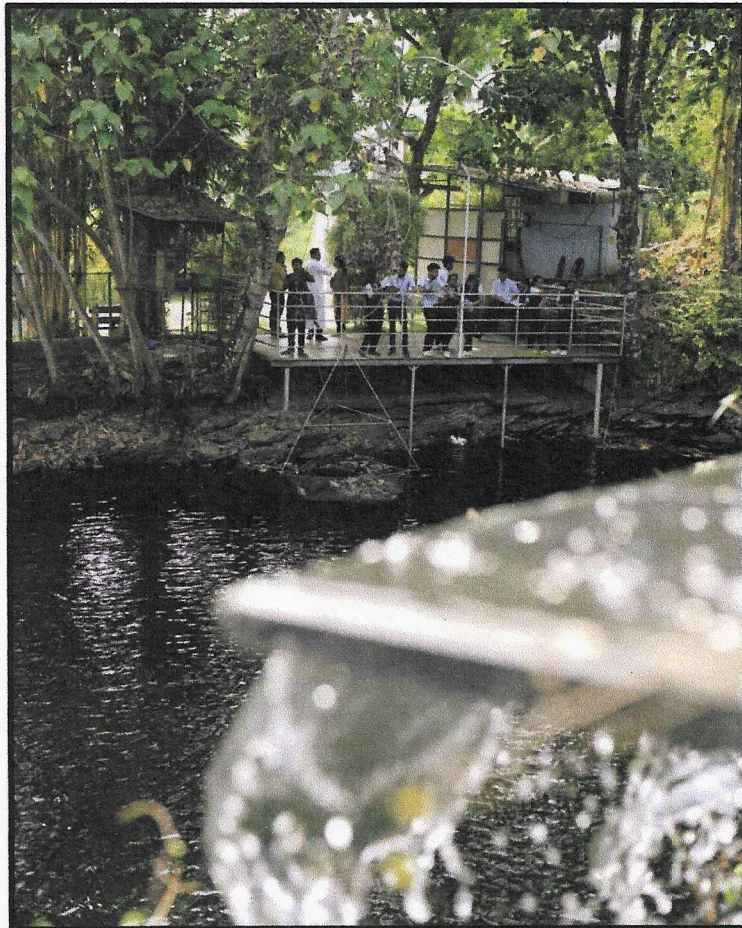
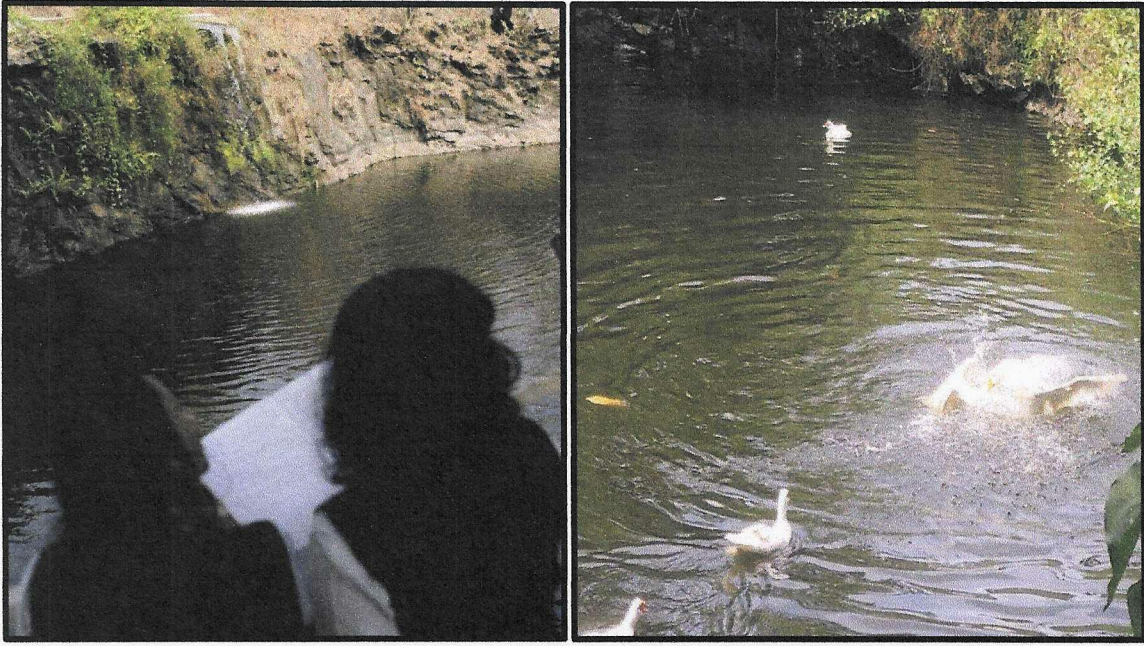
## Think Tank



*Provides students with a versatile space designed to foster creativity, relaxation and productive study sessions.*



## Waterscape



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*Offers a tranquil setting for relaxation and reflection*

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## Pets' Corner



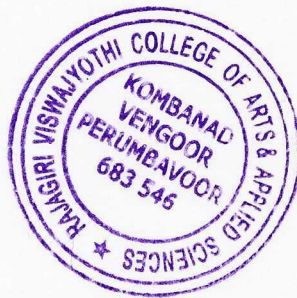
*Allows students to interact with animals, providing a soothing and joyful experience thereby promoting emotional well-being.*

## Garden and Recreation Area





*Offers a vibrant space for relaxation and social interaction, providing students with a refreshing outdoor environment to unwind and engage in recreational activities.*



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