



RAJAGIRI VISWAJYOTHI
COLLEGE OF ARTS AND APPLIED SCIENCES
VENGOOR, PERUMBAVOOR KERALA- 683546

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam | Approved by AICTE



CRITERION 3

RESEARCH, INNOVATIONS AND EXTENSION

3.4 Extension Activities

2019-2024

Submitted to



Extension and Outreach Programmes 2023-24

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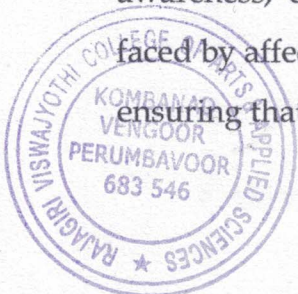
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1. Asraya: Food Kit Distribution to Hepatitis B Victims in the Veetimukal Residential Area

Programme Title	Asraya: Food Kit Distribution to Hepatitis B Victims in the Veetimukal Residential Area
Organising Department/Cell	National Service Scheme and Nature Club
Date	30.05.2024
Nature of the Programme	Extension
Venue	Veetimukal Residential Area

Report on the Event

The **Asraya Food Kit Distribution** initiative, organized by the NSS unit of Rajagiri Viswajyothi College on 30th May 2024, was a significant community engagement effort aimed at supporting individuals affected by Hepatitis B. The initiative provided essential food kits to those impacted by this health condition, offering immediate relief while promoting empathy and solidarity within the community. Beyond the distribution of food kits, the program emphasized the need for compassion and awareness, encouraging participants to understand the broader social challenges faced by affected individuals. The NSS unit took the lead in organizing this outreach, ensuring that the effort was conducted with sensitivity and effectiveness. The **Asraya**



Food Kit Distribution is part of the social support and resilience scheme, which aims to establish a sustainable support network for Hepatitis B awareness and assistance. By integrating immediate aid with plans for continued advocacy and education. The initiative reflects the NSS unit's commitment to fostering long-term community engagement and support.



Poster of the Event



Photos of NSS Volunteers Distributing the Food Kits




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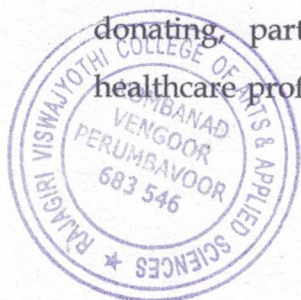
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2. Blood Donation Drive in Association with Public Health Centre, Vengoor

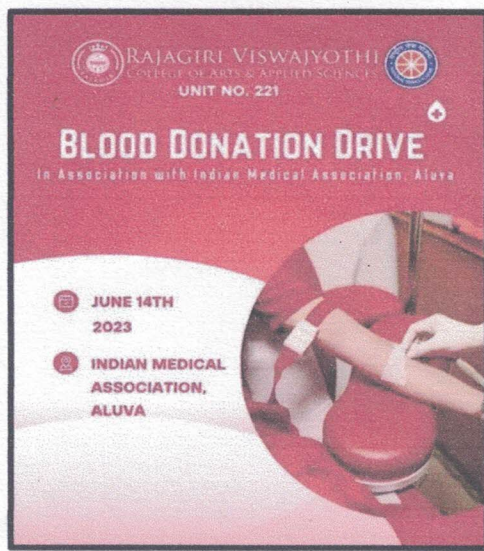
Programme Title	Blood Donation Drive in Association with Public Health Centre, Vengoor
Organising Department/Cell	National Service Scheme
Date	14.06.2023
Nature of the Programme	Outreach
Venue	RVCAS Campus

Report on the Event

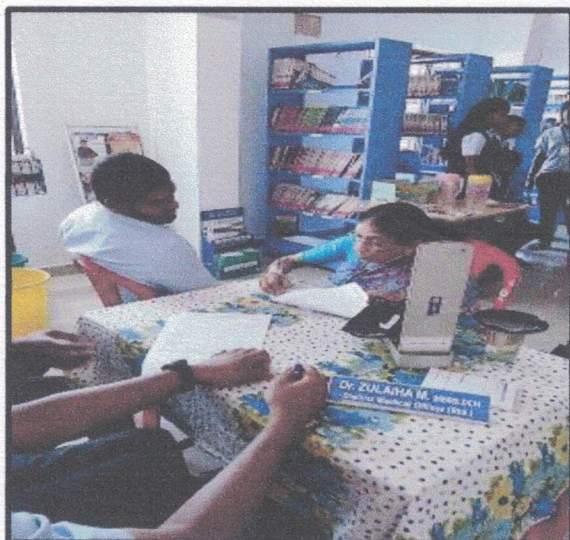
As part of Rajagiri Viswajyothi College of Arts & Applied Sciences' commitment to health and wellness, the National Service Scheme organized a **Blood Donation Drive** on 14th June 2023, in association with the Public Health Centre, Vengoor. The event was held on the college campus and aimed to promote community health and social responsibility among students and staff. The Blood Donation Drive was an extension activity under the college's health and wellness scheme, emphasizing the importance of contributing to public health initiatives. The event saw enthusiastic participation from students, faculty members, and staff, who volunteered to donate blood. Before donating, participants underwent a medical screening process conducted by healthcare professionals from the Public Health Centre, ensuring that only those fit



for donation proceeded. The drive not only focused on the immediate goal of collecting blood for those in need but also aimed at spreading awareness about the significance of regular blood donation. Informative sessions were held alongside the donation process, educating participants about the benefits of blood donation and how it can save lives. The collaboration between the NSS and the Public Health Centre, Vengoor, was instrumental in making this event a success



Poster of the Event



Photos of Students Donating Blood



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3. Stem Cell Donation Awareness Campaign

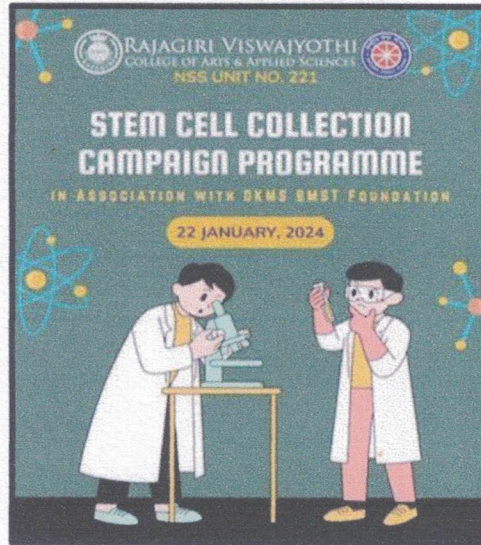
Programme Title	Stem Cell Donation Awareness Campaign in Association with DKMS BMST Foundation
Organising Department/Cell	National Service Scheme
Date	22.01.2024
Nature of the Programme	Outreach
Venue	RVCAS Auditorium

Report on the Event

The National Service Scheme of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a **Stem Cell Donation Awareness Campaign** in collaboration with DKMS BMST Foundation on 22nd January 2024. Held in the college auditorium, this initiative was part of the institution's Health and Wellness scheme, aimed at educating students and staff on the life-saving impact of stem cell donation. The campaign brought in expert speakers from DKMS BMST Foundation, who delivered informative sessions on the significance of stem cell transplants for patients suffering from blood-related disorders such as leukaemia and lymphoma. The event was open to the public, welcoming community members alongside students and staff, further expanding the reach and impact of the awareness campaign. Through engaging presentations, the speakers addressed common myths and misconceptions about stem cell donation, emphasizing the simplicity and safety of the procedure. In addition to raising



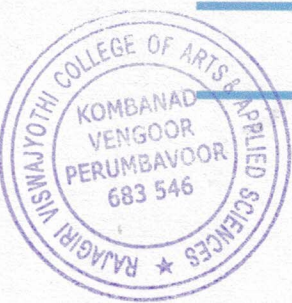
awareness, the event focused on encouraging young individuals to register as potential donors. The campaign successfully inspired participants to consider their role in supporting critical health causes, fostering a sense of social responsibility. The event marked another step forward in Rajagiri Viswajyothi College's ongoing efforts to create a socially conscious and health-aware campus environment.




Poster of the Event



Photos of the Awareness Campaign




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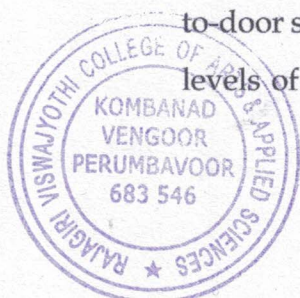
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4. Health Awareness Campaign During Hepatitis B in Association with Vengoor Public Health Service Centre

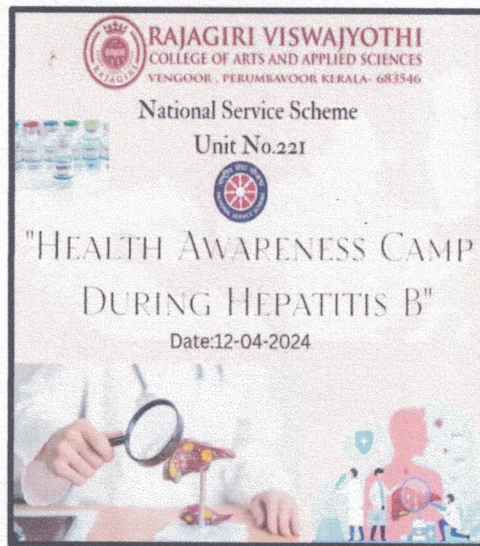
Programme Title	Health Awareness Campaign During Hepatitis B in Association with Vengoor Public Health Service Centre
Organising Department/Cell	National Service Scheme and Dance Club
Date	12.04.2024
Nature of the Programme	Extension
Venue	Vengoor Panchayath Ward No.12

Report on the Event

The National Service Scheme and Dance Club of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a **Health Awareness Campaign** on 12th May 2024 in association with the Vengoor Public Health Service Centre. The campaign was focused on Hepatitis B awareness and was conducted in Ward No. 12 of Vengoor Panchayath. The initiative aimed to educate the local residents about the prevention, symptoms, and treatment of Hepatitis B while also gathering health-related data through a comprehensive survey. A team of dedicated students actively participated in the door-to-door survey, collecting vital information regarding the health status and awareness levels of the residents. The survey was meticulously designed to assess risk factors



and identify potential cases requiring medical attention. During the interactions, students took the opportunity to educate residents about the importance of vaccination, maintaining hygiene, and seeking timely medical advice to prevent the spread of Hepatitis B. The collaboration between the NSS, Dance Club, and Vengoor Public Health Service Centre proved effective in raising awareness and promoting community health.



Poster of the Event



Students Spreading Awareness about Hepatitis B



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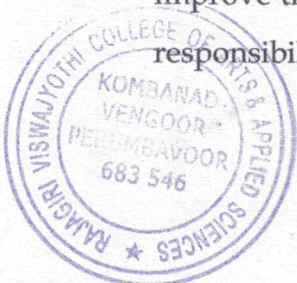
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5. Cleaning Drive Conducted at Thungali Ward No.12 in Association with Vengoor Panchayath

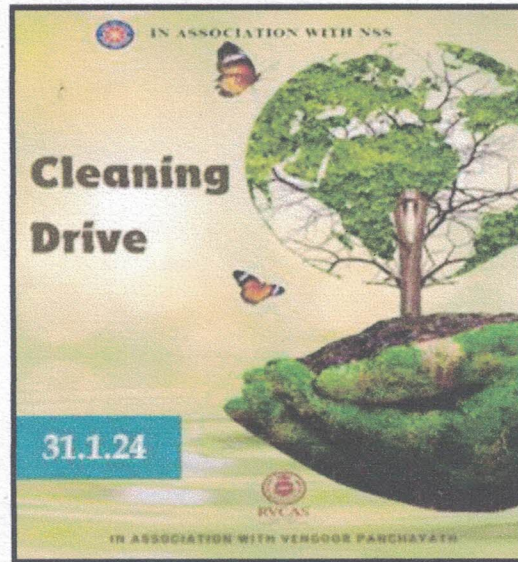
Programme Title	Cleaning Drive Conducted at Thungali Ward No.12 in Association with Vengoor Panchayath
Organising Department/Cell	National Service Scheme
Date	30.01.2024
Nature of the Programme	Extension
Venue	Thungali Ward No.12

Report on the Event

On January 31, 2024, the NSS, in collaboration with Vengoor Panchayat, conducted a cleaning drive at Thungali Ward 12. This event was organized as part of a community extension activity focused on promoting environmental consciousness and enhancing local cleanliness. The cleaning drive involved NSS volunteers of Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor, and local residents working together to remove litter and debris from various parts of the ward. The primary aim was to improve the overall hygiene and visual appeal of the area while fostering a sense of responsibility towards environmental upkeep. Participants engaged actively in



collecting waste, clearing public spaces, and disposing of materials properly. By involving the local population directly, the initiative strengthened community bonds and encouraged a collective approach to environmental stewardship. The drive not only improved the physical condition of Thungali Ward 12 but also contributed to a greater understanding of environmental issues among the residents, making a meaningful impact on both the local environment and community engagement.



Poster of the Event



Photos of Cleaning Drive




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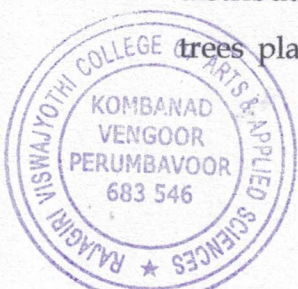
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6. "Valarthuvanai Oru Vriksham": Saplings Distributed to Parent Teacher Association of Local, Anganwadi, Vengoor

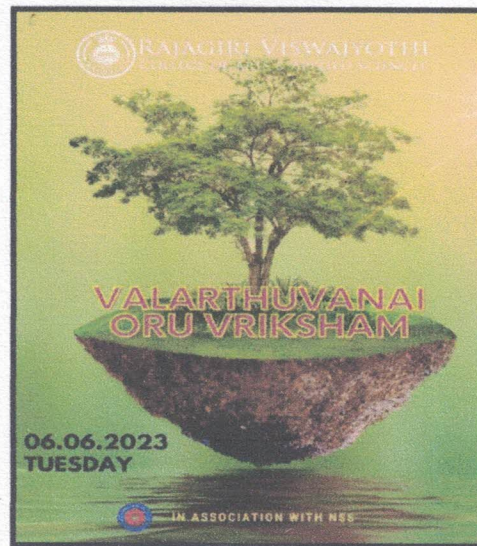
Programme Title	"Valarthuvanai Oru Vriksham": Saplings Distributed to Parent Teacher Association of Local, Anganwadi, Vengoor
Organising Department/Cell	National Service Scheme
Date	06.06.2023
Nature of the Programme	Extension
Venue	Anganwadi, Vengoor

Report of the Event

The National Service Scheme of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a sapling distribution event titled **Valarthuvanai Oru Vriksham** on June 6, 2023, at the Anganwadi in Ward No. 12, Vengoor, to mark World Environment Day. This event, rooted in the theme of social support and resilience, aimed to promote environmental awareness and encourage sustainable living among the community. The programme specifically engaged the Parent Teacher Association of the local Anganwadi, highlighting the importance of fostering ecological consciousness from an early age. Through interactive sessions and sapling distribution, the initiative educated children and their families about the pivotal role trees play in environmental conservation. The participants also learned about the



long-term benefits of nurturing plants and how small actions can lead to significant positive changes in the environment. The event led to a notable enhancement of greenery around the Anganwadi center, contributing to a healthier environment while instilling environmental stewardship within the local community. This practical approach to sustainability not only aligned with the broader goals of World Environment Day but also empowered participants to take responsibility for their surroundings.



Poster of the Event



Saplings Distribution at, Anganwadi, Vengoor




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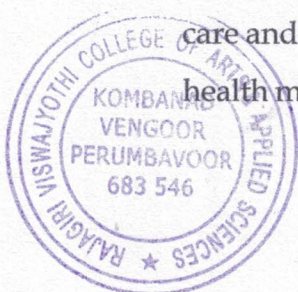
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7. Medical Camp in Association with St. Stephen's School, Keerampara

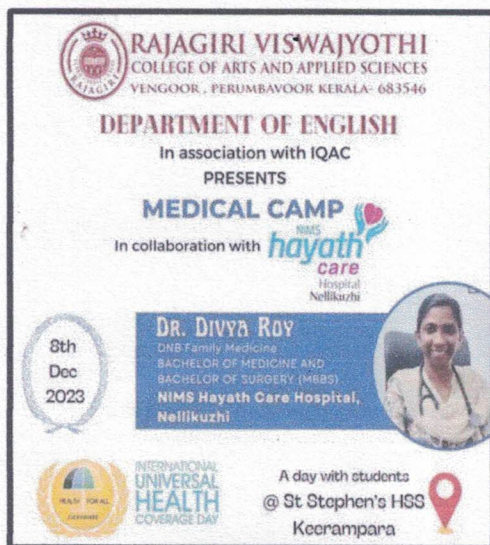
Programme Title	Medical Camp in Association with St.Stephen's School ,Keerampara
Organising Department/Cell	National Service Scheme and Department of English
Date	08.12.2023
Nature of the Programme	Extension
Venue	St. Stephen's School,Keerapara

Report on the Event

The National Service Scheme and the Department of English of Rajagiri Viswajyothi College of Arts & Applied Sciences, in collaboration with St. Stephen's School, Keerampara, organized a medical camp on December 8, 2023. Led by Dr. Divya Roy, the initiative aimed to promote health and wellness among young learners by offering essential healthcare services and educating them on the importance of healthy living. Held on the school premises, the camp included basic health screenings such as blood pressure and blood sugar checks, along with personalized medical consultations. Dr. Divya Roy engaged directly with the students, emphasizing the value of preventive care and the importance of maintaining good hygiene, balanced nutrition, and regular health monitoring. In addition to the medical check-ups, the camp featured interactive



sessions where students learned about proper dietary habits, personal hygiene practices, and tips for maintaining mental and physical well-being. The initiative was designed not only to address the students' immediate health concerns but also to equip them with practical knowledge that would contribute to healthier lifestyles.



Poster of the Event



Medical Camp held at St. Stephen's School, Keerapara



Divya

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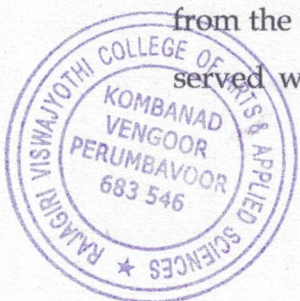
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8. Madhu: Distribution of Mid-Day Meals to Vagrants of Kuruppampady

Programme Title	Madhu: Mid-Day Meals to Vagrants of Kuruppampady
Organising Department/Cell	National Service Scheme
Date	28.07.2023
Nature of the Programme	Outreach
Venue	Kuruppampady

Report of the Event

The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a compassionate outreach programme titled **Madhu: Mid-Day Meals to Vagrants of Kuruppampady** on July 28, 2023. The initiative focused on community awareness and engagement by providing meals to those in need in the Kuruppampady area, embodying the college's commitment to social responsibility. The event aimed to address the immediate needs of vagrants and homeless individuals, offering them nutritious mid-day meals while also raising awareness about the challenges faced by marginalized sections of society. Volunteers from the NSS unit actively participated in the distribution, ensuring that meals were served with dignity and respect. Through this initiative, the NSS sought to bring



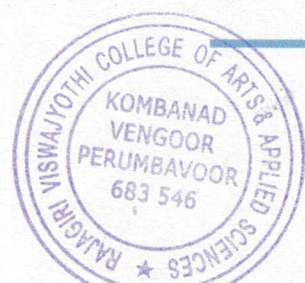
attention to the often-overlooked issues of hunger and homelessness while encouraging the spirit of empathy and service among students. In addition to the meal distribution, the event included interactions between volunteers and the beneficiaries, fostering a sense of connection and understanding. The programme underscored the importance of community engagement in addressing societal issues and highlighted the role of educational institutions in contributing to the well-being of vulnerable groups.

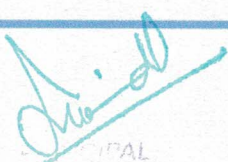


Poster of the Event



Distribution of Food Packets at Kuruppampady




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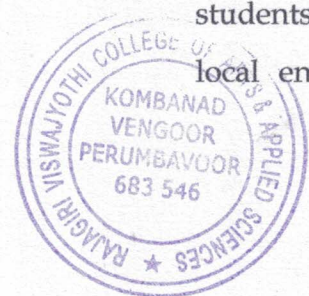
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9. "Maram Oru Varam": Sapling Distribution at Government Lower Primary School, Paniyeli

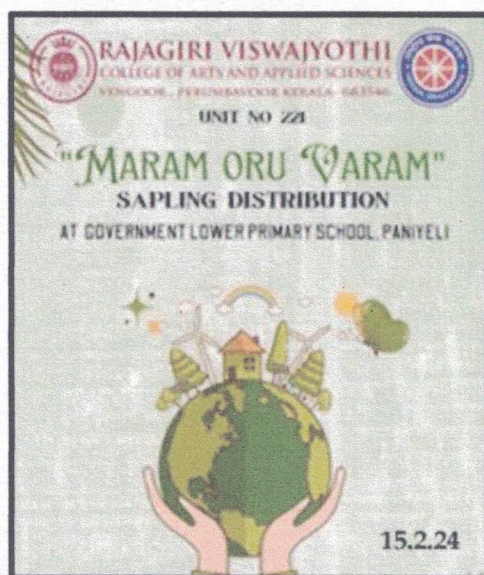
Programme Title	Maram oru Varam": Sapling Distribution at Government Lower Primary School, Paniyeli
Organising Department/Cell	National Service Scheme
Date	15.02.2024
Nature of the Programme	Extension
Venue	Government Lower Primary School, Paniyel

Report on the Event

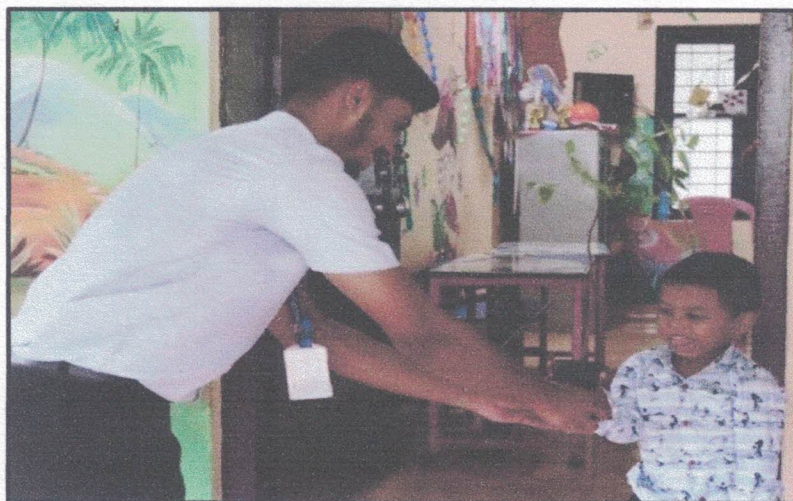
The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a sapling distribution event titled **Maram Oru Varam** on February 15, 2024, at Government Lower Primary School, Paniyeli. The event was a part of the college's ongoing efforts to promote sustainable development practices, with a focus on environmental conservation and community involvement. The initiative aimed to instil a sense of responsibility toward nature among young students by encouraging them to actively participate in greening their surroundings. Volunteers from the NSS unit distributed a variety of saplings, including native fruit and shade trees, to the students and staff of the school. The saplings were carefully selected to thrive in the local environment, ensuring their long-term contribution to ecological balance.



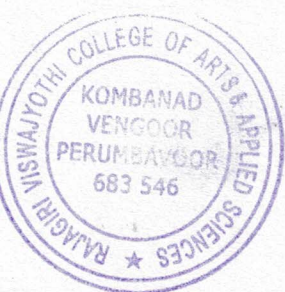
During the event, volunteers conducted awareness sessions, teaching the students the importance of trees in combating climate change, enhancing biodiversity, and maintaining a healthy ecosystem. Students were also guided on how to care for the saplings, emphasizing that nurturing these plants is a long-term commitment that contributes to the well-being of future generations.



Poster of the Event



Sapling Distribution at Lower Primary School, Paniyeli



A handwritten signature in blue ink, appearing to read "S. S. S.", written over the printed name of the Principal.

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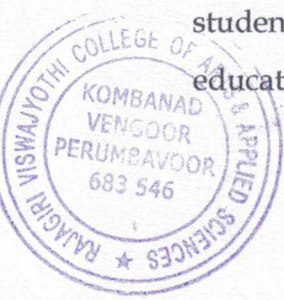
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10. Tribal Visit to Kuttampuzha to Donate Books and Stationery

Programme Title	Tribal Visit to Kuttampuzha to Donate Books and Stationery
Organising Department/Cell	National Service Scheme
Date	29.12.2023
Nature of the Programme	Extension
Venue	Tribal School, Kuttampuzha

Report of the Event

The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences conducted a meaningful outreach initiative on December 29, 2023, with a **Visit to the Tribal School in Kuttampuzha**. The programme focused on social support, specifically targeting the educational needs of tribal students through the donation of books and stationery. The visit was marked by the enthusiastic participation of NSS volunteers, who arrived at the school equipped with a range of educational materials, including textbooks, notebooks, and writing supplies. The goal was to provide essential resources that would aid in the students' learning and contribute to their academic success. During the visit, volunteers engaged with the students and teachers, sharing in their daily activities and gaining insights into their educational challenges. The donation was not only a practical support but also a



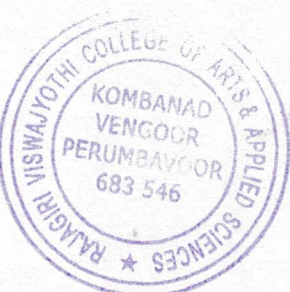
gesture of solidarity, showing the tribal community that they are valued and supported. The event included a small ceremony where the donated items were presented, and the interactions with the students highlighted their enthusiasm and gratitude. The visit underscored the NSS unit's commitment to bridging educational gaps and fostering inclusivity within marginalized communities.



Photo of Tribal Visit to Kuttampuzha to Donate Books and Stationery

Handwritten signature in blue ink.

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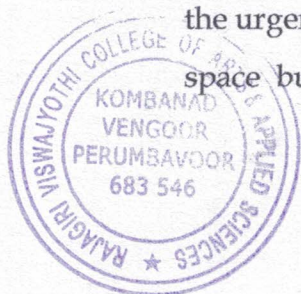
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11. Painting Murals at Kombanad Bus Stop

Programme Title	Painting Murals at Kombanad Bus Stop
Organising Department/Cell	National Service Scheme
Date	22.09.2023
Nature of the Programme	Outreach
Venue	Kombanad Bus Stop

Report on the Event

The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences launched a significant community initiative with the **Painting Murals at Kombanad Bus Stop** programme on September 22, 2023. This project aimed to raise awareness about the hazards of polluting natural water bodies through striking and informative murals. Volunteers from the NSS, along with local residents and students, transformed the Kombanad Bus Stop into a canvas for environmental advocacy. The murals vividly illustrated the negative impacts of water pollution, including the harm to aquatic life and the broader environmental consequences. Each artwork was designed to capture attention and provoke thought, serving as a visual reminder of the urgent need to protect our water resources. The event not only beautified a public space but also engaged the community in important environmental discussions.



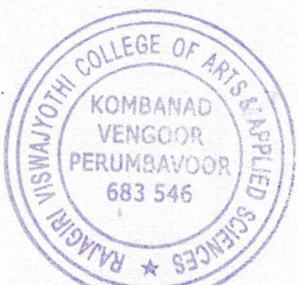
Volunteers interacted with passersby, sharing insights on how pollution affects natural water bodies and offering practical advice on reducing waste and preventing contamination. This initiative effectively combined creativity with environmental education, turning a common transit area into a platform for raising awareness. By integrating artistic expression with advocacy, the mural project succeeded in fostering a greater sense of responsibility towards water conservation and encouraging proactive steps to safeguard local ecosystems.



Students Painting Murals at Kombanad Bus Stop

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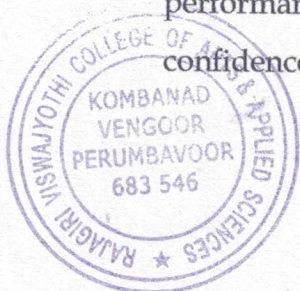
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**12. Cultural Engagement at Government Lower Primary
School, Mannamkamdam**

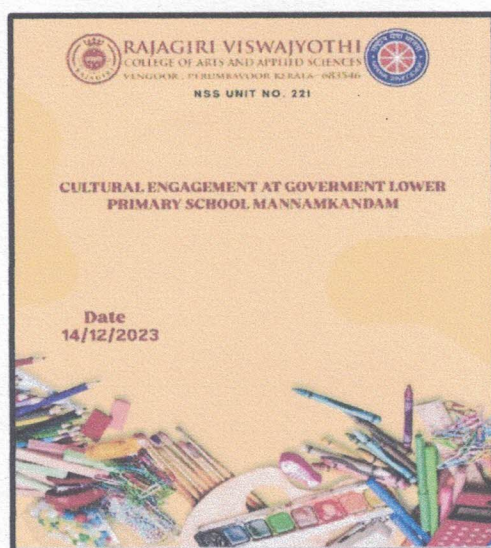
Programme Title	Cultural Engagement at Government Lower Primary School, Mannamkamdam
Organising Department/Cell	National Service Scheme
Date	14.12.2024
Nature of the Programme	Extension
Venue	Government Lower Primary School, Mannamkamdam

Report of the Event

The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences, organized a vibrant and impactful **Cultural Engagement Programme at the Government Lower Primary School, Mannamkamdam**, on December 14, 2024. The initiative was aimed at fostering community welfare and offering support through enriching cultural activities. The programme provided students with an opportunity to explore their creative talents while simultaneously strengthening their connection to the community. The event featured a variety of activities, including traditional performances, music, and interactive sessions designed to boost the students' confidence and sense of belonging. The NSS volunteers played an active role in



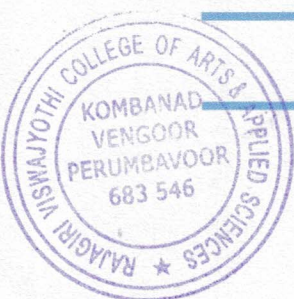
organizing these events, guiding the children through engaging games, art sessions, and cultural showcases that celebrated local traditions. These activities were carefully planned to be inclusive, ensuring that every child could participate and enjoy the experience. The cultural engagement not only created a lively atmosphere at the school but also contributed to the students' holistic development by fostering teamwork, creativity, and cultural awareness. Additionally, the interaction between the volunteers and the children helped bridge the gap between educational institutions and the broader community.



Poster of the Event



Photos from the Student Interaction Session



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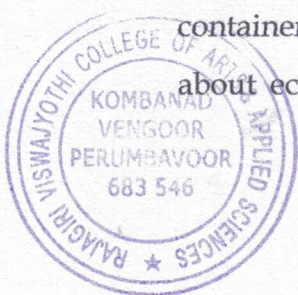
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13. Plastic-Free Awareness Campaign

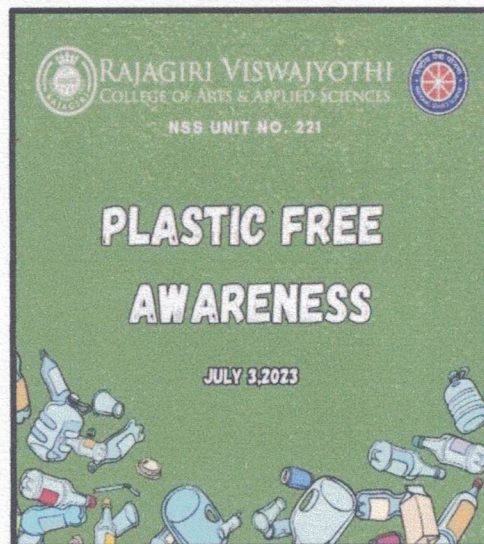
Programme Title	Plastic-Free Awareness Campaign
Organising Department/Cell	National Service Scheme
Date	03.07.2023
Nature of the Programme	Outreach
Venue	Thungali

Report on the Event

The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a **Plastic-Free Awareness Campaign** at Thungali on July 03, 2023. The campaign focused on raising awareness about the harmful effects of plastic usage through direct interaction with the local residents. The initiative was part of the college's ongoing commitment to promoting sustainable practices and fostering environmental consciousness within the community. NSS volunteers visited the homes of Thungali residents, engaging them in meaningful conversations about the dangers of single-use plastics and the long-term environmental impact. Through these face-to-face interactions, the students provided practical advice on reducing plastic consumption and encouraged the adoption of alternatives like cloth bags and reusable containers. Pamphlets were distributed, reinforcing the message with information about eco-friendly practices. The volunteers also addressed misconceptions about



convenience associated with plastic use and emphasized the health risks it poses, particularly in rural communities. Residents appreciated the personal approach and expressed their willingness to make small yet significant changes in their daily lives. By directly reaching out to households, the campaign created a deeper and more lasting impact than traditional awareness drives.



Poster of the Event



Students Spreading Awareness among Residents of Thungali



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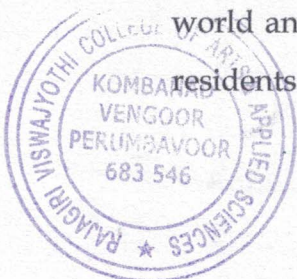
**Rajagiri Viswajyothi College of Arts & Applied Sciences,
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14. Computer Literacy Programme

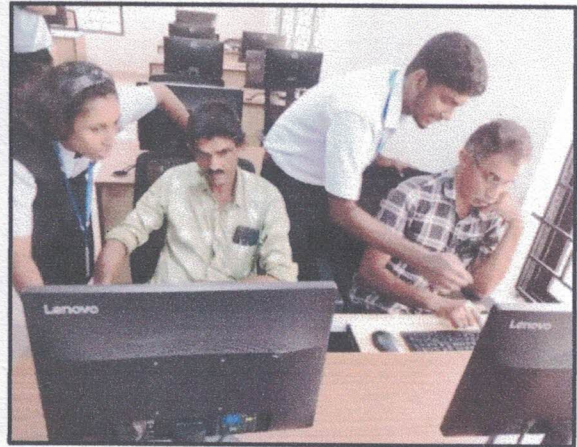
Programme Title	Computer Literacy Programme
Organising Department/Cell	National Service Scheme, Department of Computer Applications and Cultural Heritage Club
Date	02.12.2023
Nature of the Programme	Extension
Venue	RVCAS Computer Lab

Report on the Event

Rajagiri Viswajyothi College of Arts & Applied Sciences marked **Computer Literacy Programme** with a collaborative event organized by the Cultural Heritage Club, the Department of Computer Applications, and the National Service Scheme on December 2, 2023. The event aimed to enhance digital literacy among the local community, focusing on those with limited access to technology. Held at the college's computer lab, the initiative catered to both beginners and more advanced learners, offering sessions tailored to different skill levels. The programme commenced with a welcome address by Ms. Rengini D., Head of the Department of Computer Applications, who highlighted the growing importance of digital skills in today's world and their relevance in everyday life. The event saw active participation from residents of varying age groups, who were introduced to essential digital tools and



resources. Beginners learned basic computer operations, including navigating operating systems, internet browsing, and email setup. For participants with more experience, the sessions covered topics like digital security, effective online communication, and productivity software. The sessions were led by students from the Department of Computer Applications, who patiently guided participants through hands-on learning activities.



Photos of Computer Training offered by the Teachers and Students of the
Department of Computer Applications

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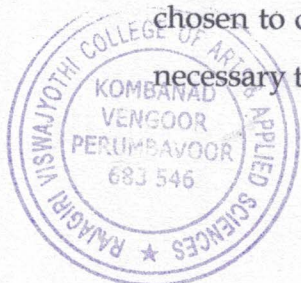
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

15. Distribution of Study Materials to Government L.P. School, Mannamkandam

Programme Title	Distribution of Study Materials to Government L.P. School, Mannamkandam
Organising Department/Cell	National Service Scheme
Date	17.02.2024
Nature of the Programme	Extension
Venue	Government L.P. School, Pinavoorkudy

Report of the Event

Rajagiri Viswajyothi College of Arts & Applied Sciences, through its National Service Scheme unit, conducted a significant community engagement programme on February 17, 2024, focusing on the **Distribution of Study Materials to Government L.P. School, Mannamkandam**. This initiative was designed to support the educational needs of students from underprivileged backgrounds, providing them with essential resources to enhance their learning experience. The NSS volunteers meticulously prepared for the event, collecting and organizing various study materials, including notebooks, writing tools, and stationery. These supplies were chosen to cater to the academic requirements of the students, ensuring they had the necessary tools to succeed in their studies. The event was held at the Government L.P.



School, Mannamkandam, chosen for its accessibility and central location within the community. During the distribution, volunteers engaged with the students, offering encouragement and motivational support. The school's teachers and staff expressed their appreciation for the contribution, highlighting how such support can significantly impact the students' educational journey and boost their morale. The interaction included a brief session where volunteers shared inspiring messages about the importance of education and perseverance.



Photos from the Student Interaction Session

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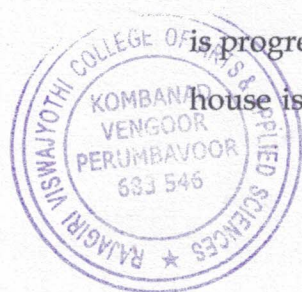
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

16. Snehaveedu: Home for Homeless

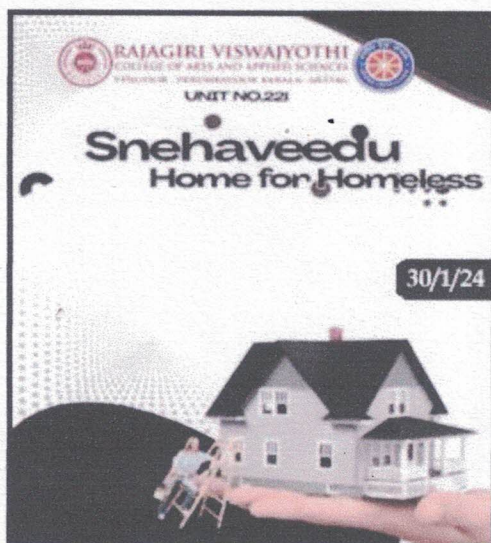
Programme Title	Snehaveedu: Home for Homeless
Organising Department/Cell	National Service Scheme
Date	30.01.2024
Nature of the Programme	Extension
Venue	Thungali

Report on the Event

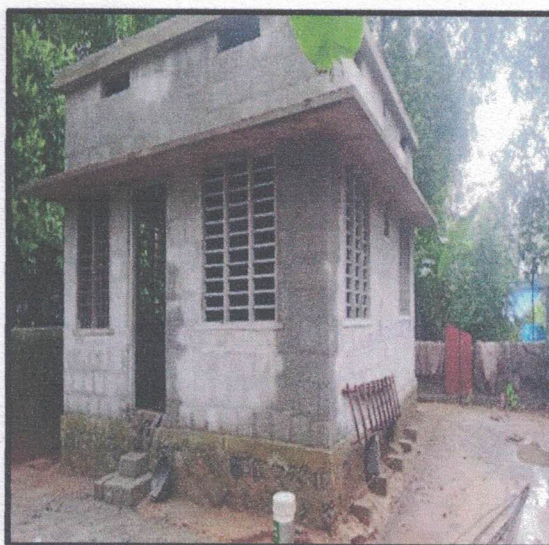
The **Snehaveedu: Home for Homeless** initiative, launched by the National Service Scheme, is dedicated to providing housing solutions for individuals in need, with a special focus on our support staff. The initiative began on January 30, 2024, with the goal of constructing homes for deserving staff members who have made significant contributions to our organization. The first home built under this initiative was for Mr. Joby P., a dedicated support staff member. This new home not only provided him with a safe and comfortable living space but also served as a token of appreciation for his unwavering commitment to our institution. Building on this success, the second project commenced in June 2024, aimed at providing housing for Ms. Saritha Shaiju, another valued member of our support staff. Construction began on June 3, 2024, and is progressing smoothly, with the foundation and framework already completed. The house is expected to be ready by the end of September 2024. Looking forward, the



Snehaveedu initiative remains committed to its mission of supporting additional staff members and individuals in need of housing.



Poster of the Event



Photos of Foundation Laying Ceremony for Snehaveedu and the Completed House



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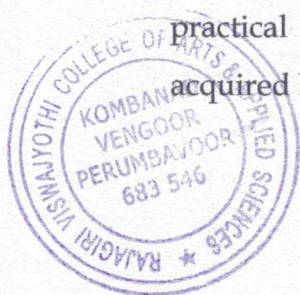
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

17. Tutorial Session on Gamification of Grammar at MGM High School, Nayathodu

Programme Title	Tutorial Session on Gamification of Grammar at MGM High School, Nayathodu
Organising Department/Cell	National Service Scheme
Date	22.01.2024
Nature of the Programme	Extension
Venue	High School Students of MGM, Nayathodu

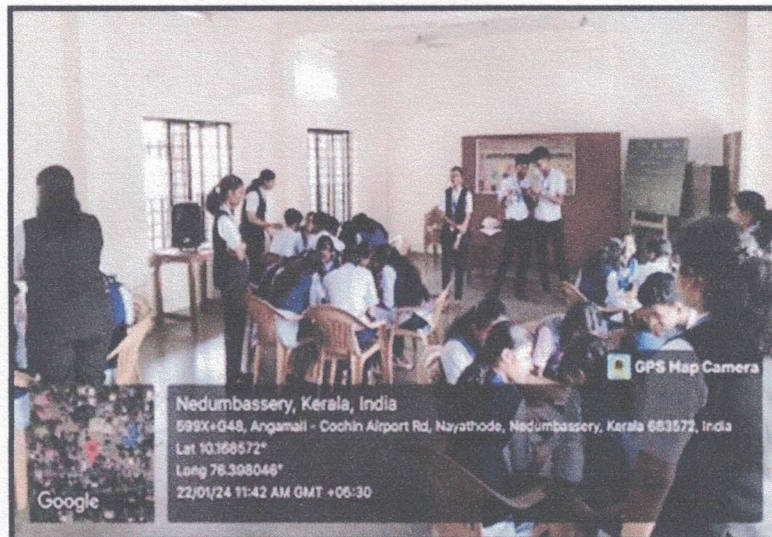
Report on the Event

On January 22, 2024, the Department of English hosted an engaging workshop titled **Gamification of Grammar**, Linguistic Engagement Through Games and Puzzles. This event aimed to enhance students' grammatical skills through interactive and enjoyable activities, fostering a sense of community and enthusiasm for learning. By integrating games and puzzles into the learning process, the programme sought to make grammar instruction more dynamic and effective, ultimately boosting student engagement and understanding. The workshop also featured a hands-on drafting activity where participants created their own grammar games and puzzles. This practical session encouraged creativity and allowed students to apply their newly acquired knowledge in innovative ways.






Poster of the Event



Photos of Gamification of Grammar at MGM High School, Nayathodu




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Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

18. Bodhi Memory Walk

Programme Title	Bodhi Memory Walk
Organising Department/Cell	National Service Scheme and Department of Psychology
Date	17.10.2023
Nature of the Programme	Outreach
Venue	Durbar Hall Ground, Ernakulam

Report on the Event

The **Bodhi Memory Walk**, held on October 17, 2023, at DurbarHall Ground in Ernakulam, was a two-hour awareness rally focused on increasing understanding and support for individuals affected by dementia. Organized by the National Service Scheme and Department of Psychology of Rajagiri Viswajyothi College of Arts & Applied Sciences, the event aimed to educate participants about the nature of dementia, including its symptoms, progression, and the profound impact it has on individuals and their families. The Bodhi Walk also emphasized creating a compassionate and inclusive community. By addressing common misconceptions and dispelling myths, the rally worked to reduce the stigma associated with dementia, promoting a more understanding and supportive environment. The programme




played a crucial role in fostering a supportive community, improving awareness, and reducing stigma surrounding dementia.



Photos of Bodhi Memory Walk




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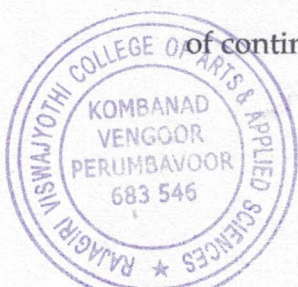
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

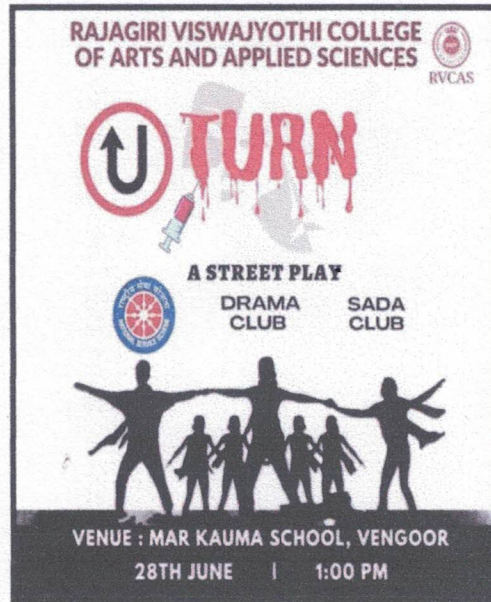
19. "U Turn "Awareness Programme against Drug Abuse and Illicit Trafficking

Programme Title	"U Turn "Awareness against Drug Abuse and Illicit Trafficking
Organising Department/Cell	National Service Scheme, Drama Club and SADA Club
Date	28.06.2023
Nature of the Programme	Outreach
Venue	Vengoor Mar Kauma School and Vengoor Junction

Report of the Event

The Drama Club and SADA Club of RVCAS presented the street play "U Turn" as part of their community outreach programme. The play was performed at Vengoor Mar Kauma School and Vengoor Junction, aiming to address the critical issue of drug abuse and illicit trafficking. The street play "U Turn" was staged at two significant locations: Vengoor Mar Kauma School and Vengoor Junction. The performance was designed to engage the audience through dramatic storytelling and relatable scenarios, emphasizing the negative consequences of drug abuse and the importance of making positive life choices. The initiative demonstrated the effectiveness of creative outreach in addressing serious social issues and highlighted the importance of continued efforts in drug prevention and education.



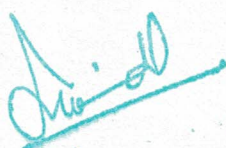


Poster of the Event



Photos of "U Turn" in relation with International Day Against Drug Abuse and Illicit Trafficking




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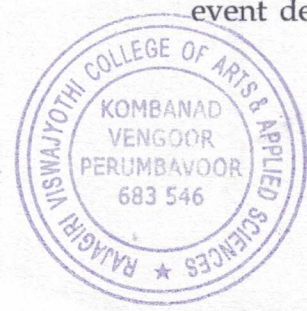
**Rajagiri Viswajyothi College of Arts & Applied Sciences,
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20. "Varnamayookham" Street Play

Programme Title	"Varnamayookham" Street Play
Organising Department/Cell	National Service Scheme
Date	21.12.2023
Nature of the Programme	Outreach
Venue	Vengoor Junction and Kurppampady Bus Stand

Report on the Event

The NSS Unit of Rajagiri Viswajyothi College and Drama Club organized the street play "Varnamayookham" as a community outreach programme on 21st December, 2023. This initiative aimed to enhance public awareness about HIV/ AIDS and combat the associated stigma through impactful and interactive performances. The street play "Varnamayookham" was staged at various locations within the community, including Vengoor Junction and Kurppampady Bus Stand. The initiative not only informed the community about important health issues but also contributed to creating a more accepting and supportive environment for individuals living with HIV/AIDS. The event demonstrated the power of creative expression in community outreach and



highlighted the importance of continuing such efforts to address public health challenges.



Photos of "Varnamayookham" Street Play Performed

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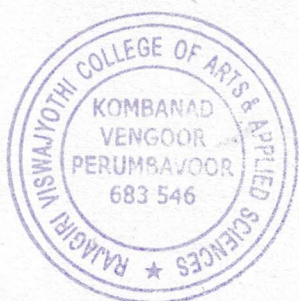
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

21. Sapling Distribution Initiative to Kudumbashree Members

Programme Title	Sapling Distribution Initiative to Kudumbashree Members
Organising Department/Cell	National Service Scheme and Nature Club
Date	11.09.2023
Nature of the Programme	Outreach
Venue	Thungali

Report on the Event

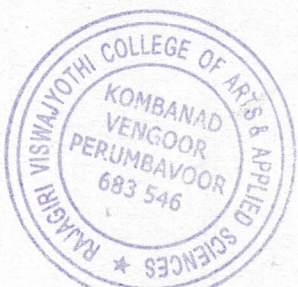
The **Sapling Distribution Initiative to Kudumbasree Members**, organized by the National Service Scheme and Nature Club at Rajagiri Viswajyothi College of Arts & Applied Sciences, is an annual event aimed at fostering environmental responsibility. This initiative involves distributing saplings to Kudumbasree members of Vengoor Panchayath to encourage their participation in reforestation and sustainable practices. By promoting a connection with nature, the Nature Club seeks to enhance environmental awareness and support local biodiversity.





Photos of Sapling Distribution Initiative to
Kudumbashree Members

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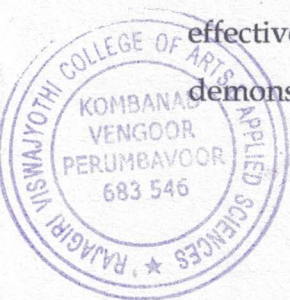
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

22. Plastic Free Awareness Programme in Association with Rayamangalam Panchayath

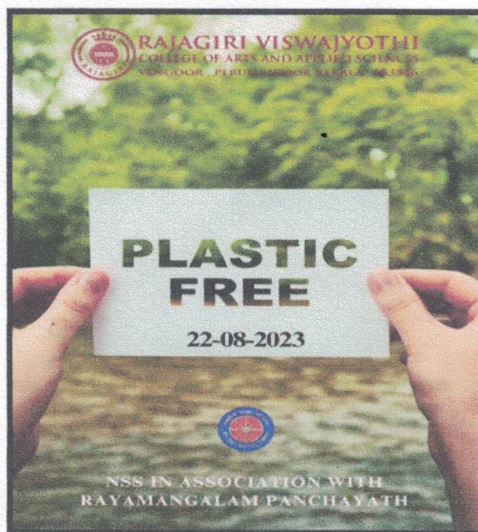
Programme Title	Plastic Free Awareness Programme in Association with Rayamangalam Panchayath
Organising Department/Cell	National Service Scheme
Date	22.08.2023
Nature of the Programme	Extension
Venue	Rayamangalam Panchayath

Report on the Event

On August 22, 2023, the NSS unit of Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor, in partnership with Rayamangalam Panchayath, held a successful **Plastic-Free Awareness Campaign**. The event, led by Mr. Ajayakumar, aimed to educate the community about the detrimental effects of plastic pollution and promote sustainable alternatives. The campaign included informative sessions on the environmental impact of plastic waste and practical steps for reducing plastic use. In addition, NSS students actively participated in a clean-up drive within Kuruppampady town, collecting and disposing of plastic waste. The clean-up drives effectively removed a considerable amount of plastic waste from the area and demonstrated the impact of collective action. Overall, the campaign was a positive



step toward environmental conservation, engaging both local residents and students in meaningful activities that contribute to a cleaner, more sustainable community.



Poster of the Event



Photos of Plastic Free Awareness Programme in Association with Rayamangalam Panchayath



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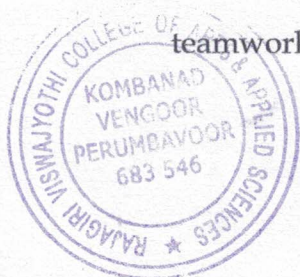
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

23. Home Renovation Drive

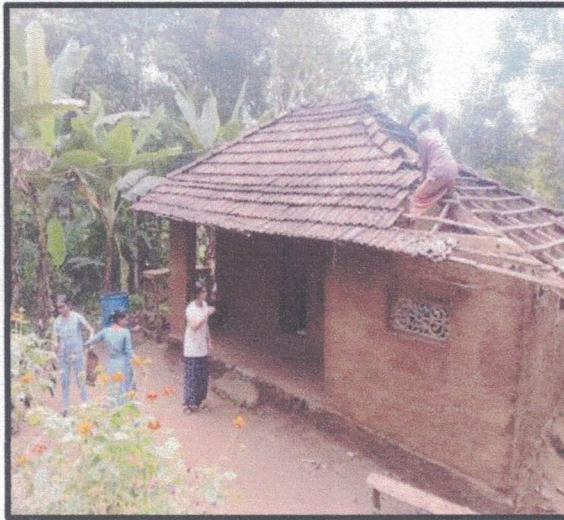
Programme Title	Home Renovation Drive
Organising Department/Cell	National Service Scheme and Sacred Heart College
Date	25.11.2023
Nature of the Programme	Extension
Venue	Thungali

Report on the Event

In a commendable display of social responsibility, the NSS units of Rajagiri Viswajyothi College of Arts & Applied Sciences and Sacred Heart College, Thevara, collaborated on a heartwarming community service project. Students from both institutions came together on November 25, 2023, to **Renovate the Home** of Mr. Shivarajan S., a local elderly resident who has been struggling due to unemployment. The project aimed to provide much-needed assistance by improving his living conditions, with a focus on re-roofing his house, which had fallen into disrepair. The students enthusiastically took on the task of cleaning and repairing the roof tiles, working with dedication to ensure the structure was restored to a safer condition. Their commitment extended beyond mere physical labor, as they engaged in teamwork and problem-solving to overcome challenges during the process. The

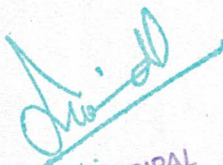


involvement of NSS volunteers highlighted the values of compassion, community engagement, and active citizenship that the program seeks to instil in students.



Students Participating in the Home Renovation Drive




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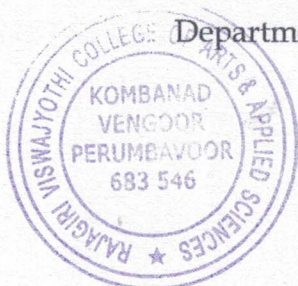
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

24. Campus Visit and English Session for Students of Government LPS, Paniyeli

Programme Title	Campus Visit and English Session for Students of Government LPS, Paniyeli
Organising Department/Cell	National Service Scheme
Date	27.10.2023
Nature of the Programme	Extension
Venue	Paniyeli

Report on the Event

Students from **Government LPS, Paniyeli**, visited the campus of Rajagiri Viswajyothi College of Arts & Applied Sciences on October 27, 2023, as part of a one-day outreach programme organized by the college's NSS unit. The school, adopted by the NSS unit of the institution, has been a focus of continuous support aimed at broadening the students' exposure and opportunities. The visit began with a guided tour of the campus, where the young visitors were introduced to various facilities, offering them an inspiring glimpse into the environment of higher education. The NSS volunteers played an active role in welcoming the students, guiding them around the campus, and ensuring they felt at ease throughout the day. After the tour, teachers from the Department of English conducted an interactive session focused on basic English




skills. The session was thoughtfully tailored to the needs of the young learners, blending simple language lessons with activities that encouraged participation. The programme concluded with cultural activities that brought the students together in a lively and joyful manner. The involvement of the NSS volunteers throughout the day was instrumental in ensuring that the event ran smoothly, highlighting the spirit of service and community engagement central to the programme. The event not only enriched the students' experiences but also reinforced the college's commitment to social outreach and inclusivity.



Students of Government LPS Visiting the Campus




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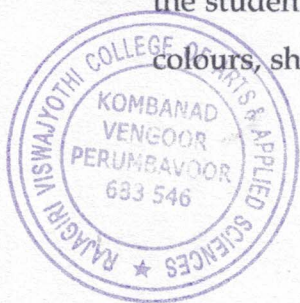
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

25. Craft-Making Workshop for Students of Government LPS, Paniyeli

Programme Title	Craft-Making Workshop for Students of Government LPS, Paniyeli
Organising Department/Cell	National Service Scheme
Date	12.01.2024
Nature of the Programme	Extension
Venue	Paniyeli

Report on the Event

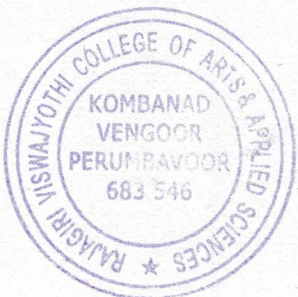
The NSS unit of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a **Craft-Making Session** for the students of Government LPS, Paniyeli, the school adopted by the institution, on January 12, 2024. The workshop focused on teaching simple and easy crafts aimed at improving creativity among young learners. The event was designed to be both fun and educational, encouraging the students to explore their artistic abilities using basic materials. NSS volunteers led the session, guiding the children through various creative activities like making paper flowers, bookmarks, and decorative items. The crafts were chosen to be simple yet imaginative, allowing the students to follow along easily while also giving them room to experiment with colours, shapes, and designs. The volunteers took care to make the session engaging

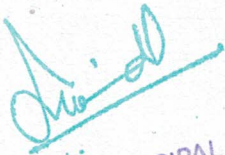


and supportive, encouraging every child to participate and express their unique ideas. The atmosphere was lively as the students eagerly learned new techniques, transforming ordinary paper and materials into delightful creations. The hands-on experience not only helped the students develop fine motor skills but also boosted their confidence as they saw their ideas take shape. The focus was on nurturing creativity in a relaxed and enjoyable setting, where mistakes were seen as part of the learning process.



Photos of Graft-Making Session at Government LPS, Paniyeli




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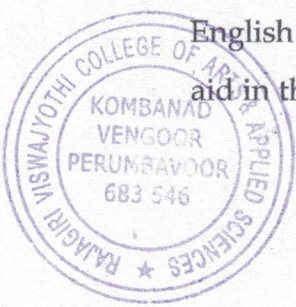
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26. English Workbook Distribution for MGM Higher Secondary School Students

Programme Title	English Workbook Distribution for MGM Higher Secondary School Students
Organising Department/Cell	National Service Scheme and Department of English
Date	15.02.2024
Nature of the Programme	Extension
Venue	Kuruppampady

Report on the Event

The NSS unit of Rajagiri Viswajyothi College of Arts & Applied Sciences, in collaboration with the Department of English, organized an **English Workbook Distribution Event** for 8th standard students at MGM Higher Secondary School on February 16, 2024. The initiative was part of the college's ongoing efforts to support educational development and provide resources to enhance learning opportunities for students in the community. The event began with the arrival of the NSS volunteers and English department faculty at the school, where they were warmly welcomed by the school staff and students. The main objective of the programme was to distribute English workbooks, which were carefully selected to complement the curriculum and aid in the students' language development. Each workbook was intended to provide



additional practice and reinforce the skills being taught in the classroom, contributing to a more comprehensive learning experience. This event not only provided valuable educational tools but also fostered a sense of connection between the college and the local school community.



Handing Over the Workbook to the Principal of MGM Higher Secondary School



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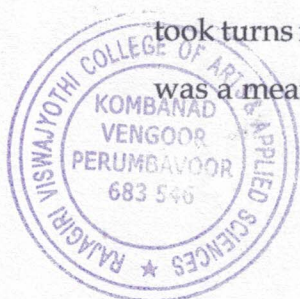
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

27. Book Donation Drive at Agape (Orphanage)

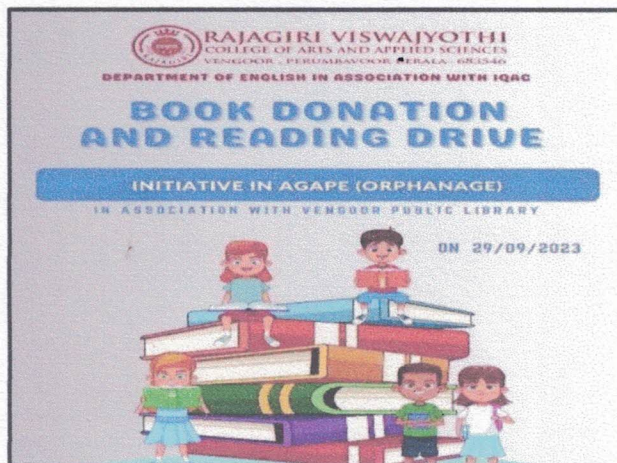
Programme Title	Book Donation Drive at Agape (Orphanage)
Organising Department/Cell	National Service Scheme and Department of English
Date	29.09.2023
Nature of the Programme	Extension
Venue	Agape, Thungali

Report on the Event

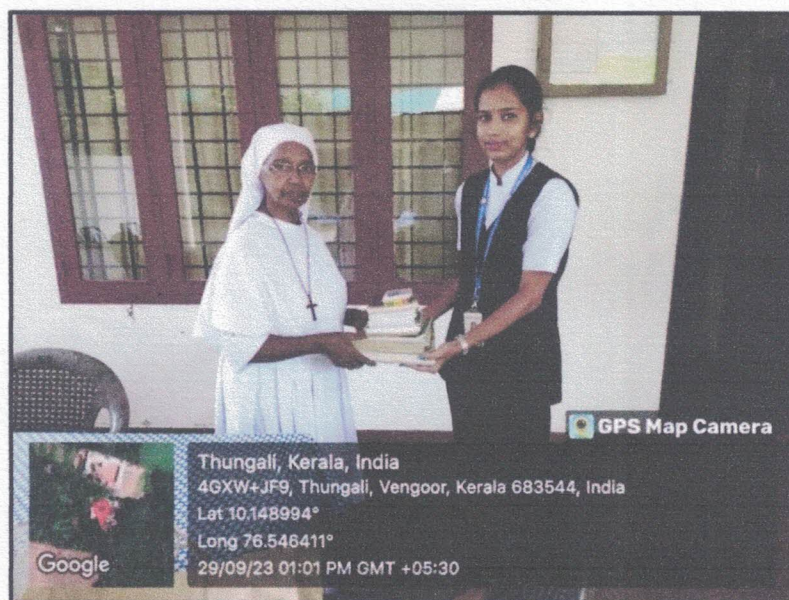
The National Service Scheme and the Department of English at Rajagiri Viswajyothi College organized a **Book Donation Drive at Agape Orphanage** in Thungali on 29th September 2023. This initiative aimed to foster a culture of reading among the children and provide them with access to educational resources that could enhance their learning experiences. The event was marked by the enthusiastic participation of both students and faculty members, who collaborated in curating a diverse collection of books ranging from children's literature and educational materials to inspiring stories. Upon arriving at the orphanage, volunteers received a warm welcome. Volunteers took turns reading stories aloud, creating a lively and engaging atmosphere. The event was a meaningful opportunity to connect with the children at Agape and contribute



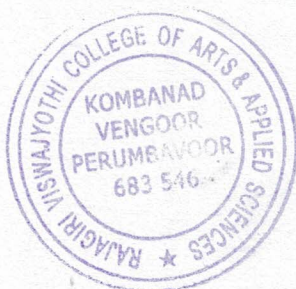
to their educational growth. The initiative successfully combined community service with the joy of learning, leaving a lasting impact on both the volunteers and the young readers.




Poster of the Event



NSS Volunteer Handing Over Books to the Mother Superior of Agape




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28. City Escape 2.0

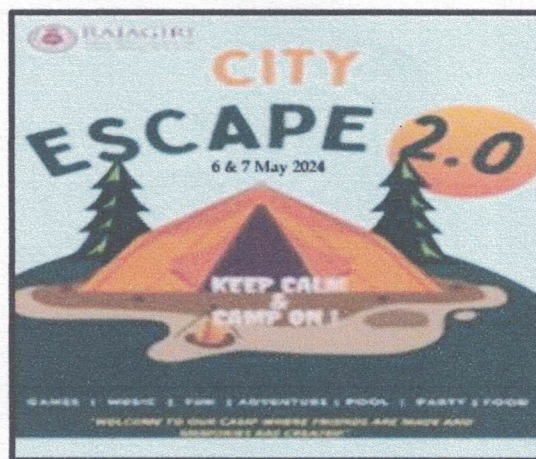
Programme Title	City Escape 2.0
Organising Department/Cell	National Service Scheme and Alumni Association
Date	06.05.2024 - 07.05.2024
Nature of the Programme	Extension
Venue	RVCAS Campus

Report of the Event

The alumni of Rajagiri Viswajyothi College of Arts & Applied Sciences organized a two-day residential camp titled **City Escape 2.0** on May 6th and 7th, designed for 12th standard students from various schools. The programme aimed to offer career guidance, foster teamwork, and provide students with a unique opportunity to experience life away from home. For many participants, this was their first time staying away from their families, making the camp an ideal setting for personal growth and peer bonding. The camp featured expert sessions on career guidance, helping students explore potential career paths and better understand the opportunities that lie ahead. In addition, engaging team-building games encouraged participants to work collaboratively, enhancing their problem-solving and leadership



skills. The itinerary also included visits to nearby tourist spots like Paniyeli and Panamkuzhi, giving students a chance to unwind and appreciate nature while bonding with their peers. Throughout the programme, students were introduced to the college's sustainable practices, helping them become more aware of eco-friendly initiatives and the importance of environmental consciousness. The camp provided an immersive experience that balanced learning, exploration, and community living, leaving participants with valuable memories and insights as they prepared for the next phase of their academic journey.



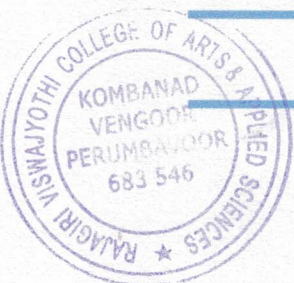
Poster of the Event



Photos of City Escape 2.0

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PRINCIPAL
Rajagiri Viswajyothi College of
Arts & Applied Sciences
Vengoor, Perumbavoor-683 546





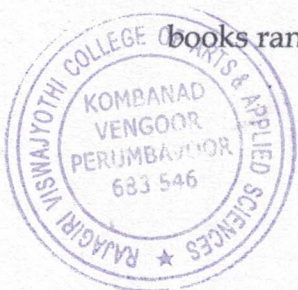
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

29. "Pusthaka Sparsham": Touching Lives Through Books

Programme Title	"Pusthaka Sparsham": Touching Lives Through Books
Organising Department/Cell	National Service Scheme
Date	26.05.2023
Nature of the Programme	Extension
Venue	RVCAS Campus

Report on the Event

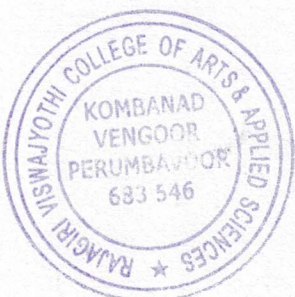
The National Service Scheme unit of Rajagiri Viswajyothi College of Arts & Applied Sciences took a significant step toward supporting educational access by organizing a book donation initiative for the children of a family belonging to the Scheduled Caste community. Held on 26th May 2023, the event took place on the college campus and reflected the institution's commitment to fostering equality and inclusion. The Principal, Dr. Joy P. Joseph, handed over the books to the family in a heartfelt ceremony, emphasizing the college's dedication to promoting educational opportunities for all. The initiative, named **"Pusthaka Sparsham": Touching Lives Through Books**, aimed to provide essential academic resources that would assist the children in their studies while also encouraging a love for reading. The selection of books ranged from textbooks to storybooks, catering to the diverse learning needs of



the recipients. Through this initiative, the NSS unit aimed to empower the children with knowledge and inspire them to pursue their educational goals with confidence. Dr. Joy P. Joseph's involvement in the event added a personal touch, reinforcing the message of solidarity and the importance of collective responsibility in uplifting marginalized communities.



Photo of Pusthaka Sparsham



J. P. Joseph
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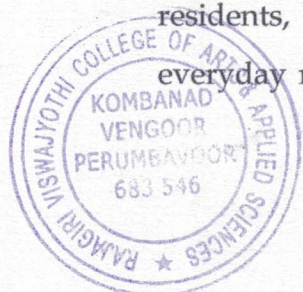
Rajagiri Viswajyothi College of Arts & Applied Sciences, Vengoor

30. "Arogya Samrakshanam": Nurturing Health and Hygiene

Programme Title	"Arogya Samrakshanam": Nurturing Health and Hygiene
Organising Department/Cell	National Service Scheme
Date	26.12.2023
Nature of the Programme	Extension
Venue	St. Mary's High School, Karariyeli

Report of the Event

A community health awareness programme titled "Arogya Samrakshanam": Nurturing Health and Hygiene was organized by the college at St. Mary's High School, Karariyeli, on 26th December 2023. The session, "Aarogyavum Shuchithvavum" focused on promoting healthy practices and raising awareness about the importance of maintaining cleanliness in daily life. Held from 3.00p.m. to 4.00 p.m., the programme featured Dr. Vijayamma Thomas as the resource person, whose expertise and engaging presentation made the session highly informative and impactful. Addressing a diverse audience that included students, teachers, and local residents, Dr. Vijayamma emphasized the significance of integrating hygiene into everyday routines, particularly in school and community settings. She highlighted



how basic habits like handwashing, proper waste disposal, and maintaining personal cleanliness are crucial in preventing diseases. The talk also covered the role of balanced nutrition and regular health check-ups in fostering overall well-being. The interactive nature of the session allowed participants to ask questions and share their concerns, creating a platform for meaningful dialogue on health issues that are often overlooked in daily life. Dr. Vijayamma's practical tips and insights, delivered in simple and relatable language, resonated with the audience, ensuring that the core messages were understood and could be easily implemented.

The initiative not only raised awareness about health and hygiene but also reinforced the college's commitment to community outreach and public health education. By bridging knowledge gaps and encouraging healthy practices, the programme contributed to building a healthier and more informed community.



Dr. Vijayamma Thomas Interacting with the Audience



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