



RAJAGIRI VISWAJYOTHI
COLLEGE OF ARTS AND APPLIED SCIENCES
VENGOOR, PERUMBAVOOR KERALA- 683546

An ISO 9001 : 2015 Certified Institution

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CRITERION 3

RESEARCH, INNOVATION AND EXTENSION

3.4.1 EXTENSION ACTIVITIES AND OUTREACH

2019-2024

Submitted to



3.4.1 Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years

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1. Distriution of Study Materials at Library, Pinavoorkudy

On 17th February 2024, NSS at Rajagiri Viswajyothi college, in collaboration with the Heritage Club and Department of Business Administration has undertaken a meaningful visit to Pinavoorkudy Tribal Area at Kuttampuzha Gram Panchayat, in Ernakulam District. The main objective of the visit was to support and engage with the local community, particularly the students of the Lower Primary School in the Kuttampuzha. 45 students participated in the visit. The visit commenced at 10:30 AM and was coordinated by Seena M Peter and Saritha PN. The primary focus of the initiative was twofold: first, to distribute essential books and stationery supplies to the students of the Lower Primary School, and second, to foster cultural engagement through interactive sessions.

During the visit, the BBA students distributed a variety of educational materials, including textbooks, notebooks, and other stationery items, which are crucial for the students' academic growth. This gesture was met with great enthusiasm and appreciation from both the children and their teachers.

In addition to the distribution of materials, the students of Cultural Heritage Club Conducted Some cultural activities aimed at enriching the students' learning experience. This included storytelling sessions, traditional games, and interactive discussions about cultural heritage. These activities were designed to not only educate but also entertain, creating a memorable experience for the young learners



Seena M Peter

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2. Survey on Hepatitis B at Vengoor Panchayat

In May 2024, a Hepatitis B outbreak occurred in the Vengoor, causing a major crisis and leading to the deaths of numerous people. The NSS unit at Rajagiri Viswajyothi College conducted a detailed survey on Hepatitis B in Ward No. 9, Vengoor Panchayat. They visited homes within the panchayat, providing guidance on how to prevent the spread of Hepatitis and advising on steps to protect against the disease.

The initiative, led by NSS coordinator Mrs. Karthika Balachandran, involved 4 students and aimed to assess community awareness about Hepatitis B while promoting preventive strategies. The survey, conducted from 10:00 AM to 1:00 PM, covered 52 households. The students focused on gauging residents' knowledge of Hepatitis B, including its transmission, symptoms, and prevention methods. They also provided essential awareness on how to prevent the disease, emphasizing the importance of vaccination and proper sanitation.

The survey findings revealed varying levels of awareness among the residents, with significant gaps in understanding the disease. In response, local health authorities were consulted to offer recommendations for improving public health outcomes. They emphasized the importance of enhanced sanitation practices to reduce the risk of Hepatitis B transmission and the need for widespread vaccination to prevent the spread of the virus.

This initiative not only provided valuable insights into community awareness but also highlighted the importance of continuous education and preventive measures. The collaboration between the students and health authorities serves as a successful model for addressing public health concerns and promoting community well-being. Through this effort, the survey aims to mitigate future outbreaks and contribute to a healthier community.





Students taking survey about hepatitis B on 14/05/2024



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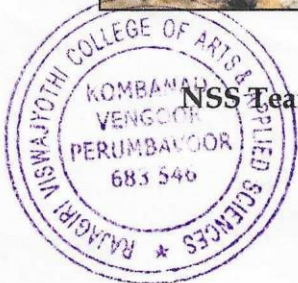
3. Snehaveedu -Home for Homeless

The NSS at Rajagiri Viswajyothi College of Arts and Applied Sciences launched a project titled "HOME FOR HOMELESS," aimed at providing shelter and a sense of belonging to those without homes. The NSS team coordinated by Saritha P.N conducted an assessment to identify the needs within the community, focusing on individuals and families living in homelessness or poor conditions. As part of this initiative, two homes were constructed by the team. The first phase of this project began on 30th January ,2023 and its core objective is to build houses for people lacking stable housing.

The NSS unit of Rajagiri Viswajyothi College launched the "Snehaveedu" project at Koovapady Gram Panchayat on 30th January, 2023 to support individuals without adequate housing. This initiative focused on providing essential aid and building shelters for those in need. Volunteers collaborated with local organizations to identify beneficiaries and organized activities including site preparation and shelter construction. The project aimed to offer not only physical homes but also emotional support, ensuring a sense of security for the recipients. 15 NSS Students Participated in Construction Project From 14/02/2024. Through "Snehaveedu," the NSS team highlighted the importance of community service and demonstrated their commitment to improving the lives of the less fortunate. This initiative exemplified the college's dedication to social responsibility and compassion.



NSS Team actively participating in the construction process on 14/02/2024



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4.Dengue Fever Awareness Programme at Ward No. 9 of Vengoor Panchayat

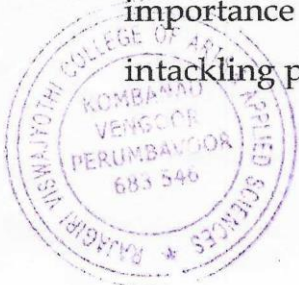
The National Service Scheme (NSS) of Rajagiri Viswajyothi College of Arts and Applied Sciences conducted a comprehensive Dengue Fever Awareness Programme at Ward No. 9 of Vengoor Panchayat on June 13, 2023. This initiative was aimed at educating the local community about dengue fever, its prevention, and effective control measures.

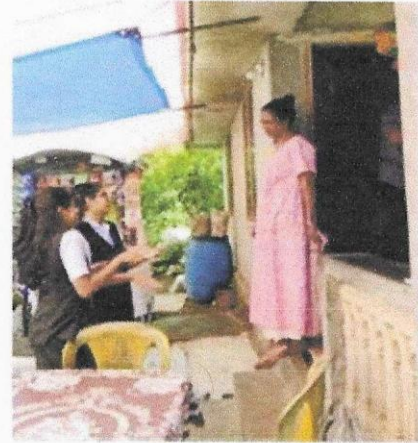
The awareness campaign commenced at 10:00 AM and continued until 4:00 PM. During this period, NSS volunteers which include 7 students and coordinator engaged with residents through door-to-door interactions at 50 households. The students provided crucial information on dengue fever, which is transmitted by mosquitoes, emphasizing preventive measures such as eliminating standing water, using mosquito repellents, and maintaining cleanliness around the home.

The programme was meticulously coordinated by Saritha P. N., who ensured that the outreach was effective and that the information provided was both accurate and practical. The NSS volunteers distributed informative pamphlets and engaged in discussions to address any questions or concerns raised by the residents.

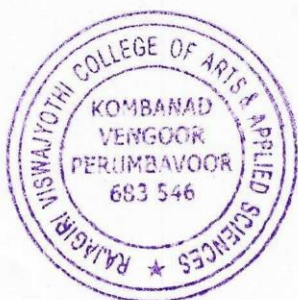
The community Response was favorable, underscoring the program's effectiveness in increasing awareness and providing residents with essential information to prevent dengue fever. The initiative demonstrated the NSS's commitment to public health and community service, contributing significantly to local efforts in managing and preventing dengue fever.

The Dengue Fever Awareness Programme was a successful endeavour in educating and empowering the community of Ward No. 9, reinforcing the importance of preventive health measures and active community engagement in tackling public health issues.





**Dengue Fever Awareness Programme by the NSS Students at Ward No. 9 of
the Vengoor Panchayat on 13/06/2023**



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5. Sapling Distribution at Anganwadi ,Vengoor Grama Panchayat

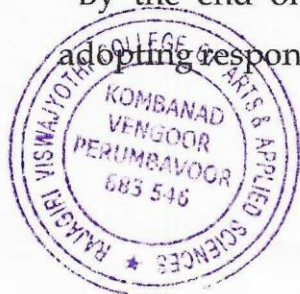
On June 5, 2023, the National Service Scheme (NSS) of RajagiriViswajyothi College of Arts and Applied Sciences organized a highly impactful Environmental Sustainability programme at the Anganwadi in Vengoor. This initiative was carefully crafted to educate the community on the critical importance of trees in maintaining ecological balance and to provide practical experience in tree planting and care.

The event, held in observance of World Environment Day, was coordinated by Saritha P.N., and saw the participation of 14 dedicated NSS students and two faculty members. The program was geared towards raising awareness among students, parents and teachers about the vital role trees play in our ecosystem. By focusing on the theme of environmental stewardship, the event sought to foster a deeper understanding of the responsibilities we all share in preserving and enhancing our natural resources.

The participants were actively engaged in hands-on activities that emphasized the importance of trees for ecological health and sustainability. These activities not only provided practical insights into the process of nurturing saplings and guiding them to maturity but also equipped the participants with the necessary skills to contribute meaningfully to environmental conservation efforts.

A key highlight of the event was the distribution of saplings to the students, parents and teachers of Anganwadi, Vengoor. A total of 34 saplings were distributed, with each recipient being guided on how to care for and nurture their new plants. This distribution was a symbolic gesture, intended to encourage the community to take an active role in sustaining the environment by planting and caring for trees.

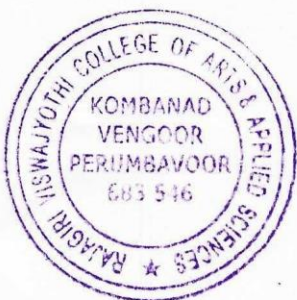
By the end of the event, there was a palpable sense of commitment to adopting responsible practices that support the health and sustainability of our

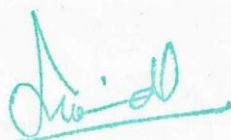


natural world. Through this initiative, the NSS team of Rajagiri Viswajyothi College made a meaningful contribution to environmental awareness and conservation in the Vengoor community.



Sapling Distribution at Aganvadi, Vengoor on 05/06/2023




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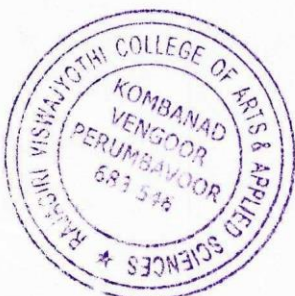
6. Distribution of Study Materials at Mannamkandam Tribal School

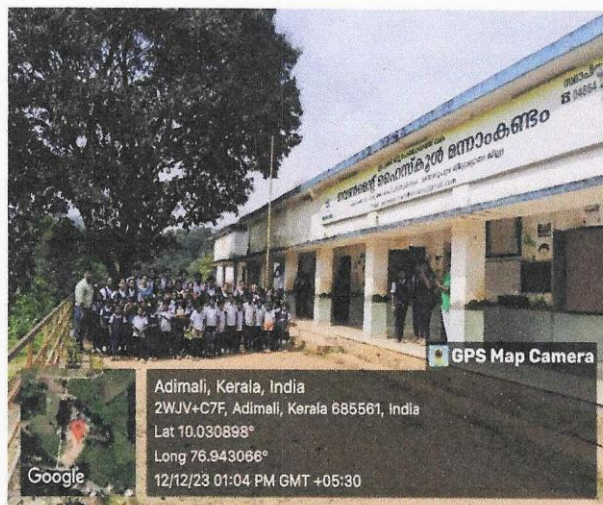
Rajagiri Viswajyothi College of Arts and Applied Sciences, together with its National Service Scheme (NSS) and the Department of Commerce, organized a program to distribute study materials at Mannamkandam Tribal School on December 12, 2023. This initiative was focused on supporting the educational needs of students in the tribal community.

The event, coordinated by Ms. Binitha P. S. and Saritha P. N., began at 10AM and concluded at 4:30 PM. A total of 26 students from the Department of Commerce and 21 NSS volunteers participated in the program. The college students distributed essential study materials to the higher secondary students of Mannamkandam Tribal School, ensuring that they had access to the resources necessary for their academic success.

Alongside distributing study materials, the program featured cultural activities that promoted community spirit and engagement. These activities aimed to strengthen connections between the college students and those from the tribal school, creating a positive and interactive environment. The interactions were notably friendly and productive, showcasing the mutual respect and enthusiasm between all participants.

The programme contributed educational support for the tribal school students and strengthening the bonds between the college and the local community. The collaborative efforts of the NSS and Department of Commerce were instrumental in making this initiative impactful and memorable.





**Distribution of Study Materials by the NSS
and Commerce Department at
Mannamkandam Tribal School on 12/12/2023**



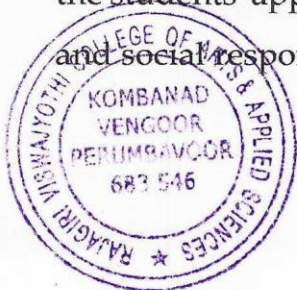
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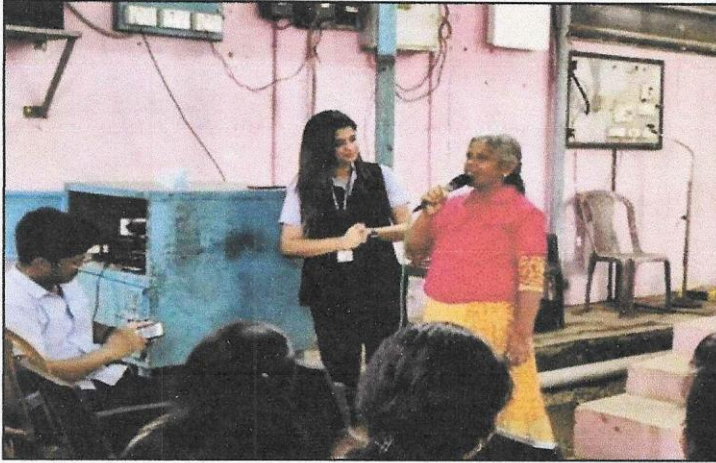
7. Cultural Engagement with 'Bethlehem Abhaya Bhavan'

Rajagiri Viswajyothi College of Arts and Applied Sciences visited Bethlehem Abhaya Bhavan, an old age home, with, National Service Scheme (NSS) team coordinated by Saritha P.N on November 24, 2023 as part of their community outreach program. This visit aimed to bring joy and engagement to the elderly residents and foster a sense of connection between the college students and the elderly community.

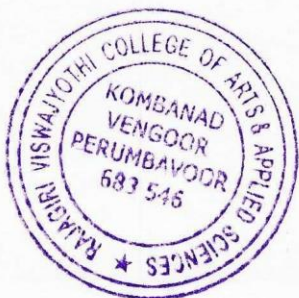
During the visit, the 15 NSS volunteers organized a variety of cultural activities, including dance performances and musical sessions. These activities were thoughtfully planned to entertain and uplift the residents. The students performed dances and songs, creating a vibrant and festive atmosphere. The residents were invited to participate, and they joyfully joined in, dancing and singing along with the students.

The interaction between the students and the residents was heartwarming and enriching. The elderly residents expressed their appreciation through enthusiastic participation, which added to the overall enjoyment of the event. For the students, it was a valuable learning experience that highlighted the importance of empathy, respect, and meaningful engagement with older individuals. The visit to Bethlehem Abhaya Bhavan was a memorable and impactful experience for both the students and the residents. It underscored the NSS's commitment to community service and the positive effects of cultural engagement on fostering mutual respect and understanding. The event not only provided entertainment but also deepened the students' appreciation for the elderly, reinforcing the values of compassion and social responsibility.





Cultural Engagement by the NSS of Rajagiri Viswajyothi College of Arts and Applied Sciences at Abhaya Bhavan on 24/11/2023



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8.AIDS day Awareness Programme at Kuruppampady, Ashamanoor, and Iringole

Rajagiri Viswajyothi College of Arts and Applied Sciences organized an impactful AIDS Awareness program in Kuruppampady, Ashamanoor, and Iringole on December 1, 2023. This initiative, led by the college's National Service Scheme (NSS) in association with the Drama Club, aimed to enhance community understanding of AIDS and its prevention.

The program, coordinated by Anila Roshan Roy and Saritha P. N. It was a one-day event designed to educate local residents about AIDS, with a particular focus on the Perumbavoor area, which has a notable incidence of AIDS. The event featured a street play lasting 35 minutes, performed by 12 students and 4 faculty members. The play was an engaging and effective medium to communicate critical information about AIDS, including prevention methods, the importance of early testing, and combating stigma.

The street play captured the audience's attention and provided a vivid portrayal of the challenges faced by those affected by AIDS. The performance also encouraged dialogue within the community, fostering a better understanding of the disease and dispelling myths and misconceptions.

Feedback from attendees highlighted the program's success in raising awareness and its positive impact on community health education. The initiative not only provided valuable information but also demonstrated the college's commitment to social responsibility and public health.

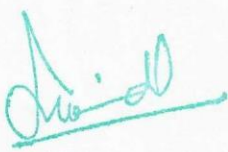
The AIDS Awareness program was a significant step in addressing health issues in the community and exemplifies the power of collaborative efforts in promoting essential health education.





Anti-Aids Awareness Programme by NSS Students on 01/12/2023




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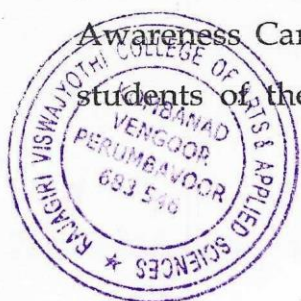
9. Anti-Plastic Awareness Campaign

An ambitious Anti-Plastic Awareness Campaign was launched in Ward No. 12, led by the dedicated students of the National Service Scheme (NSS) from Rajagiri Viswajyothi College of Arts and Applied Sciences on February 22, 2022. Coordinated by Rahul Babu, this initiative aimed to combat plastic pollution by educating and mobilizing the community towards more sustainable practices.

The campaign commenced at 10:00 AM and continued until 2:30 PM. During this time, 12 NSS students engaged with the community through a series of impactful educational activities. They set up information booths and organized talks that shed light on the severe environmental impacts of plastic waste.

A significant component of the campaign was the community clean-up drive. This effort aimed to not only remove plastic waste but also demonstrate its extensive presence. Students and local residents worked together to collect discarded plastic items, including bottles, bags, and food wrappers, from public areas. Equipped with gloves and trash bags, they gathered the waste, which visually underscored the urgent need for action against plastic pollution.

The campaign successfully reached 42 houses within the panchayat, making a substantial impact. The students' efforts highlighted the power of community-driven initiatives in addressing environmental issues and inspired a lasting commitment to environmental stewardship. Moving forward, the NSS plans to continue this momentum by developing ongoing educational programs for schools and community groups and exploring partnerships with local businesses and authorities. An ambitious Anti-Plastic Awareness Campaign was launched in Ward No. 12, led by the dedicated students of the National Service Scheme (NSS) from Rajagiri Viswajyothi



College of Arts and Applied Sciences.Coordinated by Rahul Babu,this initiative aimed to combat plastic pollution byeducating and mobilizing the community towards more sustainable practices.



Anti-Plastic Awareness Campaign by NSS students at Ward No. 12 on February 22, 2

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10 .Medical Camp in Association with NIMS Hyat Hospital at Keerampara

Rajagiri Viswajyothi College of Arts and Applied Sciences, Vengoor, in collaboration with NIMS Hayath Care, Nellikuzhi, organized a comprehensive medical camp for higher secondary students at St. Stephens HSS, Keerampara on December 8, 2023. This initiative focused on addressing and raising awareness about obesity, a prevalent health concern among adolescents.

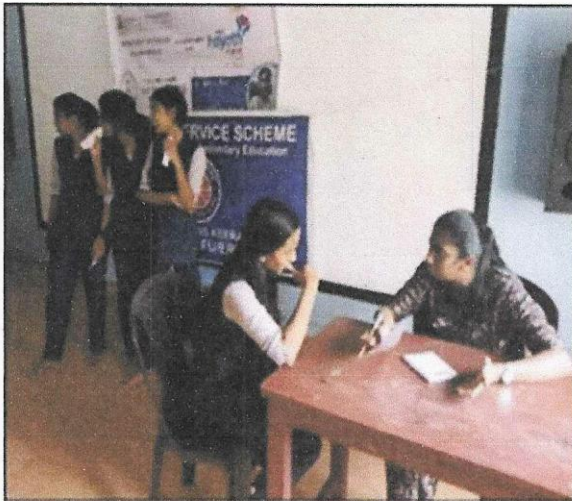
The medical camp was conducted under the expert supervision of Dr. Deviya Roy, a leading specialist in the field. The event aimed to educate students on the risks associated with obesity and provide them with practical guidance on maintaining a healthy lifestyle. The camp featured a series of interactive sessions, including lectures on nutrition, physical activity, and the impact of obesity on overall health.

A total of 120 students from St. Stephens HSS participated in the camp. The sessions were designed to engage students through interactive discussions, Q&A sessions, and practical demonstrations. Participants were assessed for obesity-related health issues and given personalized advice on diet and exercise.

The event not only offered valuable information but also fostered a supportive environment for students to discuss their health concerns openly. Feedback from the students and school authorities was overwhelmingly positive, highlighting the camp's role in enhancing their awareness and understanding of obesity.

This successful collaboration between Rajagiri Viswajyothi College and NIMS Hayath Care demonstrates a commendable effort in promoting student health and wellness. The initiative is a significant step toward combating obesity and encouraging healthier lifestyles among youth.





Medical Camp at St. Stephens HSS, Keerampara on 08/12/202



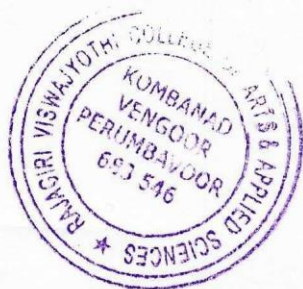
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11. Face Mask Distribution to local residents at Vengoor Panchayat

On a crucial day, the National Service Scheme (NSS) of Rajagiri Viswajyothi College embarked on a meaningful initiative to distribute face masks in Ward No. 9 of Vengoor Panchayat. This community-driven program was coordinated by Mr. Jithu Philip, who ensured the smooth execution of the event. The primary objective was to contribute to the safety and well-being of the local residents during the ongoing health crisis.

The 11 NSS volunteers , along with two faculty members, actively participated in this noble cause. They visited 28 houses within Ward No. 9, distributing masks and raising awareness about the importance of wearing them as a preventive measure against the spread of infectious diseases. The effort was not merely about handing out masks but also about engaging with the community to reinforce the significance of personal and public health. This face mask distribution took place 26th December 2021. The selection of the date was strategic, coinciding with a period when the need for protective measures was paramount.

The programme reflected the NSS's commitment to social responsibility and its role in fostering a sense of community service among students. Through this initiative, the NSS of Rajagiri Viswajyothi College once again demonstrated its dedication to contributing positively to society. The distribution not only provided immediate relief but also left a lasting impact on the community, promoting a culture of care and precaution that is vital in challenging times.





**Image Showing the Collection of Masks by the Residents of
Vengoor Panchayat on 26/12/2021**

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12. Cleaning of Public Places

Rajagiri Viswajyothi College of Arts and Applied Sciences organized an extensive cleaning drive, embodying the principles of cleanliness and public service championed by Mahatma Gandhi. This initiative was not just a tribute to Gandhi's vision of a cleaner and healthier nation but also an active demonstration of the college's commitment to his values.

On October 7, 2023, Rajagiri Viswajyothi College organized a community service event at LP School Paniyeli. 40 Students coordinated Sarith P.N actively participated in ground cleaning to prepare the area for upcoming agricultural activities. Their efforts included removing debris and clearing the field to ensure a clean and suitable environment for farming. This initiative not only supported the school's agricultural program but also demonstrated the students' commitment to community service and environmental stewardship.

On March 12, 2023, the NSS team from Rajagiri College conducted a successful cleaning drive at St. Mary's School, Krariyeli. 32 Volunteers coordinated by Saritha P.N diligently cleared litter, organized spaces, and enhanced the overall cleanliness of the school environment. The initiative not only improved the school's physical condition but also fostered a sense of community and environmental responsibility among participants. The event was well-received by both students and faculty, marking a positive impact on the local educational environment.

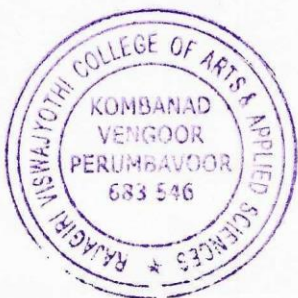
On October 15, 2022, The NSS team from Rajagiri College organized a cleaning drive in Ward No. 9. 35 Volunteers coordinated by Rahul Babu effectively removed litter, cleared debris, and beautified public spaces, significantly improving the area's appearance. The event fostered community engagement

promoted environmental awareness among participants. The clean-up was well-received by local residents and demonstrated the NSS team's commitment to enhancing their surroundings and supporting community well-being

Beyond the tangible improvements in cleanliness, the programme promoted a profound sense of community engagement and civic responsibility. Participants not only took pride in their immediate contributions but also felt a deeper connection to the values of service and stewardship. The drive served as a powerful reminder of the impact of collective action and the importance of maintaining public spaces. The Programme reinforced the college's dedication to Mahatma Gandhi's ideals and showcased its active role in promoting civic responsibility.



Team NSS at Mekkapala

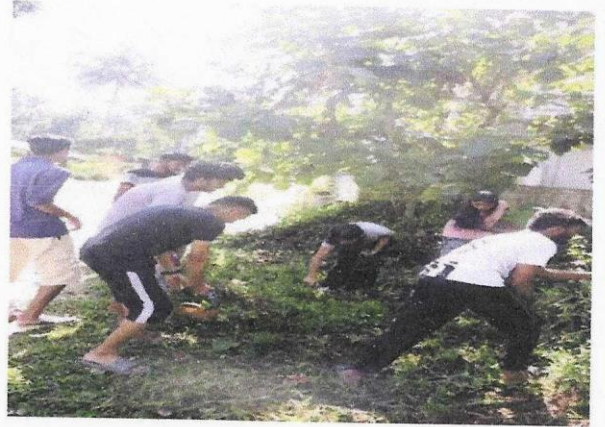


A handwritten signature in green ink, likely of the Principal, is written over the printed name.

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Cleaning at Paniyeli



Cleaning Krariyeli



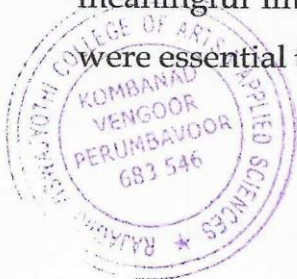
13. Anti-Drug Awareness Programme at Vengoor Town

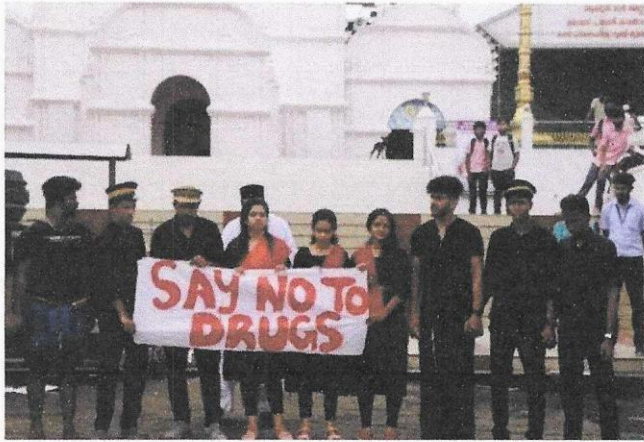
The National Service Scheme (NSS) of Rajagiri Viswajyothi College, in collaboration with the Drama Club, organized a notable anti-drug awareness program "Say No to Drugs" through a compelling drama performance on 28th June 2022 at Vengoor Town, held from 10:00 AM to 11:00 AM. This initiative was coordinated by Rahul Babu and aimed at addressing and reducing drug use among youth by delivering a powerful educational message about the dangers and consequences of substance abuse.

The drama was thoughtfully designed to highlight the severe impacts of drug use on both individuals and their communities. By employing a narrative approach, the performance sought to create an emotional connection with the audience, making the anti-drug message both impactful and memorable. Through vivid storytelling and relatable scenarios, the drama effectively illustrated the physical, psychological, and social repercussions of drug abuse, thereby fostering a deeper understanding of the issue.

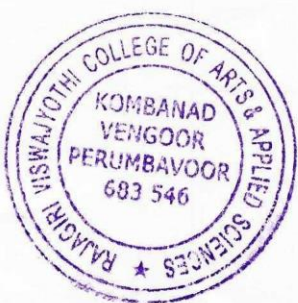
Involved in the program were 5 students from the Drama Club and 6 NSS volunteers, who played crucial roles in the performance and its organization. The participants gained significant insights into the risks associated with drug use, leading to more informed decision-making and healthier lifestyle choices. The program's success was evident in the observed decrease in drug use among participants and the positive changes in their attitudes and behaviors toward drugs.

The anti-drug awareness drama successfully raised awareness about substance abuse, reflecting the college's dedication to addressing important social issues and promoting community health. The event demonstrated the effectiveness of creative approaches in tackling public health challenges and making a meaningful impact. The program was coordinated by Rahul Babu, whose efforts were essential to its success.





Team NSS Playing a Drama "Say No to Drugs" at Vengoor Town



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14. Life Style Disease Awareness Programme at Markauma HigherSecondary School, Vengoor

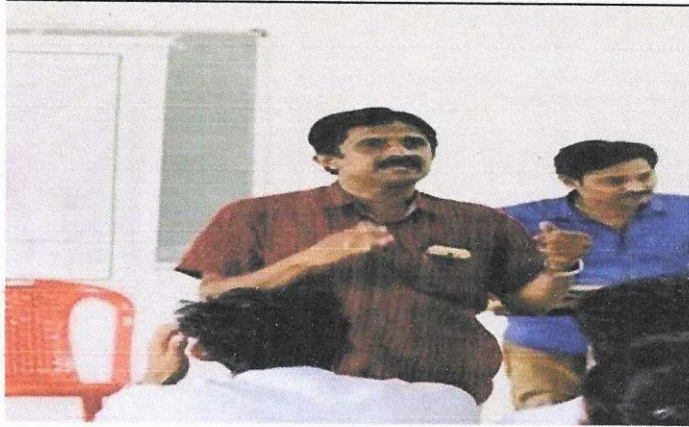
The National Service Scheme (NSS) of Rajagiri Viswajyothi College, in collaboration with the Health Service Centre (HSC) of Vengoor, organized a crucial Lifestyle Disease Awareness Programme at Mar Kauma HSS Vengoor. This initiative aimed to educate students about the impact of lifestyle choices on their health and to promote healthier living habits.

The programme Conducted on 14/11/2022 focused on raising awareness about prevalent lifestyle diseases such as diabetes, hypertension, and heart disease. It emphasized how these conditions are linked to everyday habits and highlighted the importance of adopting a healthier lifestyle to prevent such diseases. Engaging presentations and interactive sessions were conducted to underscore the benefits of a balanced diet, regular physical activity, and effective stress management.

Dr. Victor from the Health Department of Vengoor delivered a comprehensive talk on the lifestyle practices students should follow to avoid lifestyle diseases. His presentation provided valuable insights into the connection between daily habits and long-term health outcomes. Nine NSS Volunteers played a key role in the event, assisting with the necessary arrangements to ensure the smooth execution of the talk. The programme was coordinated by Jithu Philip, who ensured that all aspects of the event were well-organized and effectively managed.

The Lifestyle Disease Awareness Programme successfully informed students about critical health issues and encouraged the adoption of healthier lifestyles. The collaboration between Rajagiri Viswajyothi College, the Health Service Centre, and Mar Kauma HSS Vengoor demonstrated a strong commitment to promoting health education and preventative care within the community.





**Life Style Disease Awareness Programme
Conducted at Mar Kauma HSS Vengoor**



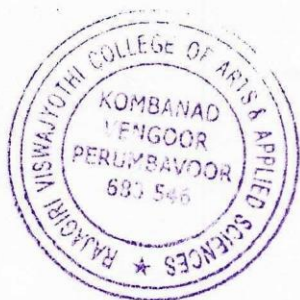
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15. School Adoption at Govt.Lower Primery School ,Paniyeli

On September 14th 2023, the National Service Scheme (NSS) team from Rajagiri Viswajothi College proudly adopted the Government High School in Paniyeli as part of their community service initiative. Several programs coordinated by Jithu Philip were conducted in the school with the aim of enhancing its overall improvement. The adoption ceremony was attended by the Panchayat President and other Panchayat members, who emphasized the importance of such collaborative efforts in fostering community development.

On October, 7th 2023 enthusiastic NSS volunteers, under the guidance of their coordinators, set out to the school to commence their work. Departing from the college at 9:00 AM, the team arrived at the school eager to make a positive impact. The primary focus of the day was to prepare the school grounds for upcoming agricultural projects. Volunteers engaged in various tasks, including debris removal, clearing overgrown vegetation, and leveling the soil. These activities were crucial in transforming the area into a productive space suitable for planting and other agricultural endeavors.

The NSS team conducted several cultural activities for the students at Paniyeli. The volunteers organized interactive sessions, including singing, dancing, and games, which were warmly received by the students. These activities not only entertained the students but also helped in fostering a strong bond between the volunteers and the school community.





Keynote Address by Panchayat President Shilpa



Ground Cleaning by NSS



Cultural Activities by Team NSS



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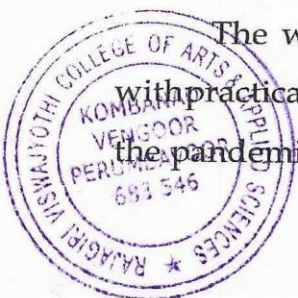
16. Mask and Sanitizer Making in collaboration with the Health Centre, Vengoor

Rajagiri Viswajyothi College of Arts and Applied Sciences organized a crucial workshop on mask and sanitizer production with NSS of the College and in Collaboration with Health Centre, Vengoor, and Rayamangalam Panchayat on November 11, 2021, Held at the RVCAS Ladies Hostel, this initiative was coordinated by Jithu Phillip and 12 NSS volunteers, aimed at addressing the urgent need for protective gear during the COVID-19 pandemic by equipping both students and local residents with essential skills.

The NSS team meticulously arranged the venue at the Ladies Hostel to facilitate the workshop, ensuring all necessary materials and resources were in place. The workshop provided hands-on training on making reusable cloth masks and preparing effective hand sanitizers. Expert instructors from the Health Centre, Vengoor, guided participants through practical sessions, demonstrating techniques for crafting masks from common materials and creating sanitizers from readily available ingredients.

Local residents from Vengoor Panchayat also participated in the workshop, contributing to its success and fostering community engagement. The session emphasized the importance of these protective measures in reducing the spread of the virus and provided insights into their broader impact on public health. Attendees gained valuable knowledge on the production and proper use of these items, enhancing their self-reliance and understanding of proactive health measures.

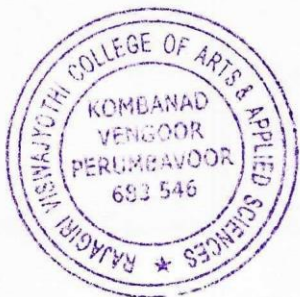
The workshop successfully met its objectives, equipping participants with practical skills and reinforcing the importance of protective gear during the pandemic. By strengthening community ties and supporting public health

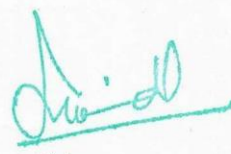


efforts, the event made a significant contribution to the collective fight against COVID-19.



Mask and Sanitizer Making in collaboration with the Health Centre, Vengoor, on
11/11/2021




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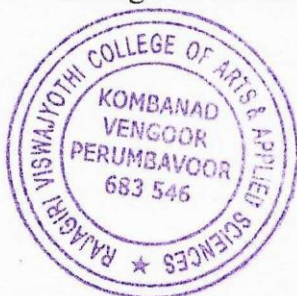
17. Blood Donation Camp in Association with the Indian Medical Association, Aluva

On March 25, 2020, the NSS unit of Rajagiri Viswajyothi College of Arts and Applied Sciences, in partnership with the Indian Medical Association, Aluva, held a successful blood donation camp. The event was organized to underscore the vital importance of voluntary blood donation and to engage both students and faculty in this critical cause. Through this initiative, the NSS aimed to make a significant contribution to the local blood supply and promote a spirit of altruism within the college community.

The event, which ran from 10:00 a.m. to 2:00 p.m., was a significant initiative that underscored the social responsibility and civic engagement of the students. Jithu Philp, the NSS coordinator, oversaw the camp, ensuring that the entire process was conducted smoothly and efficiently. The camp saw active participation from 50 NSS volunteers, all of whom donated blood to the local blood bank. This gesture of goodwill was not only a contribution to the health sector but also an embodiment of the NSS's core values of selfless service and community involvement. Before each donation.

Dr. Suraiya, a consultant from the IMA, conducted thorough consultations with the students to ensure they were fit for donation. This step was crucial in maintaining the safety and well-being of the donors, reflecting the camp's high standards of medical care and organization. The blood donation camp was a success, with all the volunteers contributing to a noble cause that could potentially save many lives.

The event highlighted the commitment of the NSS volunteers of Rajagiri Viswajyothi College to societal well-being and their readiness to take



action in times of need. Such initiatives not only foster a sense of community among students but also in still in them a lifelong commitment to public service.



NSS Volunteers Donating blood in Blood Donation Camp on 25/03/2022



Blood Donated by Principal Dr. Joy P Joseph

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18. Covid-19 First Line Treatment Centre in Association with Health Service Center ,Vengoor


From May 2020 to December 2021, Rajagiri Viswajyothi College of Arts and Applied Sciences played a crucial role in supporting the community during the COVID-19 pandemic by transforming its campus into a First-Line Treatment Centre (FLTC) for COVID-19 patients. This initiative was part of the college's commitment to social responsibility and its proactive response to the unprecedented health crisis.

During this period, the college's campus was equipped and repurposed to provide essential care for individuals affected by the virus. The FLTC was designed to serve as a frontline facility, offering initial treatment and support for COVID-19 patients who required monitoring and care. The college collaborated with healthcare professionals and local authorities to ensure that the centre was well-equipped and staffed to handle the demands of the pandemic.

The initiative involved setting up medical facilities, providing necessary equipment, and ensuring a safe environment for both patients and healthcare workers. The college also played a crucial role in mobilizing volunteers and resources to support the operational needs of the FLTC.

This effort not only demonstrated the college's dedication to community service but also helped alleviate the burden on local healthcare facilities during a critical time. By transforming its campus into a treatment centre, Rajagiri Viswajyothi College made a substantial impact on public health, contributing to the broader effort to manage and mitigate the effects of COVID-19. The success of the FLTC underscored the college's commitment to social responsibility and its capacity to respond effectively to a global health

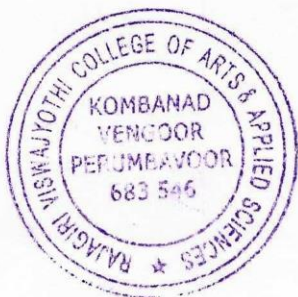



RVCAS

Rajagiri Viswajyothi
joins hands with the
state government in
the fight against
COVID - 19



Covid-19 First Line Treatment Centre from May 2020 to December 2021



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19. Distribution of Food Kit at Vengoor Gram Panchayat

On 30th May 2024, the National Service Scheme (NSS) of Rajagiri Viswajyothi College organized a food distribution drive in Ward No. 9 of Vengoor Gram Panchayat to support victims of Hepatitis B. Under the coordination of Karthika Balachandran, 6 NSS volunteers participated in this compassionate initiative. The team distributed 32 food kits, each going to a victim of Hepatitis B, providing essential nourishment and relief to those affected. The event, which took place from 12:00 pm. to 1:00 pm was executed efficiently, ensuring that all recipients were reached. This outreach effort highlighted the NSS's commitment to community service, particularly in addressing health-related challenges. The successful completion of the program underscored the importance of collective action in supporting vulnerable members of society during times of illness, and it was well-received by the local community.

The NSS team of Rajagiri Viswajyothi College of Arts and Applied Sciences, led by Coordinator Ms. Karthika Balachandran, organized a meaningful food kit distribution for Hepatitis B victims in the Veetimukal area of Vengoor Panchayat on May 30th, 2024. This initiative was part of the NSS's ongoing efforts to support vulnerable populations and address urgent health needs.

The event began with the preparation of food kits at the college, tailored to meet the specific nutritional needs of those affected by Hepatitis B. A team of 12 dedicated students then transported these kits to the Veetimukal area, where they conducted a door-to-door distribution. This approach ensured that each beneficiary received their kit directly at their home.



The Students from the National Service Scheme (NSS) at Rajagiri Viswajyothi College of Arts and Applied Sciences organized a compassionate foodkit distribution event at St. Thomas Orphanage on September 24, 2019,. This initiative was part of the college's commitment to community service and supporting underprivileged groups coordinated by Akhil Raju with the help of 15NSS volunteers . The event began with students assembling food kits at the college, which were then transported to the orphanage. At St. Thomas Orphanage,the kits were warmly received by the staff and children. Eight students participated in the program, distributing food kits to 12 orphans, enhancing their well-being and fostering community spirit.



Food Kit Distribution at St.Thomas Orphanage by the NSS team on

24/09/201

Akhil Raju

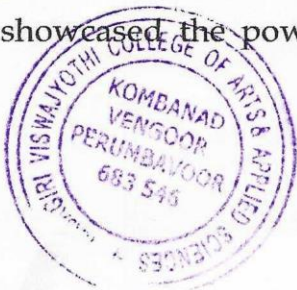


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20. Flood Relief Activities at Panamkuzhy

The National Service Scheme (NSS) of Rajagiri Viswajyothi College of Arts and Applied Sciences organized a significant flood relief program at Panamkuzhy on 9th July 2019. The event was a testament to the NSS's dedication to community service and disaster relief, addressing the immediate needs of the flood-affected residents in the region. Coordinated by Mr. Akhil Raju, the program saw active participation from 45 NSS students and 12 faculty members, who came together to support the residents during this challenging time. The program commenced at 10:30 a.m., with volunteers assembling at the designated location to begin the distribution of relief kits. These kits, carefully prepared to include essential items such as food, clothing, and hygiene products, were intended to provide temporary relief to those who had been severely impacted by the flooding. A total of 100 kits were distributed across various areas in Panamkuzhy, ensuring that the aid reached as many affected families as possible. The distribution process was conducted in a systematic and organized manner, with volunteers working in teams to cover different parts of the region. Their efforts were met with gratitude from the local residents, who were relieved to receive much-needed support during this difficult period. The faculty members provided guidance and assistance throughout the program, ensuring that the distribution was efficient and that all necessary protocols were followed. The program concluded by 1:00 p.m., with the volunteers reflecting on the importance of community service and the impact of their efforts.

The flood relief program not only provided immediate assistance to those in need but also reinforced the NSS's mission of fostering social responsibility among students. It was a successful demonstration of collective action and empathy in the face of a natural disaster. Through this initiative, Rajagiri Viswajyothi College showcased the power of collective action and the significant difference that



significant difference that organized and compassionate community support can make in times of disaster.



Off to flood affected areas



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**Visit of the flood Relief Area by
the College Management with
Team NSS**



**Distributing Household Items at Flood
Affected Area**



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21. Charity Programme - "Madhu" Mid- Day Meal Scheme

On July 16, 2019, the National Service Scheme (NSS) at Rajagiri Viswajyothi College launched an impactful outreach program " called "Madhu" to assist individuals facing food scarcity. (Mid-Day Meals to Vagrants in places like Kothamangalam. Kurupampady, Rayamangalam, Perumbavoor, Angamaly, etc). Scheduled from 12:30 pm to 01:30 pm, this initiative was designed to provide much-needed nutrition to vagrants and to foster greater community awareness regarding the challenges faced by the homeless. The food prepared in the college canteen is packed by the 14 NSS volunteers in the canteen itself, and they also handle the distribution.

This initiative takes place on the third Friday of every month, with the primary goal of addressing food insecurity and offering support to underprivileged communities. Coordinated by Akhil Raju, the program sought to address immediate food needs while also engaging the community in social welfare efforts. The "Madhu" meal distribution program involves volunteers preparing and distributing nutritious meals at various locations. Each month, the NSS team identifies different areas where the need is greatest, including shelters, orphanages, and community centres. Volunteers, under the guidance of NSS coordinators, are responsible for the preparation, packaging, and distribution of the meals. Their efforts ensure that the food is not only sufficient but also meets the dietary needs of recipients.

The program operates with a high level of organization and community involvement. On distribution days, volunteers work in shifts to ensure that the meals are delivered efficiently and in a timely manner. They also take the opportunity to interact with the beneficiaries, offering a sense of care and solidarity beyond just the meal itself. This interaction helps to build a stronger community connection and fosters a spirit of empathy and support.



The success of the "Madhu" initiative is a testament to the commitment of Rajagiri Viswajyothi College's NSS volunteers towards social responsibility. By consistently providing meals every month, the program not only alleviates immediate hunger but also contributes to the overall well-being of the communities served. The ongoing nature of this program highlights the college's dedication to making a tangible difference in the lives of those less fortunate.



Meals Preparation by Team NSS



Meals Distribution by NSS



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